



Looking for meaningful way to
spend your time?

Volunteer with us and bring smiles to our
seniors!

Call Allison, the volunteer coordinator
@416-533-5198

Or

Email: maynard.volunteers@schlegelvillages.com



Family Council seeks to improve the overall
quality of life and care for all residents by
promoting an environment of unity and sup-
port amongst staff, friends, and residents fam-
ilies.

Maynard's Family council is seeking a presi-
dent and vice president representative.

All family members are welcome to attend or
join the family Council.

For any interest or information in joining
please e-mail
samuel.leite@schlegelvillages.com

get social
tell your story. share our vision.



Like us on Facebook
facebook.com/schlegelvillages



Follow & Tweet on Twitter
@SchlegelVillage

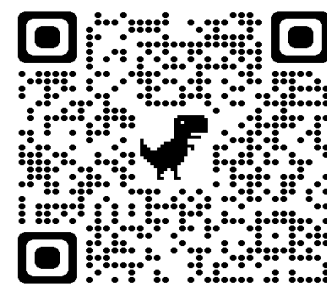


Tag us on Instagram
@SchlegelVillage



The Family Quality of Life Survey

interRAI has undertaken a program of research to
develop a new Family Survey instrument to measure
family member experiences and expectations. The new
interRAI Family Quality of Life Survey is now available
to be used with your LTC family members on the
QoLPro platform. This instrument contains 25 items,
half of which are core items that are also on the Resi-
dent Self-Report QoL Survey and half are new items
that are unique to the family experience in LTC.
Family members play a critical role in resident's quality
of life while living in Long Term Care. They provide vital
information and collaboration in shared decision-
making to support per-
son-centred care plan-
ning. They support resi-
dents with their physi-
cal and psychosocial
needs and can provide
insight into the opera-
tion of the LTC home.
Therefore, family mem-
bers have unique per-
spectives that can in-



Inside this edition:

New Years	2
Research Matters	3
Phone Director	4
Birthdays Welcome	5
Poem Festa dos Reis Magos	5
Photos	6
Photos	7
Special Announcements	8

The Senior Star

...News from Maynard Nursing Home

Happy New Year
2024

May this year bring new happiness, new
goals, new achievements, and many new
inspirations to your life. Wishing you a
year fully loaded with happiness. I hope
that this new year will be the best year of
your life. May all your hopes are fulfilled
and all your dreams come true.



MAYNARD
Nursing Home

MAYNARD NURSING HOME 28 HALTON STREET TORON-
TO, ONTARIO M6J 1R3 PHONE: 416-533-5198
FAX: 416-533-3531

<http://www.schlegelvillages.com/maynard-toronto>



Schlegel Villages – CONNECTIONS

Happy
new
Year

A new year is upon us and Schlegel Villages looks ahead with great enthusiasm to our ongoing mission-driven growth plan.

To offer a glimpse of what that growth entails, in 2024 we will open the third and final phase of the redevelopment at The Village of Winston Park in Kitchener with revitalized space for 64 additional residents. We'll also see great progress in the construction of four new Long-Term Care (LTC) Villages in **Milton, Ajax, Ottawa** and **Stouffville** and we expect to see new construction begin in additional communities.

*All drawings on this page are conceptual renderings. Actual views may vary and cannot be guaranteed.



Milton - The Village of Ridgeview Court



Ajax - The Village of Millers Creek



Ottawa - The Village of Riverbank Terrace



Stouffville - The Village of Stouffer Mills

Our people

Our goal has always been to bring our mission to more people across the province, and it's exciting to have the privilege of doing so in 2024 and into the extended future.

Throughout our growth, we remain committed to honouring our values and preserving the culture that defines us.

Our growth plan is about people and each of our Villages and our leaderships teams will continue to work hard to attract the best new team members while also nurturing the ambitions of our existing team members as they grow into new opportunities.



WE WANT TO
HEAR FROM YOU!

communications@schlegelvillages.com



Photos

December marked a truly remarkable month for us, characterized by a series of exceptional and enjoyable holiday programs such as, musical performances, captivating concerts, foods, and heartwarming visits from volunteers, who engaged in creative art sessions with the residents. A particular highlight was the celebration of "Breakfast with Santa" alongside our residents and their families. Once again, the event proved to be an ultimate success, and we are overwhelmed with gratitude for the enthusiastic participation of numerous families. The memories created during the evening are truly priceless. We extend a heartfelt thank-you to everyone who graced the occasion with their presence and to those who contributed to making this evening truly magical.



RESEARCH MATTERS

RIA FEATURE

Common views and facts about dementia

This is a resource developed together with care partners of people living with dementia.

View 1: Dementia is a normal part of aging.

Fact 1: Dementia is not a normal part of aging.

The risk of developing dementia increases as you age, however many people do not develop dementia. It is a good idea to speak to your doctor if you are concerned about any changes with your memory, thinking or functioning to rule out other causes for the changes you are experiencing.

View 2: People with dementia are victims who are suffering and are incapable.

Fact 2: Many people with dementia are capable, content, and happy.

People living with dementia are often shown on television as powerless, incapable and dependent. But while people may experience sadness, uncertainty, and fear after being diagnosed, many adjust to the diagnosis and live fulfilling lives.

Care partners and others can help by acknowledging their feelings, reminding them of their abilities and value, and treating them with dignity and respect.

View 7: There is nothing that can be done for people living with dementia.

Fact 7: There are many treatments and strategies that can help to slow progression and manage symptoms.

Alzheimer's Awareness Month



While there is not a cure for dementia, there are treatments and strategies that can improve quality of life. There are medications that may help slow the progress of dementia, memory strategies, healthy lifestyle choices, and music, speech, and occupational therapies that can support well-being.

View 4: People living with dementia cannot learn new things.

Fact 4: People living with dementia can continue to learn!

Some types of dementia may impact a person's short-term memory. They may not remember things that happened recently, and it can also take more time to learn new things. However, it is possible. For example, a person living in a care setting may remember their seat in the dining room, develop familiarity with a particular staff member, or learn the rules to a new activity.

Some strategies that may assist with learning something new are: taking your time, using a pencil and paper to take notes, and asking for help when needed. Care partners can provide support by repeating information as often as needed, providing encouragement, and assisting the person living with dementia when required.

To find more resources about dementia, visit www.forwardwithdementia.ca

RIA RESEARCH
INSTITUTE
for AGING
Schlegel • UWaterloo • Conestoga

Enhancing Life

250 Laurelwood Drive, Waterloo, ON

519-904-0660 | info@the-ria.ca

www.the-ria.ca

Charitable Registration # 841471212 RR0001



Position	Ext	Name	Office Location
General Manager (GM)	231	Julie Music	Basement/Main Street, East
Director of Nursing Care (DNC)	232	Elise Howe	1 st floor, West
IPAC Lead/ADNC	241	Jessica Richert	2 nd floor, North
PERT/ ADNC	227, 404	Marlene Da Costa	1 st floor, South
Neighborhood Coor. (NC)	242, 405	Sandra Correia	2 nd floor, North
Director of Recreation (DR)	238	Kelly Almeida	Basement/Main Street, West
Volunteer Coordinator (VS)	402	Allison	Basement/Main Street, West
Kinesiologist (KIN)	401	Cesar Noriega	Basement/Main Street, West
Admin. Coordinator (AC)	222	Renju Johnson	Basement/Main Street, North
Admin. Assistant (AA)	221	Esther Samaroo/ Mildred	Basement/Main Street, North
Director Food Services (DFS)	225	Diana Kania	Basement/Main Street, East
Director of Quality and Innovation	403	Daniel Bedard	Basement/Main Street, North
Environmental Services Manager (ESM)	230	Evelyn Molina	Basement/Main Street, South
Resident Support Coordinator (Social Worker)	406	Samuel Leite	
1 st Floor Nursing Station	226		
1 st Floor Nursing Office			
2 nd Floor Nursing Station	228		
2 nd Floor Nursing Office	235		
Kitchen	223		Basement/Main Street, East
Bellwoods (1 st floor) Cellphone	437-213-9616		
Trinity (2 nd floor) Cellphone	437-214-1977		
Fax No. Admin. Office	416-533-3531		
Fax No. – Nursing Office	416-533-3492		

January2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

1

New Years Day

7

Orthodox Chstimas Day

21

World Religion Day

21

Hugging Day

24

Bell Lets Talk

25

Robbie Burns Day

**Happy birthday Sending you smiles
for every moment of your special
day from all your neighbours at
Maynard**

TO THE FOLLOWING RESIDENTS:
Hector Cabrera - January, 2 nd
Jose Terceira - January, 2 nd
Berril Moore -January, 4th
Wilda Lam - January, 5th
Oliver Morgan - January ,11 th
Gerda Mueller- January, 13nd
Abel Andrade - January, 15th
Olga Estrela - January, 22 nd

My full names are Mildred Kunusia,

I worked in Maynard nursing home since 2016 as a full-time laundry aid which I really enjoyed. Currently am in university doing bachelors in busi-ness administration it’s a pathway to accounting which my goal.

It’s a four-year program I have finished 3 years now. I joined Leadership team as am Administration Assis-tant in November.

My responsibilities include updating schedule ,sick calls, time off request, documenting and filling, My hours are 9am to 5pm.

Festa Dos Reis Magos

6 de Janeiro

I

Os magos disseram um dia
A Heróis Rei traidor
Nasceu da virgem Maria
O nosso Rei Salvador

II

Os magos dando a notícia
Aquele homem de má fé
E ele com a sua malícia
Perguntou isto o que é

III

Mais uma coisa a dizer
Alguma verdade acrescentar
Aquele homem queria ser
O Rei daquele lugar

IV

Mais of Mago lhe respondeu
E disse-lhe com ardor
O Deus menino nasceu
O nosso Rei Salvador

V

Então heróis já zangado
Disse que também ver queria
Aquele menino amado
Nascido da virgem Maria

VI

Mas o Mago lhe dizia
Com palavras de ardor
Não sabia onde havia
Ter nascido o Salvador

VII

E os Magos a pensar
Dizerem consigo indo então
Quer o menino matar
Deixámos este homem da mão

VIII

E já um pouco afastando
Daquele lugar indecente
E eis que forem guiados
Pela estrela do oriente

IX

A estrela os guiou
Pelo caminho da luz
E assim os colocou
No lugar onde estava Jesus

X

Chegando os Magos ao lugar
Jesus lá estava com o São José e Maria
Puserem-se a escutar
O anjo e assim dizia

XI

Glória a Deus nas alturas
E paz de boa vontade
A todas as criaturas
A toda a humanidade

XII

Nesse momento aconteceu
O Anjo acrescentar
O Deus menino nasceu
O Deus que nos vem salvar

By Joao Engenheiro.
Resident.