



THE ST. CLAIR SUN

NOVEMBER 2024

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The Village at St. Clair

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View Calendars at:

www.schlegelvillages.com



*They shall grow not old, as we who are left
grow old: Age shall not weary them, nor the
years condemn. At the going down of the
sun, and in the morning,
We will remember them.”*

Welcome to November Everyone!

As 2024 starts to come to an end, we give
thanks for Veterans of all wars on
Remembrance Day, Nov 11th. We will
honour our veterans at 11 am with the Last
Post and Reveille, a moment of silence and
a reading of “In Flanders Fields.”

It's hard to believe that we are in the 11th
month of the year and that Christmas will be
upon us in 8 short weeks! Join us for our
Holiday Market on Nov 27th
and enjoy the rest of the
programming that we have
planned for November, it will
be gone in a flash!



Schlegel Villages – CONNECTIONS

Why we wear the poppy

After losing a friend in the 1915 Battle of Ypres along the Western Front of the First World War, a humble doctor was inspired by the loss of a friend and the red poppies that managed to grow throughout the desiccated battlefield.

Lt. Col. John McCrae would use that inspiration to write *In Flanders Fields*, the most iconic poem in the English language to honour the sacrifice of countless soldiers in the ongoing effort to preserve freedom. We hear the solemn beginning words each year:

*“In Flanders Fields the poppies blow,
between the crosses, row on row ...”*

and we are transported to a terrible dark period that now only lives in history books and the memories passed down through generations.

The red poppy Canadians wear upon their lapels from the last Friday in October until we mark the end of that terrible war on November 11th symbolizes our commitment to always remember those who served, not only in that war but in those that followed and the times of peace we cherish.

The Royal Canadian Legion raises approximately \$20 million across the country each year through the annual Poppy Campaign. These funds directly support veterans and their families at a local level and help each Legion Branch ensure the words **“Lest We Forget”** carry the weight of remembrance always.

We wear the poppy with pride and gratitude, honouring those who give of themselves for the benefit of all.

*Our
freedom.
Their
sacrifice.*



November 11
Lest we forget

NUMEROUS NOVEMBER FACTS

November is the eleventh month of the year in the Gregorian Calendar and one of four Gregorian months with the length of 30 days.

1512 – Michelangelo's paintings on the ceiling of the Sistine Chapel in the Vatican, Italy were first exhibited.

He started the work in 1508.



November begins on the same day of the week as March every year and also February except in leap years.



1834 – First published reference to poker (as a Mississippi riverboat game) Originally 20 cards were used, and the 52 card deck appeared before 1850.

November Gemstone: Topaz

1936 – The Canadian Broadcasting Corporation (CBC) was established.



November Flower: Chrysanthemum

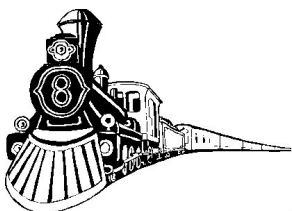
2000 – The first crew arrived at the International Space Station. The assembly of the IISS began in November 1998.

November Zodiac Sign: Scorpio and Sagittarius



1947 – Howard Hughes piloted his huge wooden airplane, the Spruce Goose on its only flight, which lasted about a minute, over Long Beach Harbor in California.

1956 – The Wizard of Oz was shown on television for the first time, on CBS. Although a moderate success when released theatrically in 1939, it is now recognized as the most-watched film in television history.



1885 -The Canadian Pacific Railway, connecting the Atlantic and Pacific coasts, was completed.

Farm 1 - Word Search

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|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| N | O | N | G | R | A | I | N | Y | N | E | S | U | O | H | N | S |
| P | V | W | Y | A | H | Y | K | Z | A | V | R | Y | P | A | G | W |
| B | K | O | Z | K | C | H | I | C | K | E | N | S | M | G | E | B |
| T | J | R | W | S | K | W | X | R | K | K | Q | H | E | A | R | U |
| F | R | R | P | O | R | X | F | F | L | Q | V | X | T | Y | R | T |
| A | P | A | I | F | B | A | R | N | I | V | L | H | U | E | T | T |
| R | H | H | C | X | C | B | U | W | M | U | E | L | Z | M | X | E |
| M | Y | T | S | T | E | C | U | D | O | R | P | I | E | T | N | R |
| E | I | C | A | Y | O | U | Y | O | V | C | L | P | G | W | L | S |
| R | L | F | R | C | E | R | U | A | L | I | L | Q | E | L | R | S |
| C | N | H | N | E | I | K | N | K | T | O | K | E | Q | V | E | O |
| E | Y | P | O | A | A | E | R | R | W | C | D | P | L | Y | L | W |
| D | M | K | D | G | E | M | E | U | Y | S | S | T | A | X | A | Q |
| G | K | F | V | G | E | F | G | V | T | Y | C | K | P | I | B | U |

BALER
 BARN
 BUTTER
 CAT
 CHICKENS
 CREAM
 DAIRY
 EGGS

FERTILIZER
 GRAIN
 HARROW
 HAY
 HOUSE
 MILK
 PLOW
 PRODUCE

TRACTOR
 TURKEYS
 WEATHERVANE
 WEEDS
 WELL





What's Growing On?

With Karyn O'Neil

~ Horticulture Therapist ~

Join us in the Greenhouse on
Tuesdays at 6pm for Horticulture Club!

Crochet Club is on Thursday
afternoons in the Library.

Holiday Market ~ Nov. 27th, 2024
2~8 pm on Main St.

~ All are Welcome ~



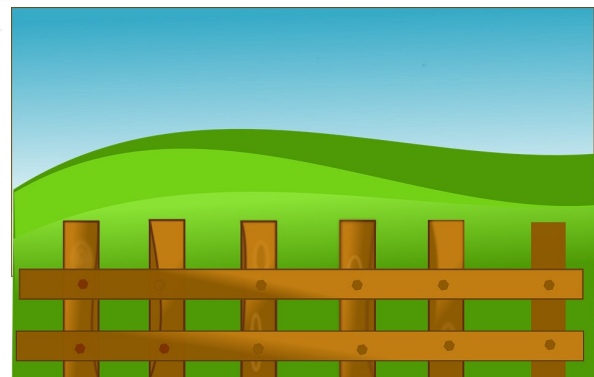
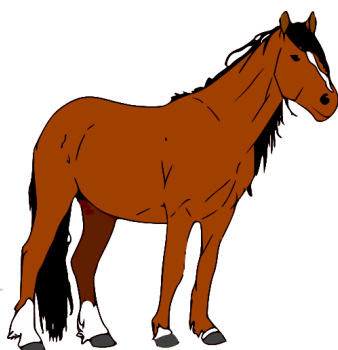
Farm 1 - Solution



BALER
BARN
BUTTER
CAT
CHICKENS
CREAM
DAIRY
EGGS

FERTILIZER
GRAIN
HARROW
HAY
HOUSE
MILK
PLOW
PRODUCE

TRACTOR
TURKEYS
WEATHERVANE
WEEDS
WELL



Schlegel Villages – CONNECTIONS



Success Awards

In early October, leadership team members from across Schlegel Villages gathered in Niagara Falls for the organization's annual Operational Planning retreat. There were residents and family members among the crowd of more than 500 people, and their insights were fantastic, but we were also grateful for the invaluable contributions of the Village Success Award Winners who were also part of the event.

These amazing direct support team members were recognized at the Village level for their commitment to the five key values that define our Connect the Dots customer service credo:

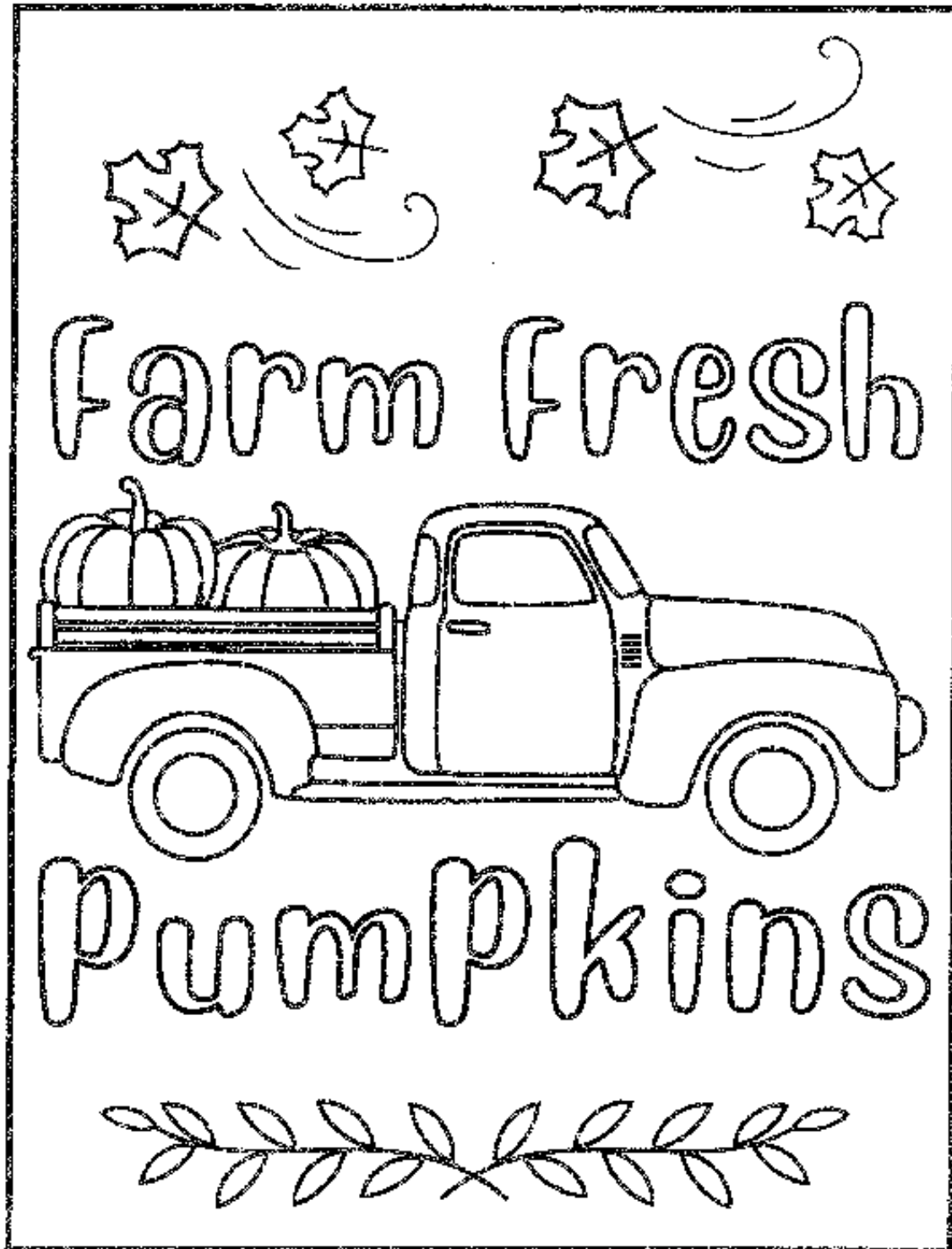
Know Me; Earn Trust; Be Present; Follow Through; and Walk in My Shoes.

The dedication and commitment of these team members and the passion they bring to the Villages every day makes them the ideal experts to contribute to the upcoming operational goals of each Village. We're thankful for their leadership and all they do to inspire us all to live our values every day.



Congratulations
winners!

Colour me FALL!



Supporting your neighbours: Preventing social isolation

As we age, the risk of social isolation—a lack of meaningful contact with others—can increase. However, feeling disconnected doesn't have to be part of getting older.

Social isolation can negatively affect health and well-being. Older adults who are isolated may be more likely to fall, experience depression, struggle with daily tasks, and have difficulty thinking clearly. They are also at a higher risk of developing dementia and may visit the emergency department more frequently.

Staying connected is key to maintaining health and happiness. This can be achieved through personal connections, community programs, faith-based organizations, or social services. Reducing social isolation helps ensure a fulfilling life.

Signs of Social Isolation

How can you tell if a neighbour might be socially isolated? Here are some things to watch for:

- Have they mentioned feeling lonely or cut off from others?
- Are they getting dressed or staying in the same clothes/pajamas for long periods of time?
- Has their behaviour changed or have they recently stopped going to social events they used to enjoy?



How You Can Help

Sometimes, an older adult may just need someone to talk to. Other times, they may need more support. Here are a few ways you can make a difference:

- Be a friend—take time to listen and show you care.
- Recommend a community program or service.
- Check in with a visit or phone call.
- Introduce them to new social opportunities.
- Talk with their family or care partners to find out how you can support them.

Read the Supporting Your Neighbours: A Community Conversation Guide for more information about the health impacts of social isolation, signs to look out for, common barriers, and tips to help.

Subscribe to updates from the RIA at www.the-ria.ca/enews to stay up-to-date on the latest news, events, and helpful resources.

A Joyful Word

With Rev. Elise +



In Flanders Fields

By **John McCrae**

In Flanders fields the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.
We are the Dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie,
In Flanders fields.
Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.

Throughout my childhood, I remember reciting this poem every year at school. For us, many of our grandparents were involved in WWII. We would have assemblies where we would listen to the poem being spoken by those in uniforms. We would shiver at the bugle's loud call. We would wear our poppies with pride as we supported those who fought in the war, and survived... or did not. It was very important to me as my grandparents were all

Years later, I became a priest and it took on a new meaning for me. Many of my parishioners were either soldiers, or nurses in the 2nd world war, or those who survived. Every year they would stand with pride at their Remembrance Day services. Every year there are fewer of them. We are coming to a time in history where we will have no one left who remembers.

We need to remember!

When we look at the state of the world right now, it can be very worrying. So much chaos and hate for those who are different. So much lack of compassion for others.

While I am typically a positive, happy person, it worries me that we are forgetting how quickly things can escalate. Look at Gaza, Israel, Iran, Uganda, Rwanda... and so many more.

We may not be able to directly affect change, but we do need to care. We need to stand up for what is right and good. We need to remember that kindness and compassion and love and hope can enable change to happen. I know that the “rememberers” are fewer now. We cannot let ourselves forget the sacrifices so many made during the many wars across the world.

“In Flanders Fields” paints a picture of the poppies that bloomed among the graves of fallen soldiers in Flanders, a region in Belgium that was heavily affected by WWI. The poem speaks to the duty of the living to carry on the fight, and honour the sacrifice of those who gave their lives.

From 1914 to 1918, Flanders Fields was a major battle field on the Western Front during the First World War. The name refers to the western side of territory under the control of Germany, which was also fighting on its eastern flank for most of the conflict. The struggle between the Allied and Central armies at the Western Front greatly determined the course of the war. A million soldiers from more than 50 different countries were wounded, missing or killed in action there. Entire cities and villages were destroyed, their population scattered across Europe and beyond.

Lieutenant-Colonel John McCrae was a Canadian poet, physician, author, artist and soldier during World War I and was a surgeon during the Second Battle of Ypres, in Belgium. He is best known for writing "In Flanders Fields". McCrae died of pneumonia near the end of the war.

Lest we forget.

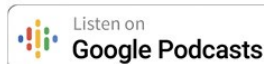
Rev'd Elise+



Stories from the **GREEN BENCH** Podcast



SUBSCRIBE



ElderWisdom.ca

VILLAGE AT ST. CLAIR DIRECTORY ~ Main Line ~ 519-960-1050

Neighbourhood Coordinators

| | | |
|-----------------------|---|--------|
| Noel Erum | Neighbourhood Coordinator Gosfield & Kingsville | x 8020 |
| Jeff Studman | Neighbourhood Coordinator Amherstburg & Colchester | x 8038 |
| Stacey McDonald Price | Neighbourhood Coordinator Essex & Harrow | x 8032 |
| Mark Mitchell | Neighbourhood Coordinator Talbot & Oldcastle | x 8026 |

Ancillary Support

| | | |
|----------------------|-----------------------------------|--------|
| Lindsay Belanger | Resident Support Coordinator | x8009 |
| Elise Chambers | Spiritual Care Coordinator | x 8052 |
| Tammy Zimmerman | Volunteer and Student Coordinator | x 8016 |
| Jacqueline Reinhardt | Dietician | x 8014 |
| Kari Lappan | Administrative Coordinator | x 8002 |

Directors

| | | |
|-------------------|---------------------------------------|---------------|
| Tom Tracey | Director of Environmental Services | x 8006 |
| Hannah Renaud | Director of Recreation Services | x 8007 |
| Candace Bennett | Director of Quality and Innovation | x 8013 |
| Janelle Way | Director of Program for Active Living | x 8008 |
| Jamie Melton | Director of Food Services | x 8004 |
| Kelsey Derbowka | Asst. Director of Food Services | x 8004 |
| Dana Houle | General Manager | x 8003 |

~ VILLAGE AT ST. CLAIR CLINICAL DIRECTORY ~

Clinical Team

Assistant Directors of Nursing

| | | |
|-------------------|--------------------------------|--------|
| Cherie Drouillard | Essex & Harrow | x 8069 |
| Milijana Radic | Gosfield & Kingsville | x 8068 |
| Danielle Harris | Oldcastle & Talbot | x 8067 |
| MaRhoda Dhaz | Amherstburg & Colchester | x 8010 |
| Marilayna Amato | Interim Infection Control Lead | x 8042 |

RAI / QI Team

| | | |
|------------------|---------------------------------|--------|
| Roderick Balinio | Oldcastle, Harrow | x 8035 |
| Jamie Santillan | Gosfield, Kingsville, Essex | x 8041 |
| Ramil Santillan | Amherstburg, Colchester, Talbot | x 8029 |

Nurse Practitioner

| | |
|----------------|--------|
| Sukhvir Locham | x 8133 |
|----------------|--------|

Director of Nursing Care

| | |
|----------------|--------|
| Stephanie June | x 8005 |
|----------------|--------|

