



The Senior Star

...News from Maynard Nursing Home

Inside this issue:

St Patrick's Day Wishes 1

60's Celebration 2

Welcome 3

Spring Forward 3

In Memoriam 3

Happy Birthday 3

Poetry Corner 4

Beach Party Celebration 5

Research Matters 6

Research Matters 7

FYI 8

Happy St. Patrick's Day

Wishing you a rainbow
For sunlight after showers-
Miles and miles of Irish smiles
For golden happy hours-
Shamrocks at your doorway
For luck and laughter too,
And a host of friends that never ends
Each day your whole life through!

Join us on Tuesday March 17th for St Patrick's Day Celebration in the Activity room @2pm



SCHLEGEL VILLAGES



Celebrating the 60's



Residents of Maynard had a groovy time celebrating the 60's. the decade of the Beatles, Laugh In and Woodstock! Mayra our Activation Coordination student from George Brown College held her 1st Special Event on February 5th. The energy in the room was Love & Peace with memory lane Music and delicious food. It was a great time had by all!

WELCOME TO



MAYNARD

Nursing Home

Evelina Lima
Alf Sawnback
Elise Twiner
Nadana Mullaithilage
Norman Gilbreath
Margarida Almeida
Hector Cabrera-Moya

IN MEMORIAM

The Board of Directors,
Management and Staff were
saddened by the passing of

Enid Johnson
&
Arcelino Quadros



SUNDAY MARCH 8, 2020



To the following Residents

Rosa Borges - March 6th
Thomas Hall - March 11th
Evelina Lima- March 19th
Maria Botelho- March 22nd
Maria Lopes - March 30th

Sending you smiles for
every moment of your special day!
Happy Birthday from
everyone at Maynard!

Poetry Corner

Festa da Senhora da Encarnação

I

Deus de eterna bondade
Só voz me poderes valer
Dá-me força e vontade
Para isto eu fazer

II

Encarnação um mistério
Com importância e valor
É um assunto muito sério
O nascimento do senhor

III

Antes de eu começar
Já voz saberes o que passa
Pera assim me poderes dar
A vossa paz e a vossa graça

IV

Quando O anjo saudou
Aquela mulher querida
Algum de bom encontrou
Para uma nova vida

V

O anjo disse com garantia
Algo de bom aqui se passa
Deus vos salvem a virgem Maria
Diante do Senhor achaste graça

VI

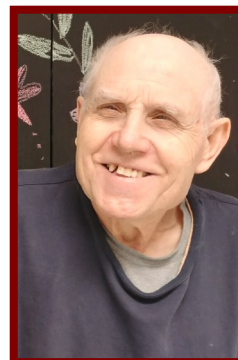
Nossa Senhora de Monte
O lindo Belo Horizonte
Cheio de paz e da Graça
Dizemos nós com vontade
Que és mãe da santíssima trindade
Rico dão que por nós passa

VII

Nossa Senhora das Dores
Refúgio dos pecadores
Mãe eterna mãe querida
No teu seio abençoado
Trouxeste Jesus amado
Com palavra de valia

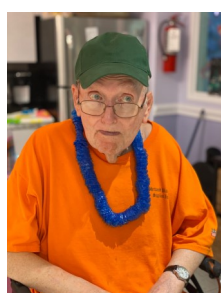
VIII

O Jesus palavra da verdade
Pai de eterna bondade
Para o ser humano pecador
Filho da Virgem Maria
Com prazer e alegria
Que nos dá o seu amor



By Joao Engenheiro,
Maynard Nursing Home
Resident

BEACH PARTY



Alexis our Activation Coordination student from George Brown College held her 1st Special Event on February 12th. Everyone felt the warmth inside the activity room as it was a beach party theme. Residents were dressed for sun with beach hats, lei necklaces and sunglasses. The room was beautifully set up with palm trees, table umbrellas, delicious foods such as hamburgers, pineapple pizza, fresh colorful fruit and punch to sip on. Beach boys music playing in the background had everyone one dancing, singing, and counting down to summer. It was a great time and much needed during this winter season.

MARCH 2020

RESEARCH MATTERS

RIA FEATURE

BUILDING A COMMUNITY OF BELONGING

By Alie Teetzel-Edmondstone

The RIA is making plans to bring the community together to support older adults living with dementia and their care partners through an exciting new project – Supporting Inclusion through Intergenerational Partnerships (SIIP).

Over the next five years SIIP will bring generations together to address loneliness and social isolation in older adults living with dementia and their care partners in the community across Waterloo Region. It will provide opportunities for older adults and secondary and post-secondary aged youth to interact in meaningful ways — sharing skills, expertise and experiences.

“This project gives us the opportunity to not only bring our resources for people living with dementia to the community, but to also help foster partnerships and innovation across



The Honourable Deb Schulte, Minister of Seniors (left) speaks to SIIP Community Advisory Board member Kathleen Vanderlinden (right) and Josie d'Avernas, Executive Director of the RIA (centre) at the project launch.

generations. I look forward to seeing how Waterloo Region becomes better able to support our older adults through this work,” said Josie d'Avernas, Executive Director of the RIA.

According to the Alzheimer Society of Ontario, the number of people diagnosed with dementia in the Waterloo Wellington Local Health Integration Network is expected to increase to more than 13,500 in 2020.

Continued on next page...

RESEARCH MATTERS

RIA FEATURE

In addition to memory loss and difficulty problem solving, those living with dementia may experience changes in mood and the ability to communicate. This can make it difficult to establish or maintain personal relationships, potentially causing lost connections with friends, family members and the wider community.

Socially isolated older adults are also less able to participate in and contribute to their communities, resulting in a significant loss to organizations, communities and society at large.

The RIA will bring together individuals and groups to identify needs and opportunities within the community and work together to create solutions. A community advisory group has been formed to assist in project planning with participants from a variety

of sectors including dementia advocacy groups, school boards, youth, community groups, service providers researchers and people with lived experience.

The Honourable Deb Schulte, Minister of Seniors, announced funding of \$3 million for the project at an event held at the RIA on February 14, 2020 to launch the project.

A public Think Tank event is being planned for March 27, 2020. This will be an opportunity for community members, students, educators, organizations, researchers and local government to come together to learn more about SIIP and contribute to building a community plan.

For more information about SIIP, visit intergenerationalpartnerships.ca ■

Funded by the Government of
Canada's New Horizons for
Seniors Program

Canada

The Schlegel-UW Research Institute for Aging aims to enhance the quality of life and care of older adults through partnerships in research, education and practice. Innovations are developed and tested in the Schlegel Villages, and then shared to benefit older adults everywhere.

RIA RESEARCH
INSTITUTE
for AGING
Schlegel • UWaterloo • Conestoga

Enhancing Life

 [schlegeluwria](#)

 [@SchlegelUW_RIA](#)

 [@SchlegelUWRIA](#)

Ear & Hearing Clinic

JULIANE SHANTZ • DOCTOR OF AUDIOLOGY

Hearing Health Services at Maynard Nursing Home



Kim Nguyen

Hearing Instrument Specialist
B.Sc., H.I.S.

- ✓ Hearing tests
- ✓ Ear examination and cleaning
- ✓ Communication strategies
- ✓ Hearing aid prescriptions/dispensing
- ✓ Hearing aid cleaning
- ✓ Hearing aid adjustments
- ✓ Batteries

For more information or to book an
appointment at your retirement home call

1-888-745-5550

Location: Salon in the Basement

www.earandhearingclinic.com

get social

tell your story. share our vision.



Like us on Facebook
facebook.com/schlegelvillages



Follow & Tweet on Twitter
[@SchlegelVillage](https://twitter.com/SchlegelVillage)



Tag us on Instagram
[@SchlegelVillage](https://www.instagram.com/SchlegelVillage)

SCHLEGEL VILLAGES



We're Searching for Volunteers

Please let any family or friends
know that we are looking for
NEW VOLUNTEERS!

Call Sandra @416-533-5198

Ext 238 Or Email:

sandra.correia@schlegelvillages.com



All family members are welcome
to attend or join the Council.

For more information please
e-mail

maynardfamilycouncil@gmail.com



MAYNARD NURSING HOME 28 HALTON STREET TORONTO, ONTARIO M6J 1R3 PHONE: 416-533-5198 FAX: 416-533-3531
<http://www.schlegelvillages.com/maynard-toronto>