



MONDAY	JUN 14	TUESDAY	JUN 15	WEDNESDAY	JUN 16	THURSDAY	JUN 17	FRIDAY	JUN 18	SATURDAY	JUN 19	SUNDAY	JUN 20
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BREAKFAST

Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice	Assorted Juice
High Fibre Cream of Wheat	High Fibre Oatmeal	High Fibre Cream of Wheat	High Fibre Oatmeal	High Fibre Cream of Wheat	High Fibre Oatmeal	High Fibre Cinnamon Oatmeal	High Fibre Cream of Wheat	High Fibre Oatmeal	High Fibre Oatmeal	High Fibre Oatmeal	High Fibre Oatmeal	High Fibre Cream of Wheat	High Fibre Cream of Wheat
Breakfast Ham	Hard Boiled Egg	Peameal Bacon	Hard Boiled Egg	Peameal Bacon	Yogurt & Granola Parfait	Yogurt & Granola Parfait	Whole Wheat English Muffin	Whole Wheat English Muffin	Hard Boiled Egg	Hard Boiled Egg	Hard Boiled Egg	Scrambled Eggs	Scrambled Eggs
Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes	Poached Egg	Poached Egg	Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes	Stewed Prunes
Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Assorted Cold Cereal	Assorted Cold Cereal	Stewed Prunes	Stewed Prunes	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast
Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Whole Wheat Toast	Whole Wheat Toast	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal	Assorted Cold Cereal
White Toast	White Toast	White Toast	White Toast	White Toast	White Toast	White Toast	White Toast	White Toast	White Toast	White Toast	White Toast	White Toast	White Toast

LUNCH

Unsalted Crackers	Unsalted Crackers	Minestrone Soup	Unsalted Crackers	Cream Vegetable Soup	Tomato Soup	Wild Rice Chicken Soup
Veggie Florentine Soup	Cream of Celery Soup	Unsalted Crackers	Carrot Ginger Soup	Unsalted Crackers	Unsalted Crackers	Unsalted Crackers
Cheesy Egg Strata	Chicken & Leek Pot Pie	Beef & Macaroni Casserole	Pulled Pork on Wheat Bun	Chicken Mango Salad	Vegetarian Pizza	French Toast
Wheat Roll	Poultry Gravy	Broccoli Florets	Coleslaw Vinaigrette	Garlic & Cheese Bread Stick	Romaine & Onion Salad	Crispy Bacon
Peas & Carrots	Sunrise Vegetables	Mandarin Oranges	Chilled Peaches	Fruit Cocktail	Chilled Apricots	Cranberry & Pear Compote
Red Seedless Grapes	Chilled Poached Pears	Swiss & Tomato Sandwich	Egg Salad Platter	Hot Dog on Bun	Crab Salad on Croissant	Tropical Fruit
Salami on Wheat	Ham & Cheese Sandwich	Mexican Bean Salad	Lemon Mousse & Whipped Topping	Ketchup/Mustard/Relish	Spinach & Mushroom Salad	Homemade Caprese Salad
Tomato Cucumber Salad	Red Beet Citrus Salad	Oatmeal Raisin Cookies		Corn Cobbette	Broken Glass Parfait	Garlic Bread
Chocolate Pudding	Coconut Tart			Iced Banana Cake		Lime Sherbet

DINNER

Butter Chicken	Garlic Shrimp	Tilapia & Dill Sauce	Cabbage Roll	Fish 'n Chips	Maple Glazed Chicken	Roast Beef
Basmati Rice	Garden Rice	Roasted Baby Potatoes	Baked Potato	Lemon Wedge	Mashed Potatoes	Brown Gravy
Golden Cauliflower	Seasoned Spinach	Rainbow Vegetables	Herbed Green Beans	Creamy Coleslaw	Classic Vegetables	Horseradish
Wheat Roll	Wheat Roll	Wheat Roll	Wheat Roll	Wheat Roll	Wheat Roll	Scalloped Potatoes
Fresh Watermelon	Mixed Berries	Chilled Pineapples	Fresh Fruit Salad	Fresh Melon	Warm Apple Compote	Sweet Balsamic Brussels Sprouts
Primavera Pasta	Sherry Beef Tips	Pork Tortiere	Homemade Turkey Loaf	Savory Mushroom Potato Dumplings	Creamy Dijon Pork Loin	Mango
Roasted Asparagus	Mashed Potatoes	Mashed Potatoes	Turkey Gravy	Zucchini Medley	Mushroom Barley Pilaf	Turkey Cottage Pie
Lemon Mousse Cake	Scandinavian Vegetables	Prince Edward Vegetables	Orange Sage Mashed Sweet Potato	Strawberry Shortcake	Baby Carrots	Roasted Butternut Squash
	Ice Cream Sundae	Chocolate Cream Pie Slice	Glazed Turnips		Homemade Decadent Brownie	Wheat Roll
			Homemade Cinnamon Rice Pudding			Apple Pie Slice