



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
BREAKFAST						
Juice Apple f/Frz Conc	Juice Orange f/Frz Conc	Juice Prune f/Frz Conc	Juice Cranberry f/Frz Conc	Juice Apple f/Frz Conc	Juice Orange f/Frz Conc	Juice Prune f/Frz Conc
Cereal Cream of Wheat High Fibre SV	Cereal Oatmeal Cinnamon w/SMP SV	Cereal Cream of Wheat High Fibre SV	Cereal Oatmeal Cinnamon w/SMP SV	Cereal Cream of Wheat High Fibre SV	Cereal Oatmeal Cinnamon w/SMP SV	Fruit Salad f/RTS SV
Pork Sausage Link 2 f/RTS SV	Egg Boiled Hard f/Shell SV	Bacon Strip 2 Slices SV	Egg Scrambled f/mix SV	Egg Poached SV	Egg Boiled Hard f/Shell SV	Cereal Cream of Wheat High Fibre SV
Toast WW 2 Slice	Toast WW 2 Slice	Toast WW 2 Slice	Toast Raisin	Bread English Muffin WW	Toast WW 2 Slice	Bacon Strip 2 Slices SV
Juice Apple f/Frz Conc	Juice Orange f/Frz Conc	Juice Prune f/Frz Conc	Juice Cranberry f/Frz Conc	Juice Apple f/Frz Conc	Juice Orange f/Frz Conc	Toast WW 2 Slice
Cereal Dry Assorted Bulk SV	Cereal Dry Assorted Bulk SV	Cereal Dry Assorted Bulk SV	Cereal Dry Assorted Bulk SV	Cereal Dry Assorted Bulk SV	Cereal Dry Assorted Bulk SV	Juice Prune f/Frz Conc
Pork Sausage Link 2 f/RTS SV	Egg Boiled Hard f/Shell SV	Bacon Strip 2 Slices SV	Egg Scrambled f/mix SV	Egg Poached SV	Egg Boiled Hard f/Shell SV	Fruit Salad f/RTS SV
Toast White 2 Slice	Toast White 2 Slice	Toast White 2 Slice	Toast WW 2 Slice	Toast WW 2 Slice	Toast White 2 Slice	Cereal Dry Assorted Bulk SV
			Toast White 2 Slice	Toast White 2 Slice		Bacon Strip 2 Slices SV
						Toast White 2 Slice

LUNCH						
Soup Pea English w/mint Smooth SV	Soup Beef Barley Hmd SV	Soup Chicken Noodle Hmd SV	Soup Beef Barley Hmd SV	Soup Vegetable Rice Hmd SV	Soup Garden Vegetable Hmd SV	Soup Butternut Squash Apple Smooth SV
Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC
Macaroni & Cheese Hmd WW SV	Shrimp Pasta Salad Zesty SV	Casserole Beef and Corn f/Ground SV	xPlate Cobb Salad Egg/Chicken Hmd SV	Sandwich Pork Pulled WW Bun SV	Sandwich Beef Deli w/Horseradish Mayo WW SV	Pizza Vegetarian Hmd SV
Salad Lettuce Garden SV	Salad Coleslaw Asian SV	Salad Lettuce Greek w/Greek Drsg SV	Roll Wheat SV	Salad Beet Citrus SV	Salad Tomato Marinated SV	Lettuce Salad Mixed Green w/Carrots
Peaches Slices f/Cnd JcPk SV	Mango & Pineapple SV	Pears Slices f/Cnd JcPk SV	Melon Diced Cantaloupe & Honeydew Fresh SV	Rhubarb & Berries Stewed f/Frz	Grapes Fresh SV	Fruit Salad f/RTS SV
Soup Pea English w/mint Smooth SV	Soup Beef Barley Hmd SV	Soup Chicken Noodle Hmd SV	Soup Beef Barley Hmd SV	Soup Vegetable Rice Hmd SV	Soup Garden Vegetable Hmd SV	Soup Butternut Squash Apple Smooth SV
Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC	Crackers Soda/Salting NAS PC
Ham & Swiss Sndw on WW	Sandwich Ham Salad WW SV	xChicken Salad Balsamic w/Peach SV	Burger Beef f/Raw Patty on White Bun w/Mshrm	xChicken Citrus Salad SV		Sandwich Tuna Salad WW SV
Salad Lettuce Garden SV	Salad Coleslaw Asian SV	Roll Wheat SV	xSalad Lettuce Tossed/Italian Drsg SV	Roll Wheat SV	xVeg Plate Chickpea Lemon Dill SV	Lettuce Salad Mixed Green w/Carrots
Peaches Slices f/Cnd JcPk SV	Mango & Pineapple SV	Pears Slices f/Cnd JcPk SV	Roll Wheat SV	Rhubarb & Berries Stewed f/Frz	Grapes Fresh SV	Fruit Salad f/RTS SV
			Melon Diced Cantaloupe & Honeydew Fresh SV			

DINNER						
Beef Cabbage Roll Stuffed RTS SV	Chicken Braised f/Thigh w/Olive & Tomato SV	Fish Perch Bkd	Pork Rst Glazed Marmalade f/Bnls Loin	Beef Shepherd's Pie Hmd SV	Turkey a la King f/diced SV	Beef Roast f/Round SV
Potato Steamed f/Fresh SV	Rice Pilaf Multigrain SV	Sauce Tartar f/Bulk	Potato Red Roasted SV	Tomato Parmesan Baked f/Fresh SV	Pastry Puff Wedge f/RTB Sheets SV	Gravy Brown G-F LS SV
Corn Whole Kernel f/Frz SV	Peas Snow f/Fresh SV	Potato French Fries RTB SV	Squash Glazed Butternut f/Frz SV	Roll Wheat SV	Salad Lettuce Caesar Hmd (No Bacon) SV	Potato Mashed Chives & Sour Cream SV
Roll Wheat SV	Roll Wheat SV	Cauliflower Golden f/Fresh SV	Roll Wheat SV	Cake Chocolate Zucchini Hmd SV	Roll Wheat SV	Pudding Yorkshire PC
Pancakes Mini w/Strawberries & Chocolate Sc	Trifle Berry SV	Roll Wheat SV	Crisp Cherry SV	Fish Tilapia Brd Multi-Grain f/RTC	Ice Cream Vanilla w/Fruit Sc. SV	Beans Green f/Fresh SV
Lamb Curried f/Cubes Hmd SV	Tortellini Cheese w/Pesto Sauce f/RTS SV	Pudding Chocolate Inst SV	Chicken Thigh Grilled Portuguese SV	Potato Sweet Wedges RTB SV	Pasta Fettuccini Ham (250ml) SV	Roll Wheat SV
Potato Steamed f/Fresh SV	Rice Pilaf Multigrain SV	Meatloaf Pork Hmd	Potato Red Roasted SV	Tomato Parmesan Baked f/Fresh SV	Salad Lettuce Caesar Hmd (No Bacon) SV	Pie Blueberry RTB
Corn Whole Kernel f/Frz SV	Peas Snow f/Fresh SV	Potato French Fries RTB SV	Squash Glazed Butternut f/Frz SV	Roll Wheat SV	Roll Wheat SV	Chicken Thigh Grilled Portuguese SV
Roll Wheat SV	Roll Wheat SV	Cauliflower Golden f/Fresh SV	Roll Wheat SV	Cake Chocolate Zucchini Hmd SV	Ice Cream Vanilla w/Fruit Sc. SV	Gravy Brown G-F LS SV
Pancakes Mini w/Strawberries & Chocolate Sc	Trifle Berry SV	Roll Wheat SV	Crisp Cherry SV			Potato Mashed Chives & Sour Cream SV
		Pudding Chocolate Inst SV				Beans Green f/Fresh SV
						Roll Wheat SV
						Pie Blueberry RTB