



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Juice Prune f/Frz Conc	Juice Cranberry f/Frz Conc	Juice Apple f/Frz Conc	Juice Orange f/Frz Conc	Juice Prune f/Frz Conc	Juice Cranberry f/Frz Conc	Juice Apple f/Frz Conc
Cereal Cream of Wheat High Fibre SV	Cereal Oatmeal Cinnamon w/SMP SV	Cereal Cream of Wheat High Fibre SV	Cereal Oatmeal Cinnamon w/SMP SV	Cereal Cream of Wheat High Fibre SV	Cereal Oatmeal Cinnamon w/SMP SV	Fruit Salad f/RTS SV
Yogurt Greek Assorted SV	Egg Boiled Hard f/Shell SV	Pork Sausage Pattie 1z SV	Egg Scrambled f/mix SV	Egg Poached SV	Peanut Butter Smooth f/Bulk SV	Cereal Cream of Wheat High Fibre SV
Toast WW 2 Slice	Toast WW 2 Slice	Toast WW 2 Slice	Toast WW 2 Slice	Bread English Muffin WW	Toast WW 2 Slice	Bacon Strip 2 Slices SV
Juice Prune f/Frz Conc	Juice Cranberry f/Frz Conc	Juice Apple f/Frz Conc	Juice Orange f/Frz Conc	Juice Prune f/Frz Conc	Juice Cranberry f/Frz Conc	Toast Raisin
Cereal Dry Assorted Bulk SV	Cereal Dry Assorted Bulk SV	Cereal Dry Assorted Bulk SV	Cereal Dry Assorted Bulk SV	Cereal Dry Assorted Bulk SV	Cereal Dry Assorted Bulk SV	Juice Apple f/Frz Conc
Yogurt Greek Assorted SV	Egg Boiled Hard f/Shell SV	Pork Sausage Pattie 1z SV	Egg Scrambled f/mix SV	Egg Poached SV	Peanut Butter Smooth f/Bulk SV	Fruit Salad f/RTS SV
Toast White 2 Slice	Toast White 2 Slice	Toast White 2 Slice	Toast White 2 Slice	Toast WW 2 Slice	Toast White 2 Slice	Cereal Dry Assorted Bulk SV
				Toast White 2 Slice		Bacon Strip 2 Slices SV
						Toast White 2 Slice
						Toast WW 2 Slice

LUNCH						
Soup Vegetable f/Veg Base Hmd SV	Soup Lentil Golden Hmd SV	Soup Carrot Ginger Hmd SV	Soup Italian Wedding Hmd SV	Soup Potato Leek Hmd w/SMP SV	Soup Tomato f/cnd w/SMP SV	Soup Chicken Creole Hmd SV
Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC
Quiche Asparagus & Red Pepper SV	xPlate Deli Salad Turkey/Beef SV	Beef Burger on Bun SV	Sandwich Egg Salad WW SV	xPlate Chef Salad Ham SV	Sandwich Tuna Salad Rye SV	Shrimp Pasta Salad Zesty SV
Salad Spinach Oranges SV	Fruit Salad f/RTS SV	Condiments Ketchup Mustard Relish f/bulk SV	Salad Broccoli Slaw f/RTS SV	Roll Wheat SV	Tomato Wedges f/Fresh SV	Salad Cucumber Dill SV
Peaches Slices f/Cnd JcPk SV	Soup Lentil Golden Hmd SV	Garnish Tomato Slice/Onion & Lettuce SV	Oranges Mandarin JcPk Cnd SV	Pears Slices Baked f/Cnd SV	Pineapple f/Fresh RTS SV	Melon Cantaloupe & Watermelon f/Fresh SV
Soup Vegetable f/Veg Base Hmd SV	Crackers Soda/Salting NAS PC	Salad Marinated Vegetable f/frz SV	Soup Italian Wedding Hmd SV	Soup Potato Leek Hmd w/SMP SV	Soup Tomato f/cnd w/SMP SV	Soup Chicken Creole Hmd SV
Crackers Soda/Salting NAS PC	Sandwich Cream Cheese & Cucumber WW SV	Berries Mixed f/frz SV	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC
Sandwich Crab Salad Brioche SV	Salad Coleslaw Vinaigrette 1 SV	Soup Carrot Ginger Hmd SV	xFish Pollock Taco SV	xSandwich Eggplant Parmesan on Bun SV	Pasta Penne WW Lemon Ricotta SV	Macaroni & Cheese WW SV
Salad Spinach Oranges SV	Fruit Salad f/RTS SV	Crackers Soda/Salting NAS PC	Salad Broccoli Slaw f/RTS SV	Salad Lettuce Caesar Hmd (No Bacon) SV	Tomato Wedges f/Fresh SV	Salad Cucumber Dill SV
Peaches Slices f/Cnd JcPk SV		xChicken Blackened Mandarin Salad f/Breast SV	Oranges Mandarin JcPk Cnd SV	Pears Slices Baked f/Cnd SV	Pineapple f/Fresh RTS SV	Melon Cantaloupe & Watermelon f/Fresh SV
		Roll Wheat SV				
		Berries Mixed f/frz SV				

DINNER						
Beef Corned SV	Lamb Chop Brsd Tomato Bnls SV	Fish Trout Rainbow Bkd f/Fillet	Chicken Cordon Bleu f/RTB	Beef Steak Salisbury f/Grd w/Gravy	Chicken Butter f/diced SV	Beef Roast f/Round SV
Potato New Parsley Fresh SV	Potato Sweet Steamed SV	Rice Brown & Wild f/mix SV	Potato Baked f/Fresh SV	Potato Red Roasted w/Rosemary SV	Rice Basmati SV	Gravy Brown G-F LS SV
Carrots Glazed f/Frz SV	Peas Sugar Snap Frz SV	Broccoli Florets f/Fresh SV	xSalad Lettuce Tossed/Italian Drsg SV	Cauliflower & Peppers f/Fresh SV	Peas & Carrots Frz SV	Potato Mashed Cheesy SV
Roll Wheat SV	Roll Wheat SV	Roll Wheat SV	Roll Wheat SV	Roll Wheat SV	Roll Wheat SV	Pudding Yorkshire PC
Crisp Rhubarb Strawberry Hmd SV	Bar Lemon Square Hmd SV	Mousse Chocolate f/Mix SV	Cake Coconut Poke SV	Cake Angel RTS w/Mixed Berries SV	Ice Cream Vanilla w/Cherry Sc SV	Squash Glazed Butternut f/Frz SV
Chicken Honey Garlic f/Bnls/Sknls Thigh	Fish Basa Baked Fillet Zesty Honey Dijon SV	Pork Roast Hmd SV	Veg Lasagna SV	Shrimp Skewer f/Raw SV	Ham Broccoli & Swt Potato Casserole SV	Roll Wheat SV
Potato New Parsley Fresh SV	Potato Sweet Steamed SV	Rice Brown & Wild f/mix SV	xSalad Lettuce Tossed/Italian Drsg SV	Potato Red Roasted w/Rosemary SV	Peas & Carrots Frz SV	Pie Pecan RTS
Carrots Glazed f/Frz SV	Peas Sugar Snap Frz SV	Broccoli Florets f/Fresh SV	Roll Wheat SV	Cauliflower & Peppers f/Fresh SV	Roll Wheat SV	Chicken Souvlaki RTC SV
Roll Wheat SV	Roll Wheat SV	Roll Wheat SV	Cake Coconut Poke SV	Roll Wheat SV	Ice Cream Vanilla w/Cherry Sc SV	Gravy Brown G-F LS SV
Crisp Rhubarb Strawberry Hmd SV	Bar Lemon Square Hmd SV	Mousse Chocolate f/Mix SV		Cake Angel RTS w/Mixed Berries SV		Potato Mashed Cheesy SV
						Squash Glazed Butternut f/Frz SV
						Roll Wheat SV
						Pie Pecan RTS