

Erin Mills Lodge

January Newsletter

2025

Happy New Year



GRAND SLAM OF CURLING

Schlegel Villages' Day

Thursday, January 16

11:30 a.m. | Sleeman Centre, Guelph

Through the long Canadian winter, two sports bring energy to small towns and communities across the nation; hockey, of course, is the great Canadian game, but alongside the hockey arena nearly every small town in the country boasts a curling rink.

Curling has always been a way to draw communities together and this year **Schlegel Villages is proud to be a key sponsor** of the WFG Masters Grand Slam of Curling event in Guelph from **January 14–19**, which will bring the global curling community together with some of the world's top athletes.



January 16 will be Schlegel Villages' Day at the bonspiel. We expect to have more than 500 people connected to our Villages at the Sleeman Centre that day, showcasing our love of competition and the way our communities are connected, despite the distances that separate our 18 Villages.

Interested in attending?

Reach out to the director of recreation or general manager at your Village.

We hope to see you there!



**#ElderWisdom
10th Anniversary**

Resident submission

Share your story, your connection to your hometown, and the places you've always dreamed of visiting, with us!





January Birthday's



Daphne- Jan 2

Anna. P- Jan 3

Vajiben- Jan 11

Robert. D- Jan 13

Edward- Jan 16

Klazina- Jan 20

**Birthday wishes to everyone
celebrating a birthday in January.
We hope you have a wonderful
day! From your EML family and
friends.**

CHINESE TEA TASTING & SHOP

30 Spots Max

Please sign up with the
recreation team. The Shop
only accepts cash

Wednesday January 8, 2025
2:30 PM in the Crooked-Q





新年快乐

Happy Lunar New Year

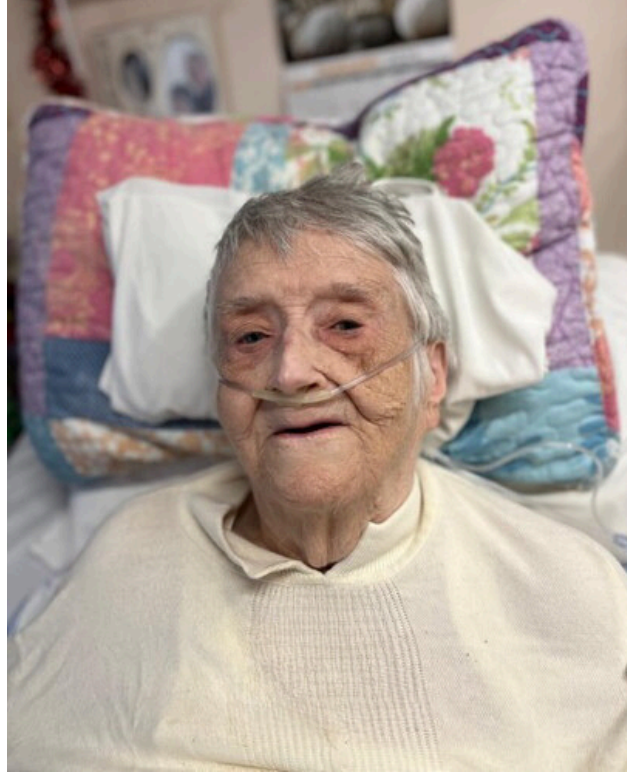
2025

Year Of The Snake

Join us for a Celebration
on Wednesday January 29th
at 2:30 in the Crooked-Q

Resident of the Month

Hazel Lane



This month, we are thrilled to recognize Martha as the resident of the month from Hazel Lane. A sweet, polite and loving member of our community, she enjoys the comfort of her room, often accomplished by her favorite radio programs and news. A huge fan of Danial O'Donnell, her face lights up whenever his music plays! Always ready to join in activities, Martha brings humor and warmth to whoever she meets. She loves chatting with team members, sharing funny stories and spreading joy around her. Her kindness and charm have made her a beloved part of our home. Her sense of humor and positive energy are a reminder to all of us of the power of resilience and joy. We are truly fortunate to have someone as sweet, warm and funny as her in our community.

Resident of the Month

Sheridan Way



We are thrilled to recognize Jenny as our Resident of the Month! Jenny is the epitome of warmth and friendliness, always eager to engage in conversations with team members, fellow residents, and students. She brings a unique vibrancy to our neighbourhood, often participating in a wide variety of activities and fostering a sense of inclusivity. Jenny is also multilingual, speaking Cantonese, Chinese, English, and Malay, which allows her to connect with many people from different backgrounds. She shares a very special bond with a co-resident with whom she often converses in Chinese and work together on various neighborhood programs. Her positivity is truly infectious, and she consistently maintains a bright and cheerful attitude, lifting the spirits of everyone around her. Jenny's dedication to staying active and involved in the activities makes her a valuable member, and we are lucky to have her as part of our neighbourhood. Thank you, Jenny, for your unwavering positivity and for always spreading kindness and joy!

Resident of the Month

Erindale Place



Many congratulations to our Resident of the Month for Erindale Place- Anoop. She has been with our family for a while now. She is a friendly and calm person who always greets everyone with a warm smile. Her kind nature makes our neighborhood a better place. Anoop loves to stay fit and enjoys exercising every day. She encourages her neighbors to join her for fitness activities, inspiring everyone to be active and healthy. In addition to exercising, she enjoys listening to spiritual prayers. She often listens to her spiritual prayers and passes on her wisdom to the team members as well as her other neighbours. Her love for fitness and spirituality brings positivity to our home. We are thankful for her presence and all the happiness she shares with us! Thank you, Anoop, for being you! We are excited for more happy moments with you.

December Photos

A big thank you to the team at Winners on Winston Churchill and Dundas for donating a number of Christmas gifts to residents. They brought a lot of Joy!



Christmas

Thank you to Dave Israel, Lisa Mojar, and Marites for the beautiful warm blankets given to residents on Christmas.



We would also like to thank everyone who donated items to the Tree of Warmth and Toys for Tots. Your generosity made a difference for many.

We also raised funds during our Christmas Market 50/50 draw for the Schlegel Hope Fund and donated \$60.00. What a beautiful season for giving back.

Christmas

With a rough start to the Holiday Month, due to outbreaks we were thrilled to be cleared in the nick of time for Christmas. Jashan from the REC team dressed up as MRS. Claus on Christmas Day, residents and team members celebrated with some Santa hats



Back together!



Happy New Year! 2025

**We rang in 2025 with friends, entertainment and delicious food!
Wishing everyone a wonderful year ahead, full of exploring,
laughter, time spent with the one's we love and good health.**



Happy New Year!

2025



Schlegel Villages – CONNECTIONS



Alzheimer's Awareness Month

January marks a month of awareness around Alzheimer's disease and other forms of dementia in our Villages.

People living with dementia continue to experience stigma and misunderstanding, even within our Villages. This year we launched updated **LIVING in My Today (LIMT)** Mandatory Dementia Education for all team members, with a focus on understanding the changes that are part of living with this disease and how to offer meaningful support.

LIMT, our signature dementia program, is coming to life within our Villages. ME forms, sharing our resident's life stories, are the first step in the Supportive Approaches to Care pillar of the program. This is ME top 10 frames are being installed to help us develop personal relationships with residents during care interactions.

The Meaningful and Active Engagement pillar is enhanced with new resources for Neighbourhood Time, a program that will be introduced across our Villages in 2025, where anyone in the neighbourhood can be involved in engaging residents!

GATHER support groups foster connections among residents, encouraging mutual support, and linking care partners with others who share similar experiences.

There are many LIMT successes to build on in 2025!



Erin Mills Lodge- Leadership Contact List

Navdeep Kaur Grewal General Manager	EXT 293
Elaine Eerkes, Director of Care	EXT 248
Pam Croucher, Assistant Director of Care/ IPAC	EXT 223
Narpinder Johal, Assistant Director of Care	EXT 215
Gurpreet Kaur, Assistant Director of Care	EXT 220
Ferdie Gonzales, Neighbourhood Coordinator	EXT 234
Alanah Kelly, Director of Recreation/ Volunteer Services	EXT 261
Khadija Atcha, Interim Food Service Manager	EXT 222
Richmond Ng, Environmental Services Manager	EXT 229
Kavita Rani, Neighbourhood Coordinator & Scheduling Coordinator	EXT 238
Angad Sidhu, Admin Coordinator emlltc.admin@schlegelvillages.com	EXT 262

All email addresses are
Firstname.Lastname@schlegelvillages.com

2132 Dundas St. W, Mississauga, ON L5K 2K7 Phone:(905)823-7273
www.schlegelvillages.com

