



# November 2024

## Howland



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Main Street—MS Greenhouse-GH Activity Room—AR Chapel-CH Country Kitchen- CK Community Centre—CC Fitness Centre—FC Open Area— OA Touring— TO Town Hall - TH Virtual - V Library - Lib		<b>Programs may be subject to change if required</b>				<b>1</b> 10:00 For the Fun of Fit - OA 11:00 Express Yourself - CK 2:00 Brains & Banter - OA 3:00 Soothing Sensation - CK 4:00 You & Me <b>6:30 Movie Night-CC</b>	<b>2</b> 9:30 Green thumb—CC 10:00 Musical Moments 11:00 Stepping Out - TO 2:00 Bingo—MS 3:30 Express Yourself - CK <b>6:30 A Little Bit of This and That— CC</b>
<b>3</b> 10:00 For the Soul - CK 11:00 Circle of Friends - OA <b>2:00 Entertainment-MS</b> 3:30 You & Me <b>6:30 Hosanna Singers-MS</b>	<b>4</b> 9:30 Music Therapy—OA 10:00 For the Fun of Fit - OA 11:00 Brains & Banter - OA 1:30 Chime Choir—Lib 2:00 Circle of Friends - OA 3:30 Soothing Sensation - CK <b>6:30 Active Games-MS</b>	<b>5</b> 10:30 Green thumb—CK 1:00 Neighborhood Time <b>2:00 Philipino Dance Troup—MS</b> 3:30 Circle of Friends - OA <b>6:30 Bingo— MS</b>	<b>6</b> 10:00 Feel & Fold—OA 11:15 You & Me 2:00 Express Yourself - CK <b>3:00 Java Music Club-CC</b> 3:30 Stepping Outside - TO <b>6:30 Brain Boosters-CC</b>	<b>7</b> 10:00 Pastoral Visit-TO <b>10:30 Hymn Sing-OA</b> 11:00 You & Me 1:00 Private Communion - TO 2:00 Catholic Communion/Rosary-TH 2:00 In the Kitchen - CK 3:00 Circle of Friends - CK <b>6:30 Music Appreciation-CC</b>	<b>8</b> 10:00 For the Fun of Fit - OA 11:00 Brains & Banter - OA <b>2:00 Entertainment with Heather and Matt— MS</b> 3:30 Soothing Sensation - OA <b>6:30 Movie Night-CC</b>	<b>9</b> 9:30 Green thumb—CC 10:00 Express Yourself - OA 11:00 For the Fun of Fit - OA 2:00 Golden Oldies—MS 3:30 Friendly Visits 6:30 Bingo—MS	
<b>10</b> 10:00 For the Soul - CK 11:00 Soothing Sensation-OA 2:00 Musical Moments - OA <b>3:30 Church Service –L</b> 3:30 Brains & Banter— OA <b>6:30 It's Never Too Late-CC</b>	<b>11</b> 9:45 Music Therapy—OA 10:30 For the Fun of Fit - OA <b>10:45 Remembrance Day-Ret.</b> 11:00 You & Me 1:30 Chime Choir—Lib 2:00 Musical Moments - OA 3:00 Express Yourself - CK <b>6:30 Active Games-MS</b>	<b>12</b> 10:30 Art & Craft—CK 1:00 Musical Moments - OA 2:00 Brains & Banter - OA 3:00 Circle of Friends - OA <b>6:30 Bingo— MS</b>	<b>13</b> 10:00 Feel & Fold—OA 11:00 You & Me <b>2:00 Resident Council Meeting</b> 2:30 Soothing Sensation - CK 3:30 Express Yourself - CK <b>6:30 Java Music Club-CC</b>	<b>14</b> 10:00 Pastoral Visit-TO 10:30 Bible Stories-OA 11:00 You & Me - CK 1:00 Private Communion - TO 2:00 Catholic Communion/Rosary-TH 2:00 In The Kitchen - CK 3:00 Circle of Friends - CK <b>6:30 Music Appreciation-CC</b>	<b>15</b> 10:00 For the Fun of Fit - OA 11:00 Musical Moments - OA 2:00 Brains & Banter - CK 3:00 Friendly Visits <b>6:30 Movie Night-CC</b>	<b>16</b> 9:30 Green thumb—CC 10:00 Soothing Sensation - OA 11:00 Express Yourself - CK 2:00 Bingo—MS 3:30 Stepping Out - TO <b>6:30 A Little Bit of This and That— CC</b>	
<b>17</b> 10:00 For the Soul - CK 11:00 Stepping Out - TO <b>2:00 Sunday Social —MS</b> 3:30 Circle of Friends - OA <b>4:00 Church Service –L</b> <b>6:30 It's Never Too Late-CC</b>	<b>18</b> 9:45 Music Therapy—OA 10:30 For the Fun of Fit - OA 1:30 Chime Choir—Lib 2:00 Brains & Banter - OA 3:00 Stepping Out - TO <b>6:30 Active Games-MS</b>	<b>19</b> 10:30 Green thumb—CK 1:00 Friendly Visits - OA <b>2:00 Dance the Day away—MS</b> 3:30 You & Me <b>6:30 Bingo— MS</b>	<b>20</b> 10:00 Feel & Fold—OA 11:00 You & Me 2:00 Musical Moments - OA 3:00 Brains & Banter - OA <b>6:30 Java Music Club-CC</b>	<b>21</b> 10:00 10:00 Walter's Tale of Wisdom –OA 1:00 Private Communion - TO 2:00 Catholic Mass-TH 2:00 In the Kitchen - CK 3:00 Circle of Friends - CK <b>6:30 Music Appreciation-CC</b>	<b>22</b> 10:00 For the Fun of Fit - OA 11:00 Musical Moments - OA 2:00 Express Yourself - OA 3:00 Circle of Friends - OA <b>6:30 Movie Night-CC</b>	<b>23</b> <b>11--2:30 Christmas Bazaar—MS</b> <b>6:30 A Little Bit of This and That— CC</b>	
<b>24</b> 10:00 For the Soul - CK 11:00 Friendly Visits - TO <b>2:00 Live Worship Music-MS</b> <b>2:30 Sunday Inspiration-MS</b> 3:30 Circle of Friends - OA <b>6:30 It's Never Too Late-CC</b>	<b>25</b> 9:45 Music Therapy—OA 10:30 For the Fun of Fit - OA 1:30 Chime Choir—Lib 2:00 Express Yourself - OA 3:00 Stepping Out - TO <b>6:30 Active Games-MS</b>	<b>26</b> 10:30 Art & Craft—CK 1:00 Friendly Visits - TO <b>2:00 Birthday Bash—MS</b> 3:30 Circle of Friends - CK <b>6:30 Bingo— MS</b>	<b>27</b> <b>10:00 Feel &amp; Fold—OA</b> 11:00 Musical Moments - OA 2:00 Soothing Sensation - CK 3:00 Brains & Banter - CK 4:00 You & Me - OA <b>6:30 Java Music Club-CC</b>	<b>28</b> 10:00 You & Me 1:30 Drumming (Music Therapy) 2:00 In The Kitchen - CK 3:00 Circle of Friends - CK <b>3:00 Memorial service—V</b> 6:30 Music Appreciation-CC	<b>29</b> 10:00 For the Fun of Fit - OA 11:00 Brains & Banter - OA 2:00 Musical Moments - OA 3:00 Express Yourself - OA <b>6:30 Movie Night-CC</b>	<b>30</b> 9:30 Green thumb—CC 10:00 Soothing Sensation - CK 11:00 Musical Moments - OA 2:00 Bingo—MS 3:30 Stepping Out - TO <b>6:30 A Little Bit of This and That— CC</b>	