

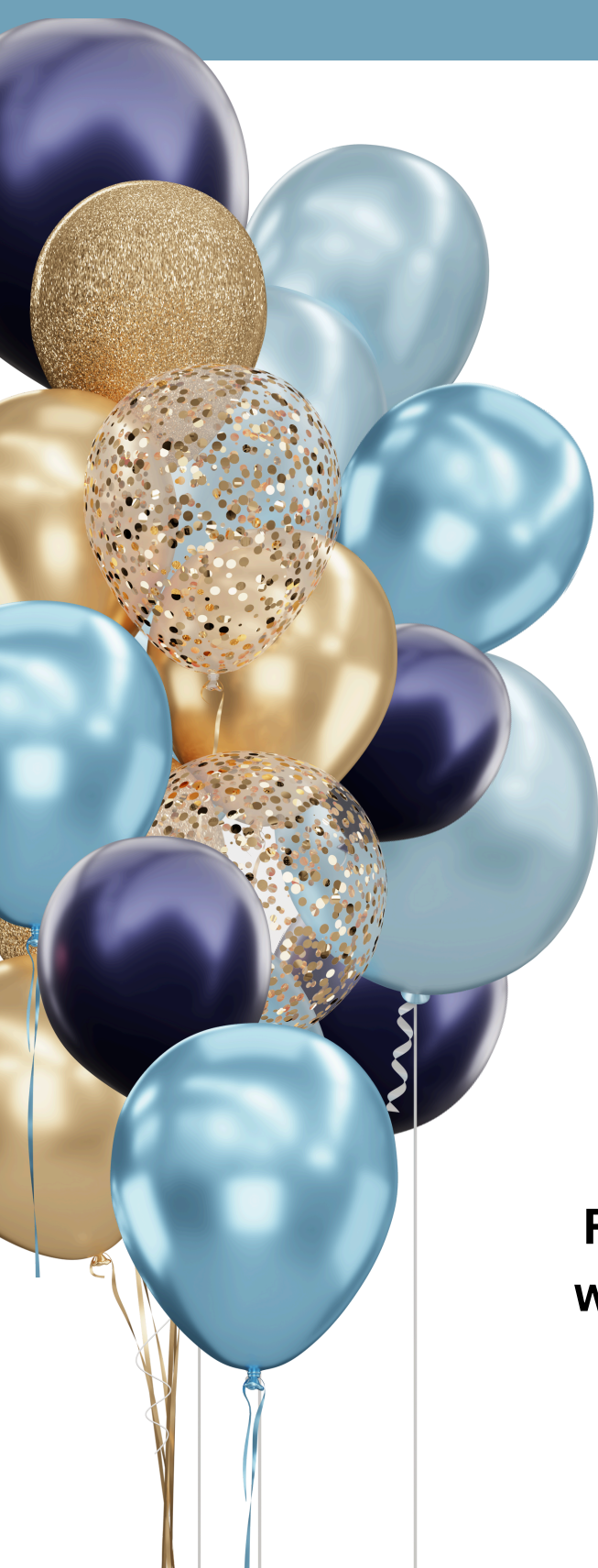
Erin Mills Lodge

February 2025 Newsletter





February Birthday's



Ruby- Feb 2

Sharon- Feb 13

Marjorie- Feb 14

Mary. A- Feb 16

Doris- Feb 24

Birthday wishes to everyone celebrating a birthday in February. We hope you have a wonderful day! From your EML family and friends.

Schlegel Villages – CONNECTIONS

SCHLEGEL VILLAGES ACKNOWLEDGES

BLACK
HISTORY MONTH

Honouring our vast cultural diversity within the Villages is an aspiration that guides us every day, and the celebration of Black History Month in February is another opportunity to reflect on the importance that diversity represents.

We encourage our team members and residents across the Villages to take advantage of the educational opportunities shared throughout the month, and we'd love to hear what more we can do to honour the inspirational legacy of the black community in our Villages and in the wider Canadian context.

We recognize that true equity is a goal we must all work together to achieve, and within our Villages we have residents and team members who represent the black community with distinction in all they do.

We honour their histories this month, and commit to working together towards achieving the ideal of true equality for all.

Aspiration LAUNCH

Nearly 15 years ago, Schlegel Villages began a focused effort to transform and reshape the way care and support is offered for the residents who make their home in the Villages. This deliberate shift away from an “institutional model of care” towards what we define as a “social model of living” has always been guided by **eight aspirations**, developed collaboratively with the early pioneers of our change journey.

The aspirations are to:

- Create Opportunities for Meaningful and Shared Activities;
- Foster Authentic Relationships;
- Promote Resident Empowerment;
- Honour Cultural Diversity;
- Connect Research and Innovation to Village Life;
- Offer Flexible Dining;
- Promote Cross-Functional Teams;
- Offer Flexible Living.

Throughout the Villages, we see these aspirations come to life in countless ways, but through 2025, as an organization we have chosen to



focus on one aspiration in particular: **Create Opportunities for Meaningful and Shared Activities.** Later in February, expect to see team members throughout the Villages wearing their special aspiration t-shirts, and we encourage everyone to consider what this aspiration means to each one of us.

What activities are meaningful to you and how can our team members, residents, family members and partners consciously embrace the moments that can help spread that meaning so we can learn from each other and create lasting impact and memories? Life within our Villages is best defined by the relationships we enjoy within, and when we share what’s meaningful to us, our relationships grow stronger and more defined.

Resident of the Month

Hazel Lane



This month, we are thrilled to announce Romulda as our resident of the month from Hazel Lane! While she has always been a quite and private person, she has recently begun to step out of her comfort zone and join in a variety of activities, much to everyone's delight. It's been a joy to witness her blossom, and truly make the most of her time here. Whether it is her vibrant participation in coloring and painting sessions or her delightful presence in hands-on exotics, church services or sing along sessions, she has been fully immersed in the activities. Her sense of humor, though subtle, adds a delight touch to every activity. One of the highlights of the month has been her participation in the hands-on exotic's session. Seeing her interacting with other fellow residents and actively coming forward to interact with the animals without any fear. Romulda has reminded us all of the power of stepping outside of our comfort zone, and it's been our honor to celebrate her this month.

Her journey of self-expression and engagement is truly inspiring and we look forward to seeing even more of her wonderful contribution in the future.

Resident of the Month

Sheridan Way



We are excited to recognize Ann Rice as our Resident of the Month for January. Ann is an incredible resident who truly embodies the spirit of our neighbourhood. She participates in nearly every program offered and always brings enthusiasm and energy to each one. Ann's love for staying active shines through in her regular participation in group exercises, where her dedication and commitment are inspiring to others. She also enjoys joining in the sing-alongs and hymn sings, where her joyful spirit adds a special touch to every programs. In addition to her active involvement in fitness and music, Ann is a cherished member of our book club. Her creativity also shines in the art and craft programs, where she loves exploring new ideas and sharing her work with others. Above all, Ann has a wonderful ability to connect with everyone around her. She enjoys socializing with her neighbor residents, always offering a friendly smile and a kind word. Her positive attitude and eagerness to be involved make her valuable resident of our neighborhood. We are so grateful to have Ann as part of our village and are proud to honor her as Resident of the Month!!

Resident of the Month

Erindale Place



Congratulations to Ms. Florence for being named the Resident of the Month for Erindale Place! Ms. In her earlier years, she was a dedicated teacher, and her passion for teaching has remained strong.

She is always eager to share her knowledge, especially when it comes to her favorite game, Chinese Checkers. Ms. Florence enjoys teaching others how to play and loves spending time with anyone interested. In addition to her love for teaching, she enjoys painting, bingo, and participating in other social activities. We are grateful to have her with us, and we celebrate her vibrant spirit and kindness.

Congratulations, Ms. Florence!

Resident of the Month

Erindale Place



We are delighted to honor Maria as our Resident of the Month for January.

Maria is an active and engaged member of our neighborhood, and her participation in a variety of activities truly stands out. She is always ready to join in on group exercise program, where her enthusiasm inspires others to keep moving. Whether it's singing along, playing a lively game of balloon tennis, or enjoying a competitive round of bowling, Maria's spirit is contagious.

She also loves to explore her creative side at the crafty corner, where she brings both talent and joy to every program. Above all, what truly makes Maria special is her beautiful smile. It's not just a smile that lights up a room, but a smile that radiates warmth and kindness. She has an incredible ability to socialize with others, always making everyone feel included and welcome with her friendly demeanor. Maria's positive energy and genuine nature brings so much happiness to those around her, and we are lucky to have her in our neighborhood. We thank Maria for all the joy she brings and are thrilled to celebrate her as Resident of the Month. Her smile truly brightens our village!

January Photos

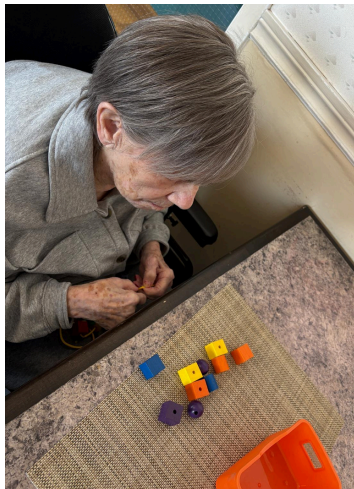


We have been busy with Art Classes,. We have Art class with Glynnis twice a month . This month we painted a winter scene with sheep and our second painting was Chinese lanterns to celebrate Chinese New Year.



Family members have also joined in for painting classes on the neighbourhood as well.

Neighbourhood Time



Meaningful and Active engagement during Neighbourhood time has been going really well! Residents have been using a number of resources either independently or with friends and team members.

Fruit dominoes can be used a number of ways. Roberto used his, combined with letter tiles to spell the names of fruit and veggies on the dominoes, and James used it in a more traditional way connecting the matching fruit or veggies.

Marie and Ann, worked together for bowling. And Jeannette and Girlie worked on two types of puzzles and a threading activity.

Chair Yoga with Shelia



We love Chair yoga!

Spa Day



Spa Day consisted of Hand massages, manicures, paraffin wax for hands, hairstyling, relaxing puzzles and colouring, accompanied with some relaxing music.

Happy Lunar New Year 2025



We celebrated Lunar New year, the year of the snake, on Jan 29th with Pao-Chen painting bamboo in real time followed by explaining what the significance is. We enjoyed Chinese food together and music. Earlier in the month we had Chinese tea tasting. We learned how 6 different types of tea leaves are grown, harvested, dried and steeped. Health benefits and the

What does the year of the snake mean 2025?

The snake signifies a time of transformation, growth, and introspection. Each zodiac sign will experience distinct energies, with a balance between external opportunities and internal change.

Erin Mills Lodge- Leadership Contact List

| | |
|---|----------------|
| Navdeep Kaur Grewal General Manager | EXT 293 |
| Elaine Eerkes, Director of Care | EXT 248 |
| Pam Croucher, Assistant Director of Care/ IPAC | EXT 223 |
| Narpinder Johal, Assistant Director of Care | EXT 215 |
| Gurpreet Kaur, Assistant Director of Care | EXT 220 |
| Ferdie Gonzales, Neighbourhood Coordinator | EXT 234 |
| Alanah Kelly, Director of Recreation/ Volunteer Services | EXT 261 |
| Madelaine Sperry, Food Service Manager | EXT 222 |
| Richmond Ng, Environmental Services Manager | EXT 229 |
| Kavita Rani, Neighbourhood Coordinator & Scheduling Coordinator | EXT 238 |
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