

The Village of Arbour Trails



SS2021 Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Prune Juice Cream of Wheat Breakfast Ham --- Assorted Cold Cereal Assorted Toast	Cranberry Juice Oatmeal Hard Boiled Egg --- Assorted Cold Cereal Assorted Toast	Apple Juice Cream of Wheat Peameal Bacon --- Assorted Cold Cereal Assorted Toast	Orange Juice Cinnamon Oatmeal Raisin Bread Peanut Butter --- Assorted Cold Cereal Assorted Toast	Prune Juice Cream of Wheat Poached Egg Wheat English Muffin --- Assorted Cold Cereal Assorted Toast	Cranberry Juice Oatmeal Hard Boiled Egg --- Assorted Cold Cereal Assorted Toast	Apple Juice Cream of Wheat Scrambled Eggs --- Assorted Cold Cereal Assorted Toast
Lunch	Veggie Florentine Soup --- Cheesy Egg Strata --- Cilantro Lime Shrimp Salad Couscous Salad --- Tomato Cucumber Salad --- Chocolate Pudding	Cream of Celery Soup --- Chicken Pot Pie & Gravy --- Ham & Cheese Sandwich --- Red Beet Citrus Salad --- Coconut Tart	Savory Thai Butternut Soup --- Beef & Macaroni Casserole --- Swiss & Tomato Sandwich --- Mexican Bean Salad --- Oatmeal Raisin Cookie	Carrot Ginger Soup --- Pulled Pork on Bun Coleslaw Vinaigrette --- Egg Salad Platter --- Lemon Mousse & Whipped Topping	Cream of Vegetable Soup --- Chicken Mango Salad Wheat Roll --- Hog Dog on Bun Corn Cobette --- Iced Banana Cake	Tomato Soup --- Vegetarian Pizza --- Crab Salad on Croissant --- Romaine & Onion Salad --- Broken Glass Parfait	Wild Rice Chicken Soup --- French Toast Crispy Bacon Cranberry & Pear Compote --- Homemade Caprese Salad Garlic Bread --- Lime Sherbet
Dinner	Butter Chicken Basmati Rice --- Primavera Pasta --- Golden Cauliflower Broccoli Floret Wheat Roll --- Lemon Mousse Cake	Samosa Pie --- Sherry Beef Tips Mashed Potatoes --- Seasoned Spinach Scandinavian Vegetables Wheat Roll --- Mocha Ice Cream	Tilapia & Dill Sauce --- Sweet & Sour Pork --- Fluffy Rice Rainbow Vegetables Brussel Sprout Wheat Roll --- Chocolate Cream Pie	Beef Pot Roast & Gravy --- Homemade Turkey Loaf & Gravy --- Parisienne Potatoes Herbed Green Beans Glazed Turnips Wheat Roll --- Homemade Cinnamon Rice Pudding	Fish n' Chips Lemon Wedge Creamy Coleslaw --- Savory Mushroom Ravioli Zucchini Medley --- Wheat Roll --- Strawberry Shortcake	Maple Glazed Chicken --- Creamy Dijon Pork Loin --- Mushroom Barley Pilaf Classic Vegetables Baby Carrots Wheat Roll --- Homemade Decadent Brownie	Roast Beef & Gravy Horseradish Scalloped Potatoes --- Turkey Cottage Pie --- Sweet Balsamic Brussels Sprouts Roasted Butternut Squash Wheat Roll --- Apple Pie