

The Winston Word

December 2023 NEWSLETTER, VOLUME 6 ISSUE 12

DECEMBER 2023

Gearing up for the Holidays



Thank you to our residents who sold their creations at the market. We sold hand-made cards, baked goods, crafts and more!



Our Toy Drive was a HUGE success!





Ear & Hearing Clinic

JULIANE SHANTZ • DOCTOR OF AUDIOLOGY

EAR & HEARING CLINIC

at Winston Park

For an appointment with an

Audiologist please call

1-888-745-5550

Hearing Tests, Hearing Aids, and Repairs.

Juliane Shantz
Doctor of Audiology

Upcoming Dates

Dec 7

Dec 21

**Happy
Birthday
to our residents
and staff who are
celebrating
December
birthdays!**

Meet Our Chaplains



Kathleen & Hector!

Kathleen's focus will be serving the residents of LTC.

Hector supports both sides of the Village. He works on Retirement Monday nights, Tuesday and Wednesday and supports LTC on Fridays

Please stop in the Chapel to say Hello.



Support Office, Leadership, and Team Members were saddened by the passing of:

**Kathleen H.
Viola S.
Gayle W.
Liselotte H.
Eric M.
Daria M.
Victor T.**

Village



The Village of
WINSTON PARK

Events

December Events

Timbit Day is December 5th

Each Neighbourhood

Enjoy some free Timbits

Salvation Army Band Performance

Sunday December 10th

2:00—Haysville Neighbourhood

2:30—Williamsburg Dining room

Winston Park Choir (RET) Thursday

December 21st

3pm in the Williamsburg Dining room

Chime Choir (LTC) Wednesday

December 20th

Please check your calendar for when and where the choir will perform

Special Christmas Dress up Days

Wear your Christmas shirt/scrubs every Tuesday in December leading up to Christmas!

Dec 14th—Christmas Dress Down Day

Dec 20th—Christmas Socks

Dec 21st—Christmas tie/scarf

Dec 22nd—Christmas hat/antlers

Dec 23rd—Christmas PJs

Dec 24th—Red and Green Day

WELCOME TO THE VILLAGE!

In November we welcomed:

Marlene A.

Deborah B.

Gayle P.

Barbara D.

Jane M.

Brenda W.

Audrey A.

Agnes E.

Peter D.

Earl N.

Grace F.

John S.

Barbara C.

Mary H.

Sandra S.

....to the village!

Vendors

Crumbles Shortbreads—Dec 15th

10-2 Library

Rita's Flowers and Gifts—Dec 4th

10-2 Library

New Clothing

Just a note for families. If you are bringing in new clothes for your loved one for Christmas. Feel free to bring it in early so it can be labelled.

Village



The Village of
WINSTON PARK

Events



**Residents,
Their Families, and Friends
Are Invited to Attend
These Forthcoming Services**

Blue Christmas Service

For those who Mourn
Thursday December
21st
2:00pm

Christmas Eve Service

Of Lessons & Carols
Sunday December
24th
10:30am

New Years Eve Service

Sunday December
31st
2:30pm



A Message from Brad (GM)

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December is a time for family and friends. It's hard to believe that 2023 is fast coming to a close. Winston Park has certainly undergone many changes this year and as we approach 2024, it's a time to reflect on the year the things that we have to be grateful for. Around the village, we've started decorating and it's certainly beginning to look a lot like Christmas! As we move into December, we look forward to all the Christmas events; Christmas dinner parties, lots of music and hopefully a visit from Santa!

Shall we talk about Infection Control? I'm sure everyone is tired of hearing about infection control but unfortunately, it is Covid, Flu & Upper Respiratory season. These virus bugs are very active in the community and we would like to keep them out of the village. Presently all team, volunteers and those working in the village are required to wear a mask in resident areas. We encourage everyone to wear a mask as you are able. We cannot stress enough, the importance of following infection control policies. Washing your hands frequently is an extremely important factor in avoiding the spread of germs. We also would ask that any resident who is feeling the least bit unwell, please report this to your charge nurse. For families, again, if you are feeling the least bit unwell, we ask that you not visit the village.

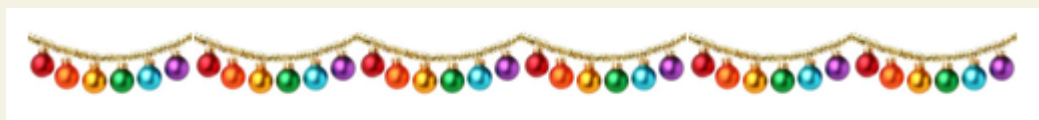


Booking Meals for Guests – we are always very happy that residents wish to have guests at meal times and we encourage you to invite your family and friends. Please make sure you book your meal in advance so that we can make sure we have a table set and ready to go so that you and your guests have a pleasurable dining experience. As we get closer to Christmas, it would also be most helpful if we had an idea of who might be going out on Christmas Day, Boxing Day and New Year's. There will be a list on the nurses' stations around mid-December if you could let us know. Thank you.

A very warm welcome to our new residents – we look forward to getting to know you and your family & friends!

On behalf of the team throughout our Village, we wish you a very.....

Happy Holiday Season and a Merry Christmas!



A Christmas Poem

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'Twas The Night Before Christmas

'Twas the night before Christmas, when all through
the house
Not a creature was stirring, not even a mouse;
The stockings were hung by the chimney with care,
In hopes that St. Nicholas soon would be there;
The children were nestled all snug in their beds,
While visions of sugar-plums danced in their heads;
And mamma in her 'kerchief, and I in my cap,
Had just settled down for a long winter's nap,
When out on the lawn there arose such a clatter,
I sprang from the bed to see what was the matter.
Away to the window I flew like a flash,
Tore open the shutters and threw up the sash.
The moon on the breast of the new-fallen snow
Gave the lustre of mid-day to objects below,
When, what to my wondering eyes should appear,
But a miniature sleigh, and eight tiny reindeer,
With a little old driver, so lively and quick,
I knew in a moment it must be St. Nick.
More rapid than eagles his coursers they came,
And he whistled, and shouted, and called them by
name;
"Now, DASHER! now, DANCER! now, PRANCER and
VIXEN!
On, COMET! on CUPID! on, DONNER and BLITZEN!
To the top of the porch! to the top of the wall!
Now dash away! dash away! dash away all!"
As dry leaves that before the wild hurricane fly,
When they meet with an obstacle, mount to the sky,

So up to the house-top the coursers they flew,
With the sleigh full of toys, and St. Nicholas too.
And then, in a twinkling, I heard on the roof
The prancing and pawing of each little hoof.
As I drew in my head, and was turning around,
Down the chimney St. Nicholas came with a bound.
He was dressed all in fur, from his head to his foot,
And his clothes were all tarnished with ashes and
soot;
A bundle of toys he had flung on his back,
And he looked like a peddler just opening his pack.
His eyes -- how they twinkled! his dimples how merry!
His cheeks were like roses, his nose like a cherry!
His droll little mouth was drawn up like a bow,
And the beard of his chin was as white as the snow;
The stump of a pipe he held tight in his teeth,
And the smoke it encircled his head like a wreath;
He had a broad face and a little round belly,
That shook, when he laughed like a bowlful of jelly.
He was chubby and plump, a right jolly old elf,
And I laughed when I saw him, in spite of myself;
A wink of his eye and a twist of his head,
Soon gave me to know I had nothing to dread;
He spoke not a word, but went straight to his work,
And filled all the stockings; then turned with a jerk,
And laying his finger aside of his nose,
And giving a nod, up the chimney he rose;
He sprang to his sleigh, to his team gave a whistle,
And away they all flew like the down of a thistle.
But I heard him exclaim, ere he drove out of sight,
HAPPY CHRISTMAS TO ALL, AND TO ALL A GOOD-
NIGHT!

LTC Family Council

Family Council is a group of family members and friends of the residents of a long-term care home who gather together for peer support, education, and to improve the experiences of all people in long-term care.

We are seeking a general members.

The last meeting was held in November. Minutes will be posted at the LTC main entrance (door #2)

If you want to find out more please contact Winstonpark.familycouncil@schlegelvillages.com

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Merry Christmas

Enjoy a classic Christmas dinner

Tuesday, December 5

5 p.m. | Emma's/Egerton

Thursday, December 7

5 p.m. | Williamsburg, Sandhills,
Waldau, Haysville

Thursday, December 14

5 p.m. | Becker, Strasburg, Aberdeen,
Roseville, Kingsdale

• **RSVP**

At the **Village Office.**


**The Village of
WINSTON PARK**
695 Block Line Road, Kitchener

Join us for a turkey dinner with all the fixings and dessert, while you enjoy some live holiday music!



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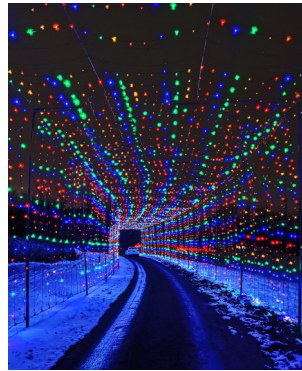
DECEMBER 2023

Looking for Christmas Cards?

We have been donated some handmade cards that will be available to pick up at the main office in RET and LTC. Please speak to the receptionist about these free cards.



Gift of Lights



Check your Calendar to see when your Bingeman's Gift of Lights Tour is taking place, and make sure to sign up with the recreation team!



Best wishes for a
joyful holiday season
and a happy New Year

.....

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Schlegel Villages – CONNECTIONS



As the calendar turns to December and winter winds begin to blow, our thoughts turn to the holiday season and we reflect on a year that has flown by.

As an organization, we were thrilled to see some new changes in our community of Villages in 2023; this spring, for example, we saw the small family of team members and residents from Waterloo's Pinehaven Nursing Home move to their new long-term care neighbourhoods in the redeveloped Village of Winston Park in Kitchener.



We also welcomed the first residents to our newest retirement expansion at The Village of Glendale Crossing this fall, and we're thrilled to have so many wonderful new team members there to add to our growing family. There were so many great and wonderful events and occasions in between – too many to capture here.



With 18 Villages spread out across Ontario and more to come, we are a growing family, indeed. We have people who work and live with us that come from all corners of the globe and this holiday season, we reflect on the many beautiful traditions we have come know thanks to the wonderful diversity we enjoy in our Villages every day. We revelled in the light of Diwali celebrations in November and we look forward to Hannukah beginning in the early part of December this year, leading towards Christmas and Kwanzaa.



No matter how our residents, families, team members and community partners celebrate, we wish for every blessing of the season upon us all, and we look forward to a beautiful New Year!

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Schlegel Villages – **CONNECTIONS**

Let's stay healthy
this holiday season

There are several ways to protect yourself
and others from respiratory viruses.

We are encouraging everyone to stay up to date with their vaccines.
They are an important way to boost your immunity and prevent severe
illness from flu, COVID-19, and Respiratory Syncytial Viruses (RSV).

Helpful tips



Get vaccinated



Clean and disinfect
surfaces and shared items



Wear a mask



Optimize indoor
air quality



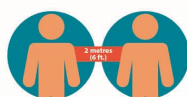
Wash or sanitize
your hands often



Stay at home when
you are sick



Cover your mouth when
you cough or sneeze



Physical distance
when possible

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FASHION SHOW



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**Thank you to our residents
who make a difference in the
village**

Donald for helping to set up the dining room

Judith for looking after the birds on Kingsdale

Jacque and Nouvart for handling our the calendars

Regina for flower arranging

Erwin for watering the plants

Annelise for knitting

Christine for leading our reading circle each week

Willem and Jo for making beautiful cards for our team members

Joanne for playing the piano

Nouvart for giving out the perk daily

Our welcoming committee members

Our Village Advisory Team members

Royal for leading a bible study

Ron for taking care of our koi fish



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Retirement Home Leadership Directory

Brad Lawrence	General Manager	Ext.8003
Tara Rosenow	Assistant General Manager (Ret.)	Ext. 8010
Gillian Alexander	Director of Lifestyle Options	Ext. 8002
Katie March	Director of Lifestyle Options	Ext. 8008
Matthew Walsh	Director of Hospitality	Ext. 8004
Brad Rideout	Director of Environmental Services	Ext 8006
Sarah Linton	Retirement Recreation Supervisor and Volunteer Coordinator	Ext. 8062
Joelle Duchaine	Neighbourhood Coordinator- Egerton & Becker	Ext. 8048
Tamara Jankura	Neighbourhood Coordinator-Emma's	Ext.8012
Brooklyn Reidner	Dining Room Supervisor	
Carmen Niculescu	Wellness Coordinator	Ext. 8029
Hector Pineda	Chaplain	Ext. 8011
Karena Nnebo	Administrative Assistant (Retirement)	Ext. 8001
Tiffany Menjivar	Administrative Coordinator	Ext. 8015
Jane Panta	Village Experience Coordinator	Ext.

All Email addresses are FIRST NAME.LAST NAME@ schlegelvillages.com

LTC Nursing Directory

Long Term Care Charge Nurse	Ext. 8101
Strasburg Nurse—2nd floor	Ext. 8240
Aberdeen Nurse— 3rd floor	Ext. 8241
Roseville Nurse—4th floor	Ext. 8242
Kingsdale Nurse—5th floor	Ext. 8243
Sandhills Nurse—6th floor	Ext. 8244
Waldau Nurse—7th floor	Ext. 8245
Haysville Nurse—8th floor	Ext. 8246

Retirement Directory

Becker & Williamsburg 2 & 3	Ext. 8118
Emmas and Egerton Nurse	Ext. 8120

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Long Term Care Leadership Directory

Brad Lawrence	General Manager	Ext.8003
Luke Denomme	Assistant General Manager (LTC)	Ext. 8188
Rabina Simovic	Director of Nursing Care (LTC)	Ext. 8014
Jill Macqueen	Director of Nursing Care (LTC)	Ext. 8264
Morgan Bonnell	Assistant Director of Nursing Care (LTC)	Ext. 8275
Cathy Hu	Assistant Director of Nursing Care (LTC)	Ext. 8 269
Mary Hedrich	Assisted Director of Nursing Care (LTC)	Ext. 8187
Gina Almeida	Resident Support Coordinator	Ext. 8254
Rada Jokic	Neighbourhood Coordinator Roseville & Kingsdale	Ext. 8182
Vesna Venceljovski	Neighbourhood Coordinator Aberdeen & Strasburg	Ext. 8005
Alyson Haffner	Neighbourhood Coordinator Sandhills and Waldau	Ext. 8266
Meredith Herr	Neighbourhood Coordinator Haysville	Ext. 8270
Alysha Voigt	Director of Quality and Innovation	Ext. 8271
Brad Rideout	Director of Environmental Services	Ext 8006
Shirley Tulk	Assistant Director Environmental Services	Ext 8116
Rebecca Harnock	Director of Recreation & Volunteer Services	Ext. 8007
Sarah Linton	Volunteer Coordinator	Ext. 8062
Daniel Juteram	Food Services Manager	Ext. 8009
Samantha Olsen	Food Service Manager	Ext. 8258
Milyn Calicdan	Assistant Food Service Manager	Ext. 8273
Carlyn Aspillia	Director of PAL Program	Ext. 8265
Michelle Nguyen	PAL Coordinator	Ext. 8262
Kathleen Sorensen	Chaplain	Ext. 8011
Karena Nnebo	Administrative Assistant (LTC)	Ext. 8207

All Email addresses are FIRST NAME.LAST NAME@ schlegelvillages.com

The Village Of Winston Park
695 Block Line Rd. Kitchener, Ontario N2E 3K1 519-576-2430