

MONDAY						
TUESDAY						
WEDNESDAY						
THURSDAY						
FRIDAY						
SATURDAY						
SUNDAY						
BREAKFAST						
Cranberry Juice	Apple Juice	Orange Juice	Prune Juice	Cranberry Juice	Apple Juice	Orange Juice
Oatmeal	High Fibre Cream of Wheat	Cinnamon Oatmeal	High Fibre Cream of Wheat	Oatmeal	High Fibre Cream of Wheat	Cinnamon Oatmeal
Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat
Hard Boiled Egg	Fried Egg	Crispy Bacon	Scrambled Eggs	Poached Egg	Scrambled Eggs	Hard Boiled Egg
Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Raisin Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast
Cranberry Juice	Apple Juice	Orange Juice	Prune Juice	Cranberry Juice	Apple Juice	Orange Juice
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
Oatmeal	High Fibre Cream of Wheat	Cinnamon Oatmeal	High Fibre Cream of Wheat	Poached Egg	Scrambled Eggs	Hard Boiled Egg
Cream of Wheat	Oatmeal	Crispy Bacon	Scrambled Eggs	White Toast	White Toast	White Toast
Hard Boiled Egg	Fried Egg	White Toast	Whole Wheat Toast			
White Toast	White Toast		White Toast			
LUNCH						
Minestrone Soup	Cream of Mushroom Soup	Clam Chowder	Split Pea Soup	Beef Vegetable Soup	Potato Bacon Soup	Chicken Rice Soup
Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers
Ham & Havarti on Onion Bun	Cheese & Spinach Manicotti	Beef Taco Salad	Cottage Cheese & Summer Fruit Salad Plate	Hamburger on Wheat Bun	Asian Steak Tip Salad	Belgian Waffle & Berries
Cucumber Dill Salad	Garlic Bread	Wheat Roll	Blueberry Oatmeal Muffin	Chickpea with Feta & Tomato Salad	Wheat Roll	Turkey Breakfast Sausage
Sugar	Sugar	Sugar	Sugar	Tomato Slices	Sugar	Sugar
Margarine	Margarine	Margarine	Margarine	Lettuce Leaf	Margarine	Margarine
Coffee Creamer	Coffee Creamer	Coffee Creamer	Coffee Creamer	Sugar	Coffee Creamer	Coffee Creamer
Fresh Watermelon	Fruit Cocktail	Orange Sections	Fruit Gelatin	Coffee Creamer	Chilled Apricots	Cinnamon Applesauce
Minestrone Soup	Cream of Mushroom Soup	Clam Chowder	Split Pea Soup	Margarine	Potato Bacon Soup	Chicken Rice Soup
Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Stewed Rhubarb	Unsalted Crackers	Unsalted Crackers
Cheeseburger Pie	Chicken Caesar Salad	Salmon Salad on Rye	Boneless Chicken Wings	Beef Vegetable Soup	Cheesy Tuna Melt	Belgian Waffle & Berries
Cucumber Dill Salad	Caesar Salad	Beet & Onion Salad	Mediterranean Salad	Unsalted Crackers	Southwest Macaroni Salad	Turkey Breakfast Sausage
Sugar	Garlic Bread	Sugar	Sugar	Garden Vegetable Omelette	Sugar	Sugar
Margarine	Sugar	Margarine	Margarine	Chickpea with Feta & Tomato Salad	Margarine	Margarine
Coffee Creamer	Margarine	Coffee Creamer	Coffee Creamer	Wheat Roll	Coffee Creamer	Coffee Creamer
Fresh Watermelon	Coffee Creamer	Orange Sections	Fruit Gelatin	Sugar	Chilled Apricots	Cinnamon Applesauce
	Fruit Cocktail			Coffee Creamer		
				Margarine		
				Stewed Rhubarb		
DINNER						
Dijon Maple Glazed Salmon	Chicken Balls	Baked Chicken with Chalet Sauce	Swiss Steak	G-F Breaded Lemon Sole Fillet	Tandoori Chicken	Honey Garlic Ribs
Mashed Sweet Potatoes	Sweet and Sour Sauce	Potato Wedges	Mashed Potatoes	Garlic Mashed Potatoes	Basmati Rice	Roasted Red Skin Potatoes
Grilled Peppers & Onions	Fried Rice	Parsley Carrots	Fresh Diced Beets	San Francisco Vegetables	Whole Mixed Beans	Buttered Corn
Wheat Roll	Fresh Broccoli Florets	Wheat Roll	Wheat Roll	Wheat Roll	Wheat Roll	Wheat Roll
Sugar	Wheat Roll	Sugar	Sugar	Sugar	Sugar	Sugar
Margarine	Sugar	Margarine	Margarine	Margarine	Margarine	Margarine
Coffee Creamer	Margarine	Coffee Creamer	Coffee Creamer	Coffee Creamer	Coffee Creamer	Coffee Creamer
German Chocolate Cake	Coffee Creamer	Vanilla Ice Cream	Date Square Bar	Berry Cobbler	Homemade Carrot Cake	Lemon Meringue Pie
Roast Creole Chicken Thigh	Vanilla Pudding	Fresh Strawberries	Primavera Pasta	Herbed Pork Chops in Gravy	Roast Lamb	Honey Garlic Ribs
Mashed Sweet Potatoes	Peaches & Cream	Sausage Jambalaya	Fresh Diced Beets	Garlic Mashed Potatoes	Basmati Rice	Roasted Red Skin Potatoes
Grilled Peppers & Onions	Vegetable Masala	Rice	Wheat Roll	San Francisco Vegetables	Whole Mixed Beans	Buttered Corn
Wheat Roll	Fresh Broccoli Florets	Parsley Carrots	Sugar	Wheat Roll	Wheat Roll	Wheat Roll
Sugar	Wheat Roll	Wheat Roll	Margarine	Sugar	Sugar	Sugar
Margarine	Sugar	Sugar	Coffee Creamer	Margarine	Margarine	Margarine
Coffee Creamer	Margarine	Margarine	Date Square Bar	Coffee Creamer	Coffee Creamer	Coffee Creamer
German Chocolate Cake	Coffee Creamer	Coffee Creamer		Berry Cobbler	Homemade Carrot Cake	Lemon Meringue Pie
	Vanilla Pudding	Vanilla Ice Cream				
	Peaches & Cream	Fresh Strawberries				

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Prune Juice	Cranberry Juice	Apple Juice	Orange Juice	Prune Juice	Cranberry Juice	Apple Juice
High Fibre Cream of Wheat	Oatmeal	High Fibre Cream of Wheat	Cinnamon Oatmeal	High Fibre Cream of Wheat	Oatmeal	Fresh Fruit Salad
Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	High Fibre Cream of Wheat
Assorted Greek Yogurt Cup	Hard Boiled Egg	Pork Sausage Pattie	Scrambled Eggs	Poached Egg	Hard Boiled Egg	Oatmeal
Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat English Muffin	Whole Wheat Toast	Cheddar Cheese Slice
Prune Juice	Cranberry Juice	Apple Juice	Orange Juice	Prune Juice	Cranberry Juice	Raisin Toast
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Apple Juice
Assorted Greek Yogurt Cup	Hard Boiled Egg	Pork Sausage Pattie	Scrambled Eggs	Poached Egg	Hard Boiled Egg	Fresh Fruit Salad
White Toast	White Toast	White Toast	White Toast	Whole Wheat Toast	White Toast	Assorted Cold Cereal
				White Toast		Cheddar Cheese Slice
						White Toast
						Whole Wheat Toast

LUNCH						
Spring Vegetable Soup	Golden Lentil Soup	Carrot Ginger Soup	Italian Wedding Soup	Potato Leek Soup	Cream of Celery Soup	Chicken Creole Soup
Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers
Asparagus & Red Pepper Quiche	Cheesy Beef Macaroni Casserole	Hamburger on Wheat Bun	Krunchie Basa	Chef Salad Plate	Lemon Ricotta Penne	Eggs Benedict w/Peameal & Hollandaise Sc
Citrus Spinach Salad	Sunrise Vegetables	Ketchup/Mustard/Relish	Potato Wedges	Wheat Roll	Tomato Wedges	Hollandaise Sauce
Sugar	Sugar	Tomato, Onion & Lettuce	Fresh Broccoli Slaw	Sugar	Sugar	Baked Apple
Margarine	Margarine	Corn Cobbette	Sugar	Margarine	Margarine	Margarine
Coffee Creamer	Coffee Creamer	Sugar	Margarine	Coffee Creamer	Coffee Creamer	Sugar
Chilled Peaches	Fresh Fruit Salad	Margarine	Coffee Creamer	Baked Spiced Pears	Fresh Pineapple	Coffee Creamer
Spring Vegetable Soup	Golden Lentil Soup	Coffee Creamer	Mandarin Oranges	Potato Leek Soup	Cream of Celery Soup	Fresh Melon
Unsalted Crackers	Unsalted Crackers	Mixed Berries	Italian Wedding Soup	Unsalted Crackers	Unsalted Crackers	Chicken Creole Soup
Crab Salad on Brioche Bun	Cream Cheese & Cucumber Sandwich	Carrot Ginger Soup	Unsalted Crackers	Eggplant Parmesan Sandwich	Pesto Tuna Salad on Rye	Unsalted Crackers
Citrus Spinach Salad	Coleslaw Vinaigrette	Unsalted Crackers	Egg Salad Sandwich	Caesar Salad	Tomato Wedges	Eggs Benedict w/Peameal & Hollandaise Sc
Sugar	Sugar	Blackened Chicken Citrus Salad	Fresh Broccoli Slaw	Sugar	Sugar	Hollandaise Sauce
Margarine	Margarine	Wheat Roll	Sugar	Margarine	Margarine	Baked Apple
Coffee Creamer	Coffee Creamer	Sugar	Margarine	Coffee Creamer	Coffee Creamer	Margarine
Chilled Peaches	Fresh Fruit Salad	Margarine	Coffee Creamer	Baked Spiced Pears	Fresh Pineapple	Sugar
		Coffee Creamer	Mandarin Oranges			Coffee Creamer
		Mixed Berries				Fresh Melon

DINNER						
Honey Garlic Chicken	Pork Roast	Baked Trout	Parmesan Chicken Breast	Salisbury Steak & Gravy	Butter Chicken	Homemade Roast Beef
Parslied New Potatoes	Sweet Potatoes	Wild & Brown Rice	Buttered Penne	Rosemary Potatoes	Basmati Rice	Brown Gravy
Glazed Carrots	Sugar Snap Peas	Fresh Broccoli Florets	Tossed Salad	Fresh Cauliflower & Peppers	Peas & Carrots	Cheesy Mashed Potatoes
Wheat Roll	Wheat Roll	Wheat Roll	Wheat Roll	Wheat Roll	Wheat Roll	Yorkshire Pudding
Sugar	Sugar	Sugar	Sugar	Sugar	Sugar	Glazed Butternut Squash
Margarine	Margarine	Margarine	Margarine	Margarine	Margarine	Wheat Roll
Coffee Creamer	Coffee Creamer	Coffee Creamer	Coffee Creamer	Coffee Creamer	Coffee Creamer	Sugar
Strawberry Rhubarb Crisp	Luscious Lemon Square	Chocolate Mousse	Coconut Poke Cake	Angel Cake with Berries	Ice Cream with Cherry Sauce	Margarine
Corned Beef	Zesty Honey Dijon Baked Fish	Tomato Braised Lamb Chop	Vegan Lasagna	Shrimp Skewer	Sweet Harvest Casserole	Coffee Creamer
Parslied New Potatoes	Sweet Potatoes	Wild & Brown Rice	Tossed Salad	Rosemary Potatoes	Peas & Carrots	Pecan Pie
Glazed Carrots	Sugar Snap Peas	Fresh Broccoli Florets	Wheat Roll	Fresh Cauliflower & Peppers	Wheat Roll	Homemade Roast Beef
Wheat Roll	Wheat Roll	Wheat Roll	Sugar	Wheat Roll	Sugar	Brown Gravy
Sugar	Sugar	Sugar	Margarine	Sugar	Margarine	Cheesy Mashed Potatoes
Margarine	Margarine	Margarine	Coffee Creamer	Margarine	Coffee Creamer	Yorkshire Pudding
Coffee Creamer	Coffee Creamer	Coffee Creamer	Coconut Poke Cake	Coffee Creamer	Ice Cream with Cherry Sauce	Glazed Butternut Squash
Strawberry Rhubarb Crisp	Luscious Lemon Square	Chocolate Mousse		Angel Cake with Berries		Wheat Roll
						Sugar
						Margarine
						Coffee Creamer
						Pecan Pie

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Orange Juice	Prune Juice	Cranberry Juice	Apple Juice	Orange Juice	Prune Juice	Cranberry Juice
Cinnamon Oatmeal	High Fibre Cream of Wheat	Oatmeal	High Fibre Cream of Wheat	Cinnamon Oatmeal	High Fibre Cream of Wheat	Fresh Fruit Salad
Pork Sausage Pattie	Hard Boiled Egg	Marble Cheddar Cheese	Sliced Ham	Poached Egg	Hard Boiled Egg	Oatmeal
Whole Wheat Toast	Whole Wheat Toast	English Muffin	Croissant	Whole Wheat Toast	Whole Wheat Toast	Scrambled Eggs
Orange Juice	Prune Juice	Cranberry Juice	Apple Juice	Orange Juice	Prune Juice	Whole Wheat Toast
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Cranberry Juice
Pork Sausage Pattie	Hard Boiled Egg	Marble Cheddar Cheese	Sliced Ham	Poached Egg	Hard Boiled Egg	Fresh Fruit Salad
White Toast	White Toast	White Toast	Whole Wheat Toast	White Toast	White Toast	Assorted Cold Cereal
			White Toast			Scrambled Eggs
						White Toast
LUNCH						
Spiced Chicken Chickpea Soup	Beef Vegetable Soup	Roasted Red Pepper Soup	Potato Leek Soup	Cream of Asparagus Soup	Lentil Soup	Wild Rice Chicken Soup
Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers
Corned Beef on Rye	Margarita Pizza	Mini Turkey Club on a Bun	Philly Steak & Cheese Melt	Hot Dog on Bun	Grilled Cheese Sandwich	Pancake with Maple Syrup
Carrot Raisin Salad	Iceberg & Carrot Salad	Spring Salad Mix	Cranberry Almond Salad	Ketchup/Mustard/Relish	Coleslaw Vinaigrette	Crispy Bacon
Margarine	Margarine	Margarine	Margarine	Wheat Roll	Sugar	Blueberries
Sugar	Sugar	Sugar	Sugar	Margarine	Margarine	Sugar
Coffee Creamer	Coffee Creamer	Coffee Creamer	Coffee Creamer	Sugar	Coffee Creamer	Margarine
Orange Sections	Tropical Fruit	Mandarin Pineapple Cup	Fresh Watermelon	Coffee Creamer	Fresh Grapes	Coffee Creamer
Spiced Chicken Chickpea Soup	Beef Vegetable Soup	Roasted Red Pepper Soup	Potato Leek Soup	Chilled Cherries	Lentil Soup	Mandarin Dream Gelatin
Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Cream of Asparagus Soup	Unsalted Crackers	Wild Rice Chicken Soup
Sliced Egg Salad Plate	Chicken Pot Pie	Pepper Frittata	Three Cheese Penne	Unsalted Crackers	Nicoise Tuna Plate	Unsalted Crackers
Carrot Raisin Salad	Iceberg & Carrot Salad	Spring Salad Mix	Cranberry Almond Salad	Chicken Spinach Tomato Salad	Coleslaw Vinaigrette	Pancake with Maple Syrup
Margarine	Margarine	Margarine	Margarine	Corn Cobbette	Sugar	Crispy Bacon
Sugar	Sugar	Sugar	Sugar	Wheat Roll	Margarine	Blueberries
Coffee Creamer	Coffee Creamer	Coffee Creamer	Coffee Creamer	Margarine	Coffee Creamer	Sugar
Orange Sections	Tropical Fruit	Mandarin Pineapple Cup	Fresh Watermelon	Sugar	Fresh Grapes	Margarine
				Coffee Creamer		Coffee Creamer
				Chilled Cherries		Mandarin Dream Gelatin
DINNER						
Crispy Baked Chicken	Pork Chop & Apple Chutney	Spaghetti & Meatballs	Grilled Chicken Souvlaki	Hungarian Goulash	Homemade Beef Lasgana	Roast Turkey
Glazed Carrots	Mashed Potatoes	Baked Zucchini & Tomato	Tzatziki Sauce	Mashed Potatoes	Mashed Potatoes	Poultry Gravy
Wheat Roll	Sweet & Sour Cabbage	Wheat Roll	Glazed Sweet Potatoes	Sauteed Bok Choy	Fresh Broccoli Florets	Scalloped Potatoes
Margarine	Wheat Roll	Margarine	Fresh Green Beans	Wheat Roll	Wheat Roll	Savory Bread Stuffing
Sugar	Margarine	Sugar	Wheat Roll	Margarine	Margarine	Fresh Brussels Sprouts
Coffee Creamer	Sugar	Coffee Creamer	Sugar	Sugar	Sugar	Wheat Roll
Brownie Pudding Cake	Coffee Creamer	Tripleberry Square	Margarine	Coffee Creamer	Coffee Creamer	Margarine
Moroccan Lamb Tagine	Homemade Peach Cobbler	Teriyaki Salmon	Coffee Creamer	Summer Berry Flan	Ice Cream Sundae	Sugar
Couscous Pilaf	Braised Beef Liver & Onions	Fluffy Rice	Creamy Rice Pudding	Baked Sole & Tomato Ginger Sauce	Chicken in Creamy Leek Sauce	Coffee Creamer
Glazed Carrots	Mashed Potatoes	Wheat Roll	Oriental Beef & Vegetables	Mashed Potatoes	Fresh Broccoli Florets	Pumpkin Pie
Wheat Roll	Sweet & Sour Cabbage	Margarine	Glazed Sweet Potatoes	Sauteed Bok Choy	Wheat Roll	Roast Turkey
Margarine	Wheat Roll	Sugar	Fresh Green Beans	Wheat Roll	Margarine	Poultry Gravy
Sugar	Margarine	Coffee Creamer	Wheat Roll	Margarine	Sugar	Scalloped Potatoes
Coffee Creamer	Sugar	Tripleberry Square	Sugar	Sugar	Coffee Creamer	Fresh Brussels Sprouts
Brownie Pudding Cake	Coffee Creamer		Margarine	Coffee Creamer	Ice Cream Sundae	Wheat Roll
	Homemade Peach Cobbler		Coffee Creamer	Summer Berry Flan		Margarine
			Creamy Rice Pudding			Sugar
						Coffee Creamer
						Pumpkin Pie

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Apple Juice	Orange Juice	Prune Juice	Cranberry Juice	Apple Juice	Orange Juice	Prune Juice
High Fibre Cream of Wheat	Cinnamon Oatmeal	High Fibre Cream of Wheat	Oatmeal	High Fibre Cream of Wheat	Cinnamon Oatmeal	Fresh Fruit Salad
Sausage Links	Hard Boiled Egg	Crispy Bacon	Scrambled Eggs	Poached Egg	Hard Boiled Egg	High Fibre Cream of Wheat
Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Raisin Toast	Whole Wheat English Muffin	Whole Wheat Toast	Scrambled Eggs
Apple Juice	Orange Juice	Prune Juice	Cranberry Juice	Apple Juice	Orange Juice	Whole Wheat Toast
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Prune Juice
Sausage Links	Hard Boiled Egg	Crispy Bacon	Scrambled Eggs	Poached Egg	Hard Boiled Egg	Fresh Fruit Salad
White Toast	White Toast	White Toast	Whole Wheat Toast	Whole Wheat Toast	White Toast	Assorted Cold Cereal
			White Toast	White Toast		Scrambled Eggs
						White Toast
LUNCH						
English Pea Soup	Barley Beef Soup	Chicken Noodle Soup	Tomato Soup	Vegetable Soup	Potato Bacon Soup	Squash Apple Soup
Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers
Baked Macaroni & Cheese	Deviled Ham Salad Sandwich	Beef & Corn Casserole	Grilled Chicken Ranch Cobb Salad	Pulled Pork on Wheat Bun	Potato Perogie & LTF Sour Cream	Sausage Links
Garden Salad	Tossed Salad	Tossed Green Salad	Wheat Roll	Red Beet Citrus Salad	Marinated Tomato Salad	French Toast
Margarine	Margarine	Margarine	Margarine	Margarine	Margarine	Syrup
Sugar	Sugar	Sugar	Sugar	Sugar	Sugar	Strawberries
Coffee Creamer	Coffee Creamer	Coffee Creamer	Coffee Creamer	Coffee Creamer	Coffee Creamer	Margarine
Chilled Peaches	Mango & Pineapple Salad	Chilled Poached Pears	Diced Cantaloupe & Honeydew	Stewed Rhubarb & Berries	Fresh Grapes	Sugar
English Pea Soup	Barley Beef Soup	Chicken Noodle Soup	Tomato Soup	Vegetable Soup	Potato Bacon Soup	Coffee Creamer
Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers	Fresh Fruit Salad
Ham & Swiss on Croissant	Zest Shrimp Pasta Salad	Balsamic Chicken Salad	Hamburger w/Mushrooms	Chicken Citrus Salad	Roast Beef Sandwich	Squash Apple Soup
Garden Salad	Tossed Salad	Wheat Roll	Tossed Salad	Wheat Roll	Margarine	Unsalted Crackers
Margarine	Margarine	Margarine	Wheat Roll	Margarine	Sugar	Sausage Links
Sugar	Sugar	Sugar	Margarine	Sugar	Coffee Creamer	French Toast
Coffee Creamer	Coffee Creamer	Coffee Creamer	Sugar	Coffee Creamer	Fresh Grapes	Strawberries
Chilled Peaches	Mango & Pineapple Salad	Chilled Poached Pears	Coffee Creamer	Stewed Rhubarb & Berries		Margarine
			Diced Cantaloupe & Honeydew			Sugar
						Coffee Creamer
						Fresh Fruit Salad
DINNER						
Stuffed Cabbage Roll	Olive & Tomato Braised Chicken	Homemade MeatLoaf	Marmalade Pork Loin	Beef Shepherds Pie	Turkey a la King	Homemade Roast Beef
Steamed Potato	Multigrain Rice Pilaf	Beef Gravy	Roasted Red Skin Potatoes	Baked Parmesan Tomato	Puff Pastry Wedge	Brown Gravy
California Vegetables	Steamed Snow Peas	Garlic Mashed Potatoes	Glazed Butternut Squash	Wheat Roll	Caesar Salad	Chives & Sour Cream Mashed Potatoes
Wheat Roll	Wheat Roll	Fresh Golden Cauliflower	Wheat Roll	Margarine	Wheat Roll	Yorkshire Pudding
Margarine	Margarine	Wheat Roll	Margarine	Sugar	Margarine	Fresh Green Beans
Sugar	Sugar	Margarine	Sugar	Coffee Creamer	Sugar	Wheat Roll
Coffee Creamer	Coffee Creamer	Sugar	Coffee Creamer	Uniced Chocolate Brownie	Coffee Creamer	Margarine
Mini Pancakes w/Berries &Choc Sc	Berry Trifle	Coffee Creamer	Cherry Crisp	Multigrain Tilapia	Vanilla Ice Cream & Fruit Sauce	Sugar
Curried Lamb	Cheese Tortellini in Pesto Sauce	Chocolate Pudding	Portuguese Grilled Chicken	Sweet Potato Wedges	Ham Fettuccini Carbonara	Coffee Creamer
Steamed Potato	Multigrain Rice Pilaf	Baked Ocean Perch	Roasted Red Skin Potatoes	Baked Parmesan Tomato	Caesar Salad	Blueberry Pie Slice
California Vegetables	Steamed Snow Peas	Garlic Mashed Potatoes	Glazed Butternut Squash	Wheat Roll	Wheat Roll	Homemade Roast Beef
Wheat Roll	Wheat Roll	Fresh Golden Cauliflower	Wheat Roll	Margarine	Margarine	Brown Gravy
Margarine	Margarine	Wheat Roll	Margarine	Sugar	Sugar	Chives & Sour Cream Mashed Potatoes
Sugar	Sugar	Margarine	Sugar	Coffee Creamer	Coffee Creamer	Yorkshire Pudding
Coffee Creamer	Coffee Creamer	Sugar	Coffee Creamer	Uniced Chocolate Brownie	Vanilla Ice Cream & Fruit Sauce	Fresh Green Beans
Mini Pancakes w/Berries &Choc Sc	Berry Trifle	Coffee Creamer	Cherry Crisp			Wheat Roll
		Chocolate Pudding				Margarine
						Sugar
						Coffee Creamer
						Blueberry Pie Slice