



Our Mission is to provide holistic health care in a home environment located within an internal neighbourhood design that promotes a caring community, with emphasis on optimal health and life purpose.

The Village Chronicle

SEPTEMBER 2024

905-666-3156

LTC: 3800 Brock Street North

Retirement: 3790 Brock Street North

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Anne B Competed on the Parallel Bars at the East Schlegel Olympics on August 1st, here at the Village. She did Amazing and placed 2nd, taking home the Silver medal.

Birthdays

If you would prefer not to have your birthday displayed in the newsletter or village, please let Recreation know at: extension 8013

Retirement Birthdays

September 1st - Ann B.

September 1st - Florence C.

September 2nd - Herta W.

September 2nd - Mary V.

September 2nd - Barbara L.

September 3rd - Eva P.

September 3rd - Cathy M.

September 4th - Grace H.

September 5th - Letitia V.

September 6th - Albert S.

September 7th - Patricia M.

September 8th - Barbara C.

September 8th - Anne B.

September 8th - Bernice F.

September 10th - Ruby A.

September 10th - Emma C.

September 13th - Frank V.

September 14th - Michael H.

September 17th - Kate M.

September 17th - Joyce S.

September 18th - Joyce I.

September 19th - Brian C.

September 20th - Jolan T.

September 20th - Shriley F.

September 23rd - Jean M.

September 23rd - Alice H.

September 24th - Noel L.

September 25th - Angela S.

September 26th - Lloyd M.

September 26th - Helen S.

September 27th - Kirsten S.

September 29th - Maria P.

September 29th - Winnifred

W.

Long Term Care Birthdays

September 8th - Joyce W.

September 8th - Chester J.

September 12th - Joyce F.

September 16th - Gerry M.

September 16th - Sonia J.

September 21st - Ben C.

September 21st - Dwayne B.

September 23rd - Marlene B.

September 23rd - Theresa W.

September 26th - Patrick N.

September 26th - Mary B.

September 26th - Linda M.

September 29th - Dianne W.



VOLUNTEER CORNER

With Lisa Jackson – Volunteer Coordinator

We  our
volunteers

VOLUNTEER In the Spotlight

Terri Walton

When we are in need of a caring, outstanding volunteer, we call on Terri. She is always willing to lead a hand when available. She provides companionship and those whom she visits considers themselves lucky to have a kind hearted person spend time with them. Thank you, Terri, for always being there when we are in need of a volunteer. You truly are a gem and we are all lucky to have you as a volunteer.

Thank you to all volunteers for your commitment to Taunton Mills. You all truly make a difference in the lives of those at Taunton Mills!

Looking to get involved in the village? Volunteer with us!

If you are interested in becoming a Resident Volunteer, please speak with one of the Recreation Team Members to find out how you can help out. We would love to have you involved, making the Village of Taunton Mills a community of belonging.

Volunteer Opportunities

- Assisting LTC Rec with Church Service
– taking residents back to neighbourhoods
- General Store (Retirement)
- Mail delivery
- Decorating
- Companionship
- Assisting in LTC dining room during
breakfast (8am)

Heartfelt 
THANKS
TO OUR VOLUNTEERS!



Schlegel Villages'
volunteers

Chapel News & EVENTS

UPCOMING Chapel Events

September 21st—29th

Mabon

September 15th

Mawlid al-Nabi

In Memory



We remember...

Marion H.

Brian L.

Ronald M.

Edith B.

Chuck S.

“Let your faith be
bigger than your fears.”

Next Celebration of Life:

September 25th @

2:30pm

Town Hall

Poem of the Month
Written by: Patricia Bayley



USURPED

I'm sitting here upon the shelf.
I'm hating being by myself .
I'll tell you why I'm here as well,
because, an unknown person made it hell
to sit where once I did belong
with books of similar types and genre.
I hate the coffee stain on several lines,
hate my margins scribbled to heck.
There's something I don't talk about that's
hanging damply down my spine
suggesting that the fault is mine.
Across my back there is a pool,
I'm wet, thanks to an inconsiderate fool.
I think he dropped me in the bath,
now see the blotchy aftermath.
I'm so ashamed. I'm sitting here
alone and desolate I fear.
Will any body borrow me with pages wrinkled ,
dry and wavy
page fifty six with spots of gravy?
I wouldn't care dear friend you know,
I'm sorry that I share my woe.
I haven't any place to go.
My home on the shelf has been relet.
An author newly met with fame
has come and has replaced my name.
I'm humbled, yes, but will survive,
intention quickly to revive.
In thrift shops I'll endure . In time
an unsuspecting fan may think me better than I am. Find in me a story worthy ,

Poetry Appreciation Group ALL WELCOME

The poetry appreciation group is the first Monday of the month at 11am.

Participants are invited to bring a copy of their choice of poem. It can be read aloud by them or a person of their choice for the enjoyment of attendees.

The facilitator of the group will be Patricia Bayley, resident, who will also read some of the poetry she selects.

Classic Poems, Modern Poems, Serious and Funny, and so much more!

You are most welcome to attend and share your favourite poems.

A Message from Food Services

Marie Sawatzky *Food Service Manager*

EXT. 8004



Do you like Dates? The fruit kind of course!

Dates are a very sweet, and tasty dried **fruit** that are packed full of fiber, antioxidants, and other nutrients. Consuming dates is good for your digestive health, keeping your heart healthy and may assist in preventing disease. Dates are oval in shape and grow in clusters on the date palm tree (*Phoenix dactylifera*). One date palm can produce between 400 and 600 kg of date every year. There are many types of palm trees but not all palms grow dates. Containing 61–68 percent sugar by mass when dried, dates are very sweet and are enjoyed as desserts on their own or within confections.

DATE SQUARES

INGREDIENTS

- 1 ½ cups rolled oats
- 1 ½ cups sifted pastry flour
- 1 ⅓ cups packed brown sugar, divided
- ¾ teaspoon baking soda
- ¼ teaspoon salt
- ¾ cup butter, softened
- ¾ pound pitted dates, diced
- 1 cup water
- 1 teaspoon lemon juice

DIRECTIONS

1. Preheat the oven to 350 degrees F (175 degrees C).
2. Combine oats, pastry flour, 1 cup brown sugar, baking soda, and salt in a large bowl. Mix in butter until crumbly. Press half of the mixture into the bottom of a 9-inch square baking pan.
3. Combine dates, water, and remaining 1/3 cup brown sugar in a small saucepan over medium heat. Bring to a boil, and cook until thickened. Stir in lemon juice, and remove from heat. Spread the filling over the base, and spread the remaining crumb mixture on top.
4. Bake in the preheated oven until the top is lightly toasted, 20 to 25 minutes. Cool before cutting into 12 squares.



Fun Fact—Did you know, the pits of the date are used in making cosmetic products, body cream and soap?



SCHLEGEL VILLAGES OLYMPIC COMPETITION

**SOCCER - GOLD
MIKE HAWRYLOW
+ LOUIS MARZOLA
26 GOALS**



**SHOOTING - GOLD
LOUIS CITRON**

**CANOE SLALOM - GOLD
PETER SHEPHERD
15 SECONDS**



**PARALLEL BARS - SILVER
ANNA BRUSSELMERS**

**NUSTEP - SILVER
CHUCK GUEST
291 STEPS**



Village Life *Last Month in Photos*



Connect with Taunton Mills

Facebook @TheVillageOfTauntonMills

Instagram @taunton_mills

Twitter @Taunton_Mills



RESEARCH MATTERS

RIA FEATURE

A guide to embracing art as an older adult

Studies have shown that the arts can enhance a person's physical, mental, emotional, social and spiritual life. Participating in activities like gardening or being a part of a book club can bring people together, encourage personal growth, and create fond memories!

What counts as an arts-based activity?

There's no one answer when it comes to this question. Some people think the arts are limited to things like dancing and painting, but you can also be creative by doing things like baking or even fixing up a broken clock. Everyone has their own ways of being creative and there's no limit to how you can enjoy the arts and its benefits.

How can I start taking part in arts-based activities?

Many people are afraid that they aren't very artistic – they may have been told from an early age that they shouldn't dance because they have two left feet. It's important to let go of these thoughts and try something new, you might be surprised by how much fun you have!

Not feeling particularly creative one day but still want to do something arts-based? You can simply observe! Just attending a play, watching a performance or listening to your favorite song will be good for your mood and health.



There are lots of ways you can express your creativity! Here are just some ideas:

- Reading
- Painting
- Drawing or sketching
- Writing
- Playing an instrument or singing
- Acting
- Knitting
- Sewing or quilting
- Dancing

What is Arts and Aging Day Canada?

Arts and Aging Day Canada happens every year on September 24. From virtual events you can join from your home to admiring others' creations on social media, this day is all about expressing creativity and sharing the impact the arts have made on the lives of older adults.

Visit the Arts and Aging Day Canada web page to learn how you can participate: the-ria.ca/events/arts-and-aging-day

WELCOME STUDENTS

As the cool nights of August lead us into September, we are reminded of the hopeful days of the beginning of a new school year. It is a constant among generations that nearly everyone has experienced in life, the excitement and nervousness of new classes, teachers and classmates; within our Villages, those feelings are something we relate to, for we are part of so many students' lives.

We offer a warm welcome to all of the many students who will be part of our communities this fall. They come from

The students who come to learn and grow alongside our team members are an important part of Village Life, and we're always thankful that they choose us!

high schools as volunteers or on co-op placements, and from colleges and universities through hands-on placement opportunities in practically all aspects of Village Life. In several of our Villages, they are also part of our Living Classrooms, brought to us in partnership with different Ontario Colleges, like Mohawk, Conestoga or Sheridan. These future healthcare professionals all have the potential to help us transform the healthcare system, and we hope many will stay and grow with us.



Schlegel Villages – CONNECTIONS



National Day for Truth and Reconciliation

The First Nations, Inuit, and Métis peoples shared their knowledge and wisdom with the first settlers in Canada, guiding them through an unfamiliar land. Over time, this relationship deteriorated as greed and dogma drove the expansion westward, disregarding the deep-rooted wisdom of Indigenous peoples.

In the 19th and 20th centuries, this relationship reached its darkest point, with government- and church-sanctioned efforts to suppress and erase Indigenous cultures. On Sept. 30, we join millions across Canada in recognizing this painful history as we observe the National Day for Truth and Reconciliation. We wear orange in memory of Phyllis Jack Webstad,

whose orange shirt was taken away on her first day at residential school, symbolizing the broader injustices faced by First Nations children, families and communities.

At Schlegel Villages, our doors remain open as we come together in the spirit of learning and reflection, recognizing always have more to do. We honor diversity and encourage everyone to learn from the past, engage in meaningful conversations, and reflect on the strength and resilience of Indigenous peoples. Together, we remember, and together, we move forward toward a more equitable future for all.



SEPTEMBER 24

Schlegel Villages – CONNECTIONS



September 8

Grandparents Day

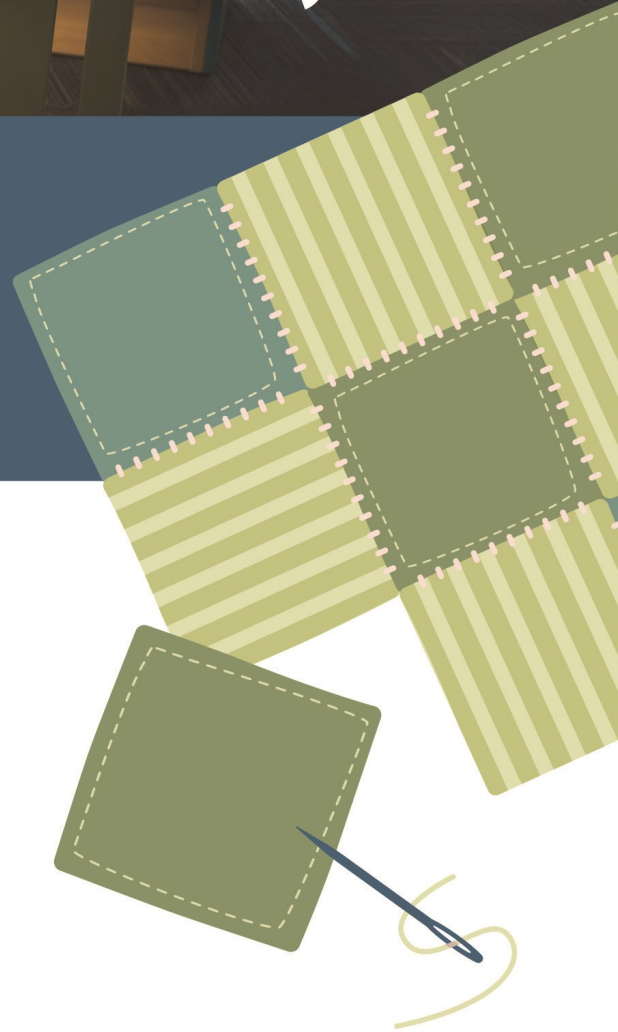
The **GRANDEST** **GRANDPARENT** *Legacy quilt project*

This year, Schlegel Villages is excited to celebrate Grandparents Day in a unique and heartfelt way! We invite all grandchildren to participate in our **Grandest Grandparent Legacy Quilt Project** by creating a personalized quilt square that showcases why their grandparent is the grandest.

Starting **August 15th**, we will provide 6x6 square materials at all our Villages and online for order. Grandchildren are encouraged to decorate their squares, leaving a 1/4 inch border on each side, and then send them back or drop them off at a Village. Along with their creative quilt square, participants should also submit a written piece explaining why their grandparent holds a special place in their hearts.

To make this project even more special, some of our Villages will host Grandparents Day programs on the second Sunday of September, where grandchildren and grandparents can come together to work on their quilt squares. This is a wonderful opportunity to bond, share stories, and create lasting memories.

Continued on next page



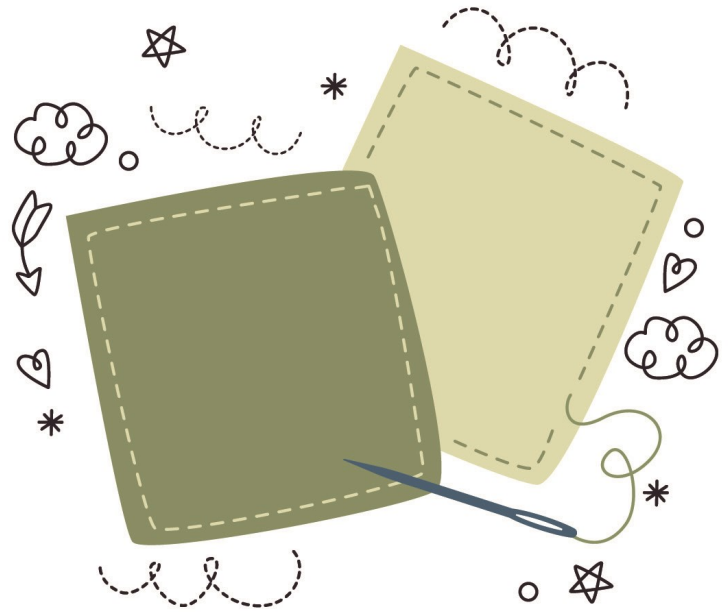
Schlegel Villages – CONNECTIONS

Once all the quilt squares are **collected by October 31st**, our team will connect them into a beautiful collective quilt. We will collaborate with skilled quilters to finish the quilt, which will then be proudly displayed at Schlegel Villages.

Each quilt square and accompanying story will be turned into a digital display for our SVTVs and social media platforms. Additionally, our online digital quilt will allow you to click on an image to see the story behind it, preserving these precious memories in a digital format for all to see.

Join us in this touching tribute to our beloved grandparents. For more information on how to participate, please visit our website or contact your local Village.

Let's celebrate their legacy by creating a quilt filled with love, stories, and creativity!



**WILFRED
SCHLEGEL**

Monday, August 5

Day

Wilfred Schlegel Day marks a month of giving back to the community through a variety of initiatives, no matter how large or small.

Every year on the first Monday of August, Schlegel Villages honours Wilfred Schlegel for the way he inspired his son and grandsons to strive every day towards the betterment of their community and for how his legacy inspires us all.

Advertisements



#ElderWisdom
Stories from the
GREEN BENCH
Podcast

Your seat on the green
bench is ready and waiting.

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Subscribe on
Spotify Podcasts

ElderWisdom.ca

Taunton Mills General Store Manager

Duties would include:

Managing General Store Volunteers with help
of Volunteer Coordinator

****The general store is only open if a volunteer
is
present****

If interested in learning more, please contact
Lisa Jackson – Volunteer Coordinator at 5111
or
Nicole Lock – Director of Recreation at 6848

We're
Searching for
Volunteers



innovation summit

spark ideas. ignite change.

October 29-30

DoubleTree by Hilton
30 Fairway Road South, Kitchener

Schlegel Villages and the Research Institute for Aging (RIA) are excited to be hosting our 9th annual Innovation Summit!

This two-day event is an opportunity to learn and celebrate our collective passion for innovation, continuous improvement and research.

Team members, residents and family are welcome to attend this event! If you are interested in attending, speak with your General Manager or Assistant General Manager at your Village as there is a limit to the number of attendees from each Village.

Sessions will include:

- Villages sharing creative solutions and innovations
- Researchers discussing current and future projects
- Innovators demonstrating technologies that have the potential to improve Village Life
- Updates on projects presented at previous Innovation Summits

**We look forward to
seeing you there!**

CUP HOLDER FOR WALKERS

Don't Miss Out!

Interested in
purchasing a
walker cup
holder?



Please sign up and pay at
the village office.

If you have any questions,
please contact Frits Jansen
at 905-666-4942

1. Order will go out on the 15th of the month
2. \$22.50 tax included (not for profit)
3. Installation is included if required
4. Product fits well on most walker types and is suitable for holding cups and water bottles to avoid spillage and free up your hands!

Note: Even if
you don't pur-
chase a Yeti
 Rambler,
please use the
Ceramic Mugs
in the Café to
help us.....

Stop
Wasting
Paper Cups

*****NEW*****

10oz Insulated Yeti Stainless Steel Rambler

\$25 plus tax (\$28.50)

Please contact

Frits Jansen for more information.

905-666-4942

For the last few years, there has been a team here at Taunton Mills working to deliver Gifts to First Nations Schools in North Spirit Lake.

The Village Committee is Dennis, Rosemary, Lee, Nicole (Steph) and Irene and including their 2024 shipment, they in collaboration with contacts up North, they have reached **1000 kids** with their backpacks of Joy.

What we are looking for is:

#4 Wool that the Knitting Club uses to make all the Warm Hats, Mitts and Scarves. (Can't be thin wool)

Please Drop off any donations to The Village to Steph Hamilton, Director of Recreation.
If you have any questions, don't hesitate to reach out to Steph at 905-666-3156 Ext. 6848 or Steph.Hamilton@SchlegelVillages.Com



Thank you In Advance for Donating to Our Special Project!





GENERAL STORE

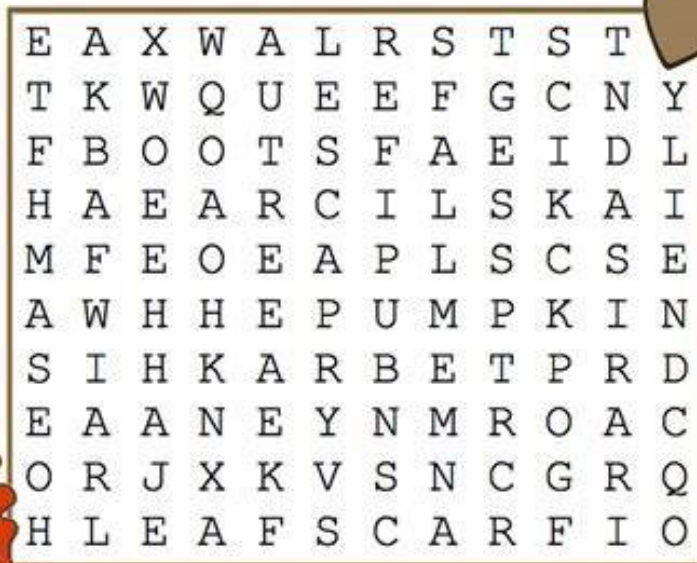
Come check out the General Store as we have a variety of great items. We really have something for everyone, so stop by and say hello!

We are keen to find Residents who would volunteer to shop for the store.

If interested please contact
Steph Hamilton 6848

Autumn

WORD SEARCH



"The flower that blooms in adversity is the most rare and beautiful of all." –
Mulan

MONTHLY RIDDLE

I can be crunchy or soft,
in desserts, I'm key,
In technology, though, an
icon I be. What am I?

Last Month Riddle Answer

I'm sour and sweet,
with ice a treat; sipped
in the shade, I can't be
beat. What am I?

Answer:

Lemonade



SCARF	APPLE	BOOTS
TREE	FALL	RAKE
ACORN	PUMPKIN	PIE
HAY	SWEATER	LEAF

Taunton Mills Team Directory

STAFF	EXT	STAFF	EXT
Charge Nurse LTC Perry	5005	Charge Nurses – North Tower Retirement – South Tower	5905 5100
Dan Kennedy Asst General Mgr - LTC	8008	Noëlla Black (Senior) General Manager	8003
Sonia Toohey Director of Care	8005	Emily Vasey Asst General Mgr - RET	8009
Ingrid Smithen, Andrew Velasco & Mellisa Burley Asst Director of Care/ Assistant Director of Care/ Behavioural Supports ON	8060/5110/ 5107	Susanna Lambert Director of Wellness Heather Wagner Wellness Coord -South Mary Grace Hatt Wellness Coord - North	5092 8069 8034
Ava Smith Ellis Resident support Coordinator	5109	Alysha Holland NH Coord- Egerton	8035
Diane MacLean NH Coord. Dryden/ Claremont	8018	Amanda Sturgeon NH. Coord- North Dean Cantwell NC-Becker	8026 5000
Mitch Wolf NH Coord. Perry/Dunlop	8019	Jenn Cain NH Coord. – Emma's	8065
Rob Kennedy Chaplain	8011	Adrienne Brooks NH Coord -South	8062
Christal Leduc RAI MDS	8020	Vergine Tumanyan Office/Team Exp. Coord.	6836
Susan de Leon Administrative Asst LTC	8012	Joan Brown Administrative Asst RET	8001
Allison Sauvé Recreation Supervisor	8007	Judy Collard Admin. Coordinator	8002
Lisa Jackson Volunteer Coordinator	5111	Steph Hamilton Director of Recreation	6848
Zibby Maintenance - LTC	5873	Hobby Room (Art Studio)	8013
Christine Arnold Nurse Practitioner			
Ben McLeod Asst. Director of Environmental Services	8015	Fred Upshaw Dir. Environmental Svcs	8006
Farah Sadiq Fitness Club / Kinesiologist	8016	Russ, Brayden, Lucas & Rodel RH Maintenance	5871
Brenda Giambattista Village Health Ctr / Oksana Foot Clinic	905 665-0155 X8048	Melissa McNally North RH Kinesiologist	8017
RiverStone Spa & Hair Salon	8050	Amelie Larochelle South RH PAL Coordinator	8017
LTC – NEIGHBOURHOODS		Retirement Neighbourhoods	
PERRY (call 5005 during day)	8022/8023	North Tower 1 st Floor Nursing Station Williamsburg Med Cert / PCA Egerton Med Cert / PCA	8036 / 8037 5865 / 5864 8040 / 5857
DRYDEN	8025	South Tower Williamsburg Emma's PCA Emma's Med Cert	5002 / 5003 5102-5103-5104 5105 / 5106
CLAREMONT	8028/8029		
DUNLOP	8031/8032	Laundry	8052
FOOD SERVICES		Marketing Dept.	
Marie Sawatzky Food Services Manager	8004	Rosemary Coolen, Crystal Saunders & Sharon Port Director of Lifestyle Options - Marketing	8043
Lee Stewart Director of Hospitality Alister Dining Room Supervisor	8014 5112	Amy Haines Village Experience Coordinator	8058
Wine Bar – Fire Side Lounge Café 1st Floor Retirement	8039 8044		
RUBY'S Bar Direct line to RUBY'S Restaurant	8067 905 665- 2072	Laundry	8052
General Store-RH	8055	Demonstration Kitchen	8069
		School House	8071