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The Village at St. Clair

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www.schlegelvillages.com



*“Canada is a Great Country,
One of the Hopes of the World!”*

Jack Layton

Welcome to July and Happy Canada Day!

We have lots on the go this month.
Come and Celebrate Canada Day with us on
July 1st! 11–1 we will be having a family
BBQ with entertainment by our own Joe
Graham and Mark Crampsie!

The Entertainment schedule is full for the
month, so look for your favorite
entertainer on Saturdays.

Your Recreation team members will be
distributing calendars, so be sure to check
out all of the great programs that will be
happening in YOUR Neighbourhood!



CANADA DAY FUN FACTS

CANADA DAY IS ESSENTIALLY OUR INDEPENDENCE DAY.
CANADA DAY WAS ORIGINALLY CALLED DOMINION DAY AND
OFFICIALLY BECAME A STAT HOLIDAY IN 1897.

IT WAS RE-NAMED IN 1982 TO CANADA DAY.

*A RECENT STUDY FOUND THAT 86 PERCENT OF CANADIANS BELIEVE
WE LIVE IN THE BEST COUNTRY IN THE WORLD.*

WE HAVE 10 PROVINCES AND 3 TERRITORIES SPANNING ACROSS
THE SECOND LARGEST COUNTRY ON EARTH.

*ON THE JULY 1 WEEKEND, CANADIANS DRINK
1.2 MILLION LITRES OF BEER.*

CANADA AND THE US HAVE THE LONGEST UNDEFENDED BORDER IN
THE WORLD. IF THAT DOESN'T MAKE US GOOD NEIGHBOURS TO
EACH OTHER I DON'T KNOW WHAT DOES.

*WE ALSO CELEBRATE OUR INDIVIDUAL INDEPENDENCE DURING
THE FIRST WEEKEND OF JULY TOGETHER.*

CANADA'S NATIONAL SYMBOL IS THE MIGHTY BEAVER. YES, THE
ANIMAL WE LOVE IS THE BEAVER. IT'S VERY CANADIAN.

*DID YOU KNOW THAT CANADA HAS THE LONGEST COASTLINE IN THE
WORLD AT 151,600 MILES? SCRATCH THAT CANADA IS ON THE
METRIC SYSTEM, OUR COASTLINE IS ACTUALLY 243,976 KM*



DAN ACKROYD – FAMOUS CANADIAN
COMEDIAN WAS BORN ON CANADA DAY
*CANADA HAS MORE FRESHWATER LAKES
THAN ANY OTHER COUNTRY IN
THE WORLD,*

AND THERE YOU HAVE IT!

The Volunteer Vibe



Wow, believe it or not we are halfway through 2024. The hot and sticky days are upon us.

In the past couple of months, we have had some great volunteers here at the Village. They continue to build those special relationships with our neighbours. If it is just a walk to the pond at St. Clair Campus or sitting and talking to them, the neighbours love when they come in. I have always thought of the volunteers as the heart of any Village. In some cases, if it was not for our dedicated volunteers, some the village events and programming just could not happen. That is the main reason we like to spotlight them in the newsletter. From laundry to recreation our volunteers take time out of their day to support us, and to make a difference in one or more of neighbour's lives. But what about the other team members who make this Village run? The team members that work doubles to make sure that our neighbours are taken care of. The team members who take on added responsibility to make a difference. This month we are going to shift gears and highlight one of our most trusted and respected PSWs. Steve Legault is one of those many PSW's. After working long hours in the kitchen Steve knew he needed a change. His passion has always been for helping people. While sitting on a park bench a pamphlet for Everest College blew in the wind. After a tour of the college Steve decided to take the PSW course.

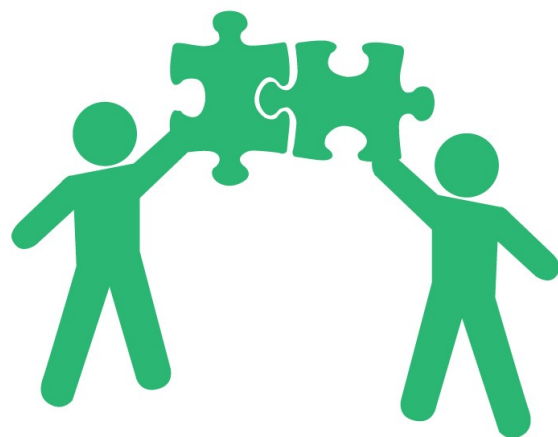


Steve has been working in the Village for ten years now. With his time here he has been involved in many programs such as the ElderWisdom Green Bench and PERT, and assisting with lots of fun programming.

One of Steve's favorite things to do is to mentor. Steve is one of the first PSWs to take on a student if asked. His reasoning for mentoring young students is to inspire the students to love the job and the residents as much as he does. Right now, Steve is mentoring one of our finest volunteers. Elizabeth came to us from Nigeria. She is one of the newest volunteers for having started with us in February. Her passion for helping others lights up the room as big as her smile. That is one of the reasons she is personally asked to volunteer for events big or small. One day Elizabeth hopes to become a PSW, so once a week she gets the

village early and shadows Steve. He shows her his compassion and love for the neighbours.

When you see Steve on main street say hi, and Elizabeth ~ keep reaching for the stars, I know you will make an incredible PSW someday!



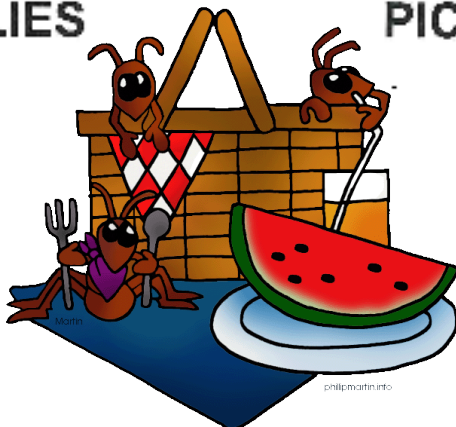
Summer - Word Search

P V G V T G C S G N I H S I F S A
C S S G O N N P R N H O T O R B V
I A E W C I G S N U I S N E A D S
C N O O I P B G E Y G N W S T W U
E D T Z N M M W K I D O E T T S N
C A I G C A M S H R L B Y D P Q T
R L U R I C E I A F A F J R R N A
E S Q K P U B O N L I H I U Q A N
A G S O L I B Q L G L N T N N G G
M V O B C E C U R T K S S X I P S
R T M Y T A D E F L O G E E Y Q P
V A C A T I O N E Z D D S E C Y Y
W L K V C B A R B E C U E N B T O
E S A D C Q S V E N I H S N U S S

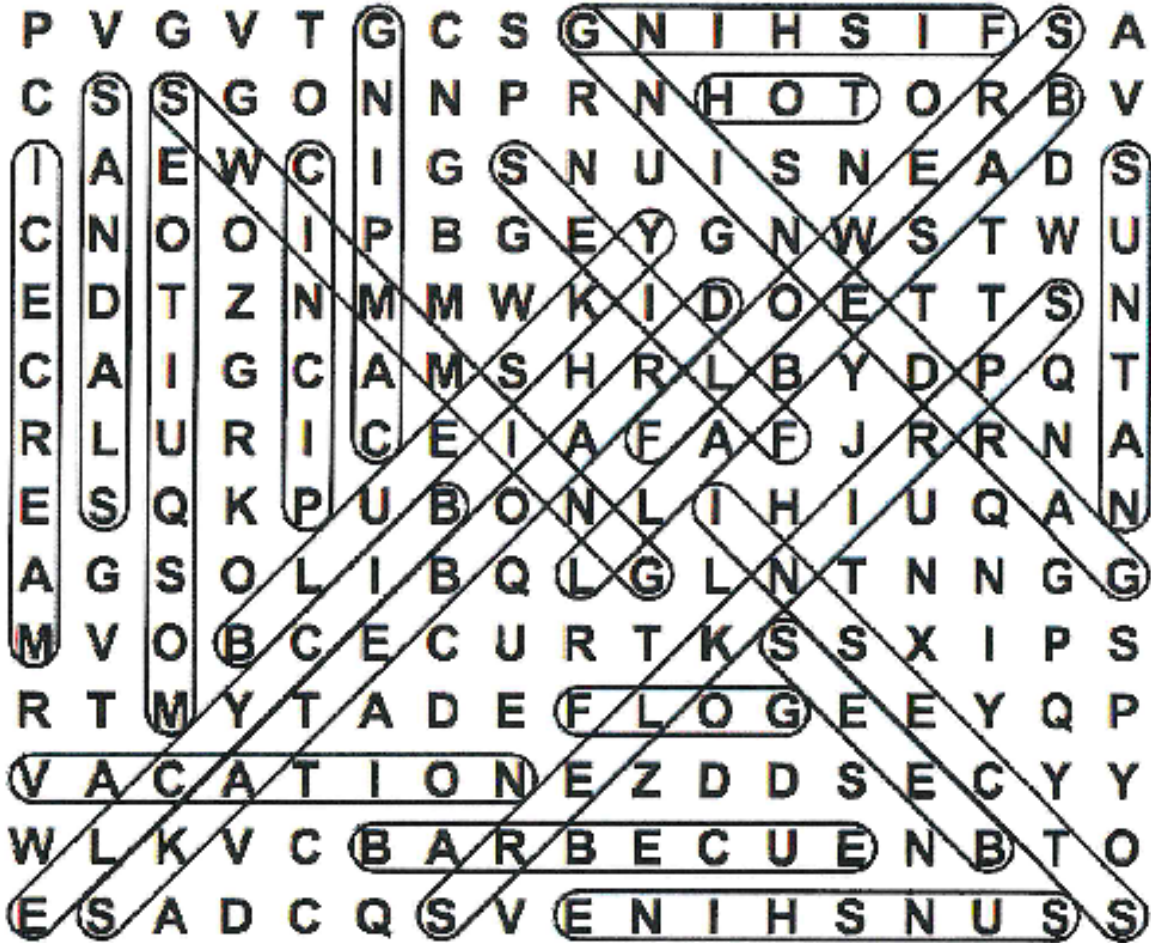
BARBECUE
BASEBALL
BEES
BICYCLE
BLUE SKY
CAMPING
FISHING
FLIES

FLOWERS
GARDENING
GOLF
HOT
ICE CREAM
INSECTS
MOSQUITOES
PICNIC

SANDALS
SKATEBOARD
SPRINKLERS
SUNSHINE
SUNTAN
SWIMMING
VACATION



Summer - Solution



BARBECUE
BASEBALL
BEES
BICYCLE
BLUE SKY
CAMPING
FISHING
FLIES



FLOWERS
GARDENING
GOLF
HOT
ICE CREAM
INSECTS
MOSQUITOES
PICNIC



SANDALS
SKATEBOARD
SPRINKLERS
SUNSHINE
SUNTAN
SWIMMING
VACATION





What's Growing On?

With Karyn O'Neil

~ Horticulture Therapist ~

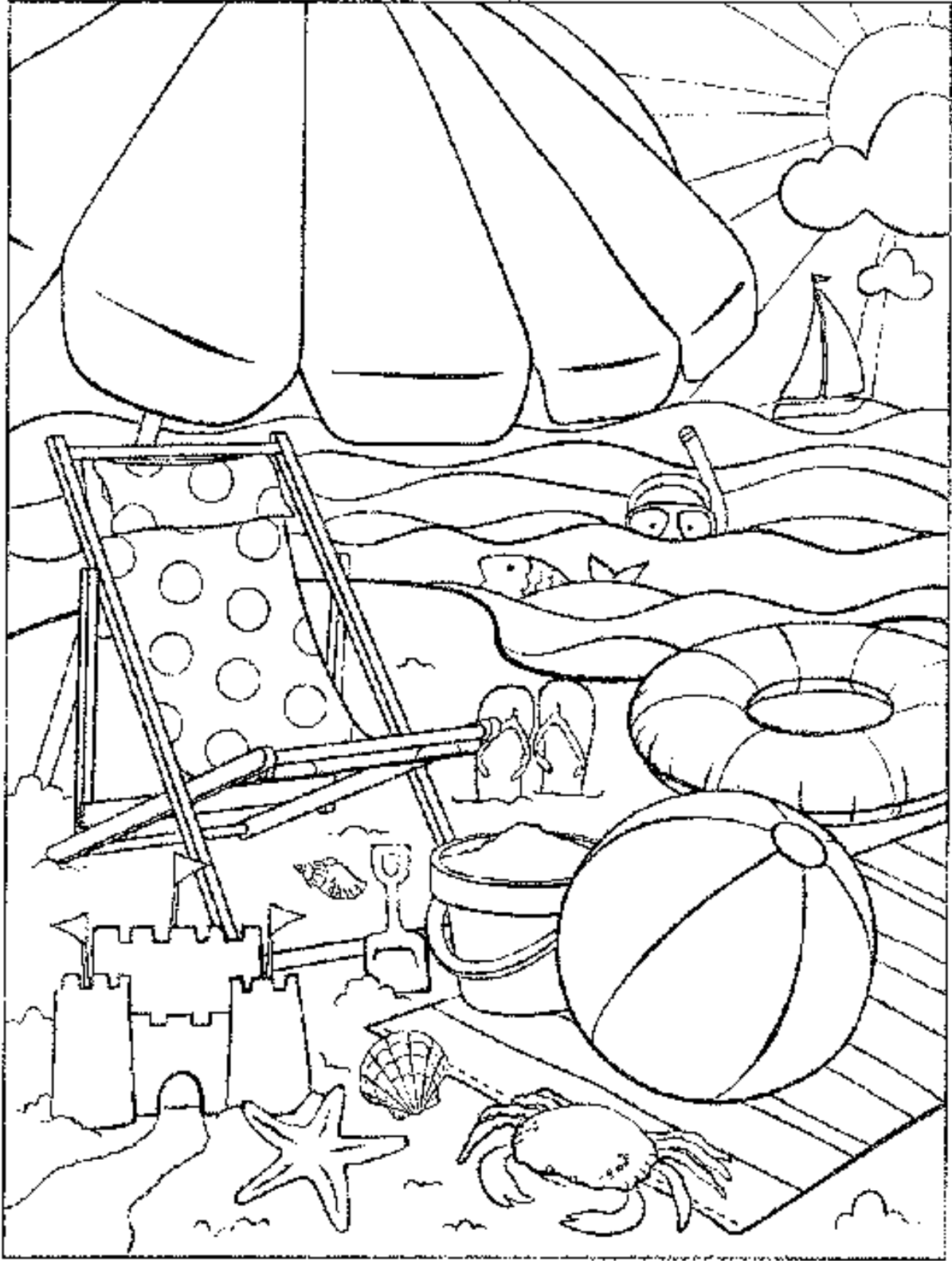
Join us in the Greenhouse on
Tuesdays at 6pm for Horticulture Club!

Crochet Club is on Thursday
afternoons in the Library.

Horticulture Club Farmer's Market
Purchase fresh produce on Wednesdays
from 12-2 in the Community Center

~ All are Welcome ~





Colour Me Beautiful!

Signs and symptoms of heat illness



Heat exhaustion

If you or someone you are with experience any of these symptoms, immediately move to a cool place and drink fluids; water is best. Alert a registered team member as soon as possible.



Skin rash



Muscle cramps



Dizziness or fainting



Nausea or vomiting



Heavy sweating



Headache



Rapid breathing and heartbeat



Extreme thirst



Dark urine and decreased urination

Heat stroke



High body temperature



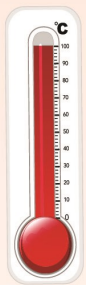
Confusion and lack of coordination



Dizziness or fainting



No sweating, but very hot, red skin



Heat stroke is a medical emergency – immediately report to a registered team member or call 911 if away from the Village. While waiting for help-cool the person right away by:

- Moving them to a cool place, if you can;
- Remove excess clothing (layers);
- Applying cold water to large areas of the skin; and
- Fanning the person as much as possible.





Overview:

This 4 day project involves the replacement of carpet with vinyl flooring in the corridors of the Colchester Neighbourhood. The goal of this project is to reduce difficult odours and improve infection control.

General Safety Measures:

Kristin Frye, our Director of Environment will be monitoring safety during the project. She will work closely with the team to ensure all safety issues are addressed. Questions? Kristin's extension is x 8006.

Additional Information:

This project is scheduled to begin at the end of July and will take place predominantly in the evening so as to minimize the interruption to everyday Neighbourhood Life. Construction in the corridors may restrict persons for short periods of time. Working with the construction team, the Leadership team will huddle with the Neighbourhood team and inform Neighbours when adjustments to the normal routine need to be made and what the will be.

Please Note: All normal life safety equipment within the Village (Call Bells, Fire Panel, Pull Stations) will continue to operate without interruption.

VILLAGE AT ST. CLAIR DIRECTORY ~ Main Line ~ 519-960-1050

Neighbourhood Coordinators

Noel Erum	Neighbourhood Coordinator Gosfield & Kingsville	x 8020
Jeff Studman	Neighbourhood Coordinator Amherstburg & Colchester	x 8038
Stacey McDonald Price	Neighbourhood Coordinator Essex & Harrow	x 8032
Mark Mitchell	Neighbourhood Coordinator Talbot & Oldcastle	x 8026

Ancillary Support

Lindsay Belanger	Resident Support Coordinator	x8009
Elise Chambers	Spiritual Care Coordinator	x 8052
Tammy Zimmerman	Volunteer and Student Coordinator	x 8016
Jacqueline Reinhardt	Dietician	x 8014
Kari Lappan	Administrative Coordinator	x 8002

Directors

Kristin Frye	Director of Environmental Services	x 8006
Hannah Renaud	Director of Recreation Services	x 8007
Candace Bennett	Director of Quality and Innovation	x 8013
Janelle Way	Director of Program for Active Living	x 8008
Jamie Melton	Director of Food Services	x 8004
Kelsey Derbowka	Asst. Director of Food Services	x 8004
Dana Houle	General Manager	x 8003

~ VILLAGE AT ST. CLAIR CLINICAL DIRECTORY ~

Clinical Team

Assistant Directors of Nursing

Cherie Drouillard	Essex & Harrow	x 8069
Milijana Radic	Gosfield & Kingsville	x 8068
Danielle Harris	Oldcastle & Talbot	x 8067
MaRhoda Dhaz	Amherstburg & Colchester	x 8010
Marilayna Amato	Interim Infection Control Lead	x 8042

RAI / QI Team

Roderick Balinio	Oldcastle, Harrow	x 8035
Jamie Santillan	Gosfield, Kingsville, Essex	x 8041
Jodie Lee	Amherstburg, Colchester, Talbot	x 8029

Nurse Practitioner

Sukhvir Locham		x 8133
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Director of Nursing Care

Stephanie June		x 8005
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