

HAVE A LOOK:

- Pg. 2: Dazzling December Facts
- Pg. 3: Crossword Puzzle
- Pg. 4 & 5: Volunteer Voice
- Pg. 6: Holiday Facts
- Pg. 7: What's Growing On?
- Pg. 8: Crossword Answers
- Pg. 9: Colouring Page
- Pg. 10: A Joyful Word
- Pg. 11 & 12: Village Directory

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www.schlegelvillages.com



May your holidays be happy days, filled with love and laughter; and may each day bring joy your way, in the year that follows after!

Welcome to December everyone!

There are lots of great programs planned for you this month. Make sure you check your calendars regularly! The Village is starting to look quite festive these days. The Recreation team would like to thank you for all of your help with the holiday decorating!

**Enjoy this special time in the Village.
Season's Greetings to all!**



Dazzling December Facts!

The first day of Winter is on December 21st. This is the shortest day of the year and the longest night. It is called the Winter Solstice

The history of Santa Claus dates all the way back to the third century, to a Turkish monk named St. Nicholas who was famous for helping the poor and sick. Dutch immigrants eventually brought the story of the man they called "Sinter Klaas" to New York, where his legend continued.

The popular kissing under the Mistletoe tradition may have its roots in Norse mythology. The goddess of love, promised to kiss anyone who passed under the berry-laden plant after it saved her son's life.

Believe it or not, the enduring Christmas classic It's a Wonderful Life initially bombed at the box office. It wasn't until 1974, when its copyright expired and television networks could air it for free, that it cemented its place as one of the most beloved Christmas movies of all time.

Most historians agree that eggnog is a descendant of the medieval British drink posset, which was made with wine or beer, cream, sugar, and egg.

When tinsel was first used in the early 1600s in Germany, it was made of thin strips of real silver. Because the metal tarnishes so easily, it was eventually replaced with a combination of tin and lead.

In 1931, Coca-Cola commissioned the artist Haddon Sundblom to paint Santa Claus for the company's Christmas ads. Inspired by the 1823 poem "A Visit from St. Nicholas," the artist created the warm, jolly character we all know today, complete with rosy cheeks, a white beard, and twinkling eyes.



Christmas Decorations - Word Search

K R M E B U J Z S L E G N A W N W
G W A Z V T R O S T N E M A N R O
V I S D C H R I S T M A S T R E E
T N T A N D P S E N A C Y D N A C
E D C R N E Z O S O R U J M N S G
S O F M E T L T I S T A R U E E Y
Y W I A X E A A T N S E T K D L S
T A G G V A S H C N S C F N E D G
I R U N J R G K O T R E A C Y N N
V T R R A I H W I A N L T L I A I
I W I O L M F T C R R E L T E C K
T H N E Q L W K A A T O V L I O C
A X E I A B E O G E H T V D T A O
N R S K G R Q W N M R E G A A H T
T R E I N D E E R S S W P P R G S

ADVENT CALENDAR
ANGELS
CANDLES
CANDYCANES
CHRISTMAS TREE
ELVES
FIGURINES
GARLAND

HOLLY
NATIVITY SET
NUTCRACKER
ORNAMENTS
POINSETTIA
REINDEER
SANTA
SNOWFLAKE

SNOWMAN
STAR
STOCKINGS
TREE LIGHTS
TREE SKIRT
WINDOW ART
WREATH



Seasons Greetings from our Volunteer and Student Coordinator!



What do you get when you take on nine Massey Mustangs and one Villanova Catholic Secondary School student?

What you get are giggles, natural curiosity and questions! They are teens who are helpful and playful. They are a very special group of individuals who are eager to spread their wings and to learn what supporting residents in a long-term care home is all about.

Identified as co-op students by their black pants and white shirts they are so different and yet as a group they have already learned to build on each others' strengths and to cheer each other on. Yes, they do hold each other accountable. Some co-op students are assigned to specific neighbourhoods while others may follow the Kinesiology student, or provide one to one visits. Their day usually ends with a debriefing session on successes and challenges faced throughout the day.

The real test of this group dynamic arrives each Friday in the form of a simple cookie social. It is here that they must work together to bake the cookies, as well as inviting and engaging our residents in conversation and banter. They feel successful when the smell of chocolate chip cookies entices and delights many of our neighbours.

They have learned that outbreaks will happen, and when and if they do, we will continue and make the best of things. Programs are moved and adjustments are made. These students have learned about flexibility!

We have also learned that wax paper will burn!

Every week we assign a new leader for this group. The leader is responsible for ensuring each student carries out their assignment for the day and supports the debriefing session at the end. Each one of them has been a leader and a team member and they have seen the value in being both. They are learning the beauty of inclusion rather than exclusion.

After working with this group of young people, I feel very hopeful that we are going to have some amazing health care providers coming up. It was a privilege to work with them and they make me feel confident about what is ahead.



A Bit of History: Rudolph the Red-Nosed Reindeer

Curious about the origin of Rudolph the Red-Nosed Reindeer?

Rudolph was originally the Christmas mascot of Montgomery Ward department stores.

In 1939, advertising copywriter



Robert L. May created the story – a twist on Hans Christian Andersen’s fairy-tale *The Ugly Duckling* – for the company’s annual Christmas coloring book promo. Ward allowed May to keep the Rudolph copyright and in 1948, a nine-minute cartoon was shown in theaters. The next year, May’s brother-in-law and prolific Christmas songwriter Johnny Marks (“Rockin’ Around the Christmas Tree) wrote lyrics and a melody based on the Rudolph story. “Rudolph the Red-Nosed Reindeer” sold some 2 million copies. Rankin/Bass

Productions produced the iconic stop-motion animated special, *Rudolph the Red-Nosed Reindeer*, premiering on NBC Sunday, Dec. 6, 1964. Besides the title tune, Marks penned a number of its songs, including “Holly Jolly Christmas” and “Silver and Gold” – both sung by the special’s Sam the Snowman narrator, voiced by Burl Ives.

Rudolph’s TV success spawned a flurry of Rankin/Bass holiday specials using stop-motion animation and typically featuring

entertainment personalities in the

twilight of their careers. The red-nosed hero got plenty of sequels, too, returning in “*Rudolph’s Shiny New Year*” (1976) and “*Rudolph and Frosty’s Christmas in July*” (1979).





What's Growing On?

With Karyn O'Neil

~ Horticulture Therapist ~

Join us in the Greenhouse on
Tuesdays at 6pm for Horticulture Club!

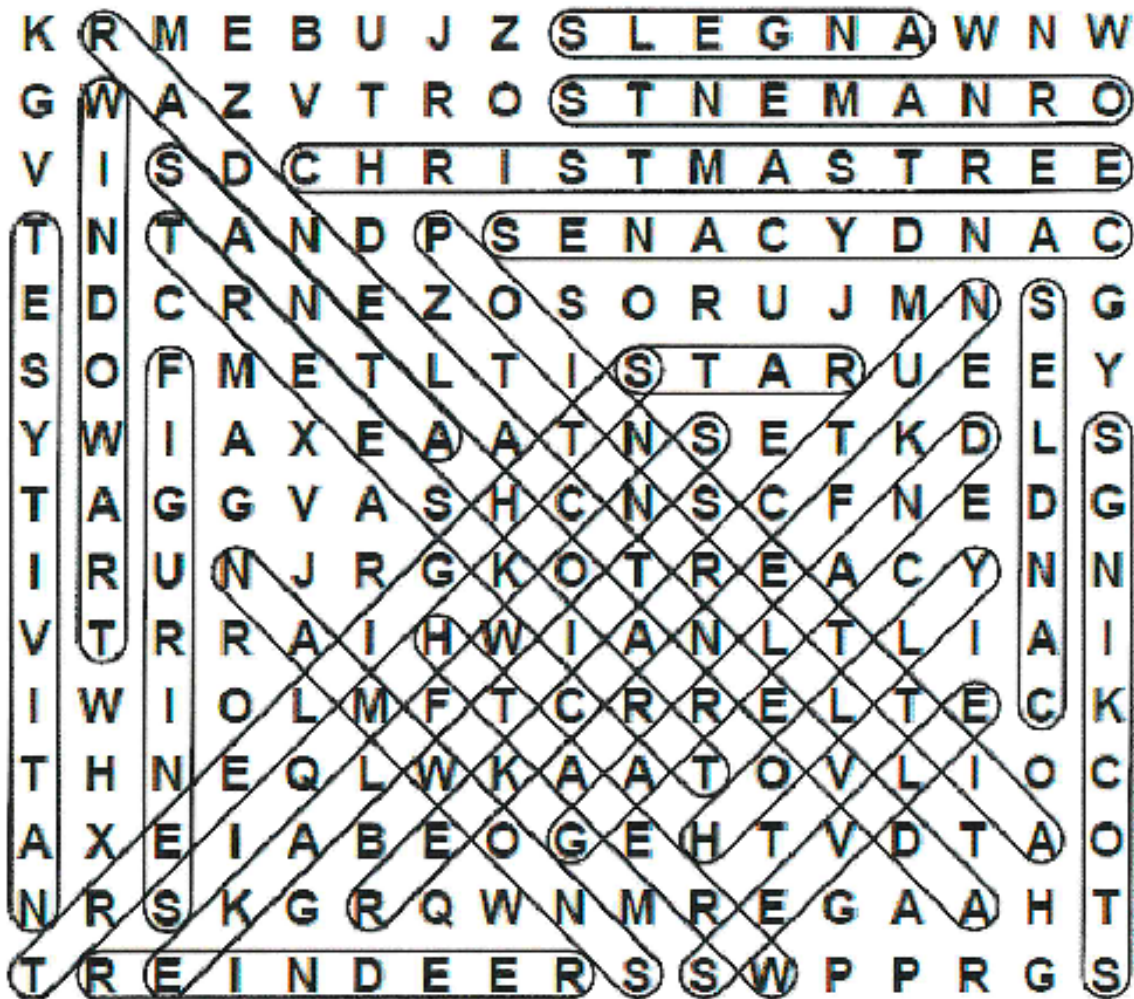
Crochet Club is on Thursday
afternoons in the Library.

~ Holiday Vendors ~
December 11th on Main St.

~ All are Welcome ~



Christmas Decorations - Solution



ADVENT CALENDAR
ANGELS
CANDLES
CANDYCANES
CHRISTMAS TREE
ELVES
FIGURINES
GARLAND

HOLLY
NATIVITY SET
NUTCRACKER
ORNAMENTS
POINSETTIA
REINDEER
SANTA
SNOWFLAKE

SNOWMAN
STAR
STOCKINGS
TREE LIGHTS
TREE SKIRT
WINDOW ART
WREATH





A Joyful Word With Rev. Elise +



“At the end of life we will not be judged by how many diplomas we have received, how much

money we have made, how many things we have done.

We will be judged by “I was hungry, and you gave me something to eat, I was naked and you clothed me. I was homeless and you took me in.”

~ Mother Teresa

Dear Friends:

The above quote is one that I have used quite often in my life and work. It reminds me of that which I am called to do, every day of my life. It is a way of living that enables others to share in the Christ message. I am not always successful~ but I try. This quote keeps me humble. It is a reminder to us all that it doesn't matter how many diplomas we receive, it's about the people we serve. We are all called to be servants to the poor, the marginalized, the sick, the lonely, and the oppressed. We are called to be relevant in our community.

I have now been here at St. Clair for about eight months and have had some time to get to know some of you here in the village. This is a beautiful and busy place with engaging and talented people! It has been a privilege to spend time with our wonderful neighbours, their families and the team. I am grateful to know all of you! Many find that It can be difficult to find a moment for oneself, especially in the chaos that leads up to holiday seasons. So make sure to take time for yourself- go for a walk to enjoy Christmas lights, spend time with friends over a meal or a game, read a book you have been waiting to read. Give yourself the gift of space and time to rejuvenate. Christmas is also a great time to show compassion to others. The winter months especially can be difficult for people, both emotionally and physically. Take a moment, breathe deeply, and open your heart to the opportunities around you to serve others with the light of Christmas. You will find that even the smallest action can provide so much joy!

VILLAGE AT ST. CLAIR DIRECTORY ~ Main Line ~ 519-960-1050

Neighbourhood Coordinators

Noel Erum	Neighbourhood Coordinator Gosfield & Kingsville	x 8020
Jeff Studman	Neighbourhood Coordinator Amherstburg & Colchester	x 8038
Stacey McDonald Price	Neighbourhood Coordinator Essex & Harrow	x 8032
Mark Mitchell	Neighbourhood Coordinator Talbot & Oldcastle	x 8026

Ancillary Support

Lindsay Belanger	Resident Support Coordinator	x8009
Elise Chambers	Spiritual Care Coordinator	x 8052
Tammy Zimmerman	Volunteer and Student Coordinator	x 8016
Jacqueline Reinhardt	Dietician	x 8014
Kari Lappan	Administrative Coordinator	x 8002

Directors

Tom Tracey	Director of Environmental Services	x 8006
Hannah Renaud	Director of Recreation Services	x 8007
Candace Bennett	Director of Quality and Innovation	x 8013
Janelle Way	Director of Program for Active Living	x 8008
Jamie Melton	Director of Food Services	x 8004
Kelsey Derbowka	Asst. Director of Food Services	x 8004
Dana Houle	General Manager	x 8003

~ VILLAGE AT ST. CLAIR CLINICAL DIRECTORY ~

Clinical Team

Assistant Directors of Nursing

Cherie Drouillard	Essex & Harrow	x 8069
Milijana Radic	Gosfield & Kingsville	x 8068
Danielle Harris	Oldcastle & Talbot	x 8067
MaRhoda Dhaz	Amherstburg & Colchester	x 8010
Vacant	Infection Control Lead	x 8042

RAI / QI Team

Roderick Balinio	Oldcastle, Harrow	x 8035
Jamie Santillan	Gosfield, Kingsville, Essex	x 8041
Ramil Santillan	Amherstburg, Colchester, Talbot	x 8029

Nurse Practitioner

Sukhvir Locham		x 8133
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Director of Nursing Care

Stephanie June		x 8005
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