



The Village of
ARBOUR TRAILS

Our Mission is to provide holistic health care in a home environment located within an internal neighbourhood design that promotes a caring community, with emphasis on optimal health and life purpose.



APRIL 2025

226-251-3065

32 Bayberry Drive,
Guelph, ON, N1G 0C9

Ailsa Craig Neighbourhood:
115 Cherry Blossom Circle,
Guelph, ON, N1G 0A3

Volume 13, Issue 4

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Photo: "Lunch Time" taken by a resident of Arbour Trails.



Resident Birthdays *April*

April 1 — Davaleen Parker
April 2 — Donald Smith
April 2 — Elaine Walton
April 3 — Judith Nederpelt
April 5 — Anne Marie Moruzi
April 7 — Patricia Mackay
April 8 — Lois McCrae
April 10 — Mollie Churchman
April 11 — Rina Longo
April 11 — Maria De Angelis
April 11 — Eric O'Hara
April 12 — Miriam Hamilton
April 13 — Mavis Johnson
April 13 — Robert Stevens
April 15 — Bill Apgar
April 16 — Barbara Mair
April 16 — Kathleen Crain

April 18 — Mary Jane Thomas
April 18 — Miriam Miller
April 19 — Donna Marie Hart
April 19 — Elizabeth Hampson
April 19 — Denise Caron
April 19 — Linda Sponchia
April 20 — Frank Misurka
April 22 — Paul Cosentino
April 23 — Ollie Desjardine
April 23 — Gordon Pipher
April 24 — Murielle O'Hara
April 26 — Ivan McNeilly
April 26 — Arthur Pyke
April 27 — Bernard Rathwell
April 29 — Penny Jacobi-Warren
April 29 — Judy Gerber

If you would prefer not to have your birthday displayed in the newsletter or village, **please let Katie Lammert know at: 226-251-3065 ext. 807**


Welcome


Please join us in
welcoming Arbour
Trails' newest
residents!

Becker Neighbourhood

John Lekx
Mary Lemont
Roger Gaulin
Henry Lunshof

Williamsburg Neighbourhood

Bill Stevens
Matthew Marrone
Sara Smith
Shirley Freestone
Otilia Alac

Birthday Parties

See your neighbourhood
monthly calendar for the
location and time!

*Let's
Celebrate*

A Message From Residents' Council



Dear Residents,

Happy Spring!

Spring was here—but I'm sure it'll come back. I even have a crocus in bloom! It's so nice to get out for walks in the sun. There's been a lot of traffic around the pond. Even Lisa (the cat) had a foray in the sun and loved it. Soon it'll be patio party time!

We enjoyed Shrove Tuesday and Ash Wednesday—the time just keeps moving. Then St. Patrick's Day was celebrated in all its glory: lunch, dinner, and an evening celebration. Such fun and laughter—good for the soul. We all appreciated the extra effort from Dining and Recreation to make it a lovely occasion, with special food and treats along with all the decorations.

On the 20th, we had the Spring Fling Social, again with treats, punch, and music of spring by Katie. Every effort is made to keep us happy, and I hope we all appreciate that!

On March 26, Tim Blevins, CEO of Reids Heritage Homes, presented the story of the VBA from inception to the present day. What a wonderful story—I'm sure many of you weren't aware of it. It's an important part of local history.

Politically, Canada is in the middle of an election—plus all the problems the U.S. is threatening us with. It's a very worrisome time. In the next newsletter, we'll have the election results and hopefully be happy with them. PLEASE make sure you get out and vote!

Until next time,

Marilyn Wax

President of the Residents' Council Executive

NEW RESIDENTS—Would you like to join the VBARA?

Village by the Arboretum Residents Association former residents renewal OR become a new member! Receive the monthly newsletter "Tree Talk," and participate in over 100 activities available and much more!

Contact me at suite #171 or 519-837-3076 if you would like to learn more about VBARA

In Memoriam

Marianne
Gaettens

Bev Gale

As a Village, we extend our heartfelt condolences to their loved ones.

Our "In Memoriam" display is located outside the chapel and is updated regularly.

Chaplain Info

Beverleigh Broughton:

Email: beverleigh.broughton@schlegelvillages.com

Philip Gearing:

Email: philip.gearing@schlegelvillages.com

Chaplains will be in the Village Tuesdays, Wednesdays, Thursdays, and varying Sunday afternoons.

Phone: (226) 251-3065
Ext. 845

Small Responses to Big Issues

It doesn't take much media contact to see that there are some big issues playing out in the world today. Foreign wars that threaten to expand. Climate change. Human rights abuses. Perhaps most challenging of all is the question of continued Canadian sovereignty.

So, what do folk like you and I do about these big issues? It's easy to feel powerless, isn't it?

Here's the good news; you and I are not without influence. In fact, I am convinced that the solution to the big issues lies in our small responses.

In order to scatter the deepest darkness, you do not need to light a bonfire, just strike a match.

In a world that takes everything for granted we can say "thank you" to our table server or room cleaner.

One message of encouragement can chase the shadow of fear out of someone else's day.

Sharing one thought of tolerance takes the steam out of bigotry.

A compliment is always appreciated.

A genuine smile is contagious.

And here's the biggie! Love always wins. As you and I share our love we make the world better.

I am fortunate to be a part of this community where, everyday, I witness the world's big issues develop cracks because of your small responses. Keep it up my friends, we're doing great!

Chaplain Phil

Pick-up a detailed list of this month's Spiritual Care programming outside the Hobby Shop or Chapel!

Village Message Board

A Message from Environmental Services

Spring Window Cleaning 2025

We are pleased to inform you that the spring window cleaning will be conducted in April.

Please find the schedule below:

April 14

Location: Alisa Craig

Time: 8:00 a.m. - 5:00 p.m.

April 15 & 16

Location: Main Building and Townhomes

Time: 8:00 a.m. - 5:00 p.m.

Thank you for your cooperation. Should you have any questions or concerns, please do not hesitate to contact us.

Anuj Solomon

Director of Environmental Services

Ext.829

A Message from the Main Office: A Volunteer Opportunity!

The Main Office is still looking for residents who are interested in helping with mail delivery for Williamsburg, Egerton, and Becker East Neighbourhoods.

If you'd like to volunteer, please let us know. We appreciate your willingness to help keep things running smoothly. Thank you for considering this opportunity!

Donna Hastings

Administrative Coordinator

Ext. 802

A Message from Admin

Convenient & Secure: Set Up a Trust Account!

A trust account offers a safe, cash-free way to manage personal expenses at the Village. Residents and family members of residents can deposit funds into their account via cash or cheque and use their account funds at the Riverstone Spa, to purchase meals in the Dining Room, and to access cash.

Visit the Main Office for more information. Stay worry-free with this secure and convenient option!

Vote for the Village's 2025 SUCCESS Award Winners!

We're celebrating our amazing team on Friday, May 2 at our annual Team



Appreciation Night! Five team members will be honoured with SUCCESS Awards, based on nominations of our "Connect the Dots" customer experience.

Thank you to everyone who submitted a nomination! Stay tuned — we'll be announcing the winners in the coming months.

With Gratitude,

Arbour Trails Leadership Team

Dining News



Event	Date	Time	Location
Food Committee Meeting	Thursday, April 10	2:30 p.m.	The Library
Good Friday Dinner	Friday, April 18	Your Usual Meal Times	The Dining Room
Easter Sunday Dinner	Sunday, April 20	Your Usual Meal Times	The Dining Room

Dining Room Reservation Info:

We understand the importance of sharing meals together and we encourage family and guests to join their loved ones for a meal in the village. In order to accommodate everyone, we kindly request a 24-hour notice to ensure that a table can be set up for you and your loved one.

**To make a reservation, please contact our reservation number at:
(519) 836-2464**

Catering & Room Booking Info:

For room bookings requiring catering, setup, or teardown, please provide at least 7 days' notice.

To book, contact our Administrative Assistant, Michelle, in the Main Office or call our reservation line. Our Dietary team will follow up to confirm details.

Thank you for your cooperation!

Guest meal pricing

While we request 24 hours' notice for guest meals, when possible, we will make every effort to accommodate last-minute requests.

	Retirement
Breakfast	\$10.50
Lunch	\$16.80
Dinner	\$19.95



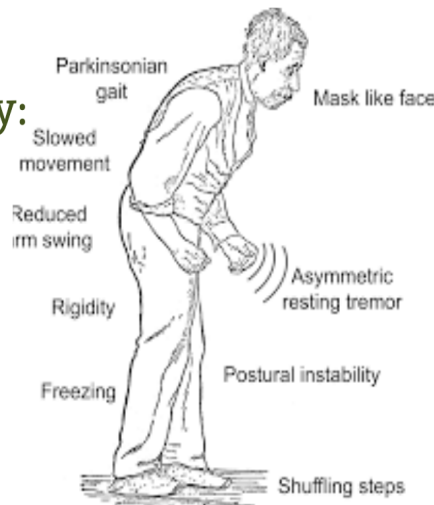
APRIL



Happy April Arbour Trails! They say April showers bring May flowers, but we also want to bring awareness to **Parkinson's Disease** this month. Parkinson's Disease is a complex brain condition. There are more than 110,000 people living with Parkinson's in Canada.

Parkinson's is Characterized by:

- Slowness of movement
- Rigidity
- Tremor
- Postural instability



Although there is no cure for PD, symptoms can be managed with medication. Research has also found that exercise can help with physical functioning, health-related quality of life, strength, balance and walking speed for people with PD.

Fitness Classes at a Glance (see calendar for changes)

Fitness Centre (FC)
Jack Purcell Lounge (JPL)
Hobby Shop (HS)

Mondays:

Von Exercise Class:
11:00 — Ailsa Craig (JPL)

Better Balance:
10:00 — Standing Class (FC)
3:00 — Ailsa Craig (JPL)

Get Active:
2:00 — Seated Class (FC)

Tuesdays:

Fun & Fitness:
10:00 — Egerton
11:00 — Emma's

VON Exercise Class:
11:00 — Ailsa Craig (JPL)

Stretch Class:
3:30 — Open to All (FC)

Wednesdays:

VON Exercise Class:
9:30 — Open to All (FC)
11:00 — Ailsa Craig (JPL)

Get Active:
10:00 — Standing Class (FC)
2:00 — Seated Class (FC)
3:00 — Ailsa Craig (JPL)

Thursdays:

Chair Yoga (FC):
10:00 — Open to All

Fun & Fitness:
11:00 — Egerton
VON Exercise Class:
11:00 — Ailsa Craig (JPL)

Gentle Exercise:
3:00 — Open to All (FC)

Fridays:

VON Exercise Class:
9:30 — Open to All (FC)

Fun & Fitness
11:00 — Emma's

Hand Therapy:
2:30 — Open to All (HS)

Saturdays:

Fun and Fitness:
10:00 — Emma's
11:00 — Egerton
Parallel Bars Balance Class:
2:30 — Open to All (FC)

Village Life *Transportation & Outings*



Independent Shopping Shuttle

Drop-off/Pick-up locations:

- Arbour Trails Front Entrance
- Ailsa Craig Front Entrance
- Metro
- Walmart
- Indigo: Stone Road Mall
- Farm Boy
- Shoppers Drug Mart & LCBO: Scottsdale Road
- Hartland Zehrs
- No Frills

You will be picked up **1 hour** after your drop off time at the same location. **SIGN-UP REQUIRED**

Shopping Shuttle Schedule

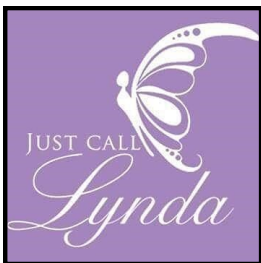
Every Thursday at:

- 10:00 a.m.** — Front Entrance
- 10:05 a.m.** — Ailsa Craig
- 2:00 p.m.** — Front Entrance
- 2:05 p.m.** — Ailsa Craig

Exciting Schedule Update:

For April, residents can choose between the usual 1-hour shopping or an extended 2:00–4:00 p.m. option with the afternoon shuttle. We're trialling the longer time to see if there's interest!

Accessible Transportation Resources



Just Call Lynda
Phone: 519-827-5571
Email: justcalllynda@gmail.com



VON Canada
Phone:
1-888-506-6353

Do you Have Suggestions for Outings?

Come to the monthly outings meeting!



Next Meeting:
Monday, April 7
at 2:30 p.m.
in the Hobby Shop

Everyone is Welcome!

Village Life *Last Month in Photos*



Top: Enjoying festive drinks, music, and plenty of laughs during our annual St. Patrick's Day Pub Crawl!

Bottom: Picking out spring blooms at Belgian Nursery to brighten up the Village & an outing of strikes, spares, and smiles at the bowling alley!

LIVE Entertainment

Guelph Symphony Orchestra Performs “From Elgar to Elvis”

Friday, April 4
at 2:30 p.m. in Town Hall

Guelph Wellington Club Chorus

Wednesday April 9
at 2:30 p.m. in Town Hall

Karen Guitard on Piano

Tuesday, April 22
at 10:30 a.m. in Town Square

New Horizons Woodwind Ensemble

Monday, April 28
at 3:00 p.m. in Town Square



Vendors

Cameron Card Creations

Tuesday, April 1
from 10:30 a.m.—2:00 p.m.
in Town Square

Bella Boutique

Tuesday, April 8
from 10:00 a.m.—2:00 p.m.
In Town Square

Creations Boutique

Tuesday, April 15
from 10:00 a.m.—2:00 p.m.
in the Hobby Shop

The Boutique

Tuesday, April 29
from 10:00 a.m.—2:00 p.m.
in Town Square



Happy Hour!

Featuring LIVE music with Arbour Trails
resident “Bill Parker”

Wednesdays & Saturdays at 3:00 p.m.
in the Main Floor Café

(see daily boards for updates or changes)

Village Life *April Happenings*



National **PET DAY**



Dog Show

Friday, April 11

starting at 3:00 p.m.
in Town Square



Featuring
"The Dogs of Arbour Trails!"

(both resident and
community dogs)

If you're interested in participating
contact Recreation at
226-251-3065 ext. 811

Reel Canada Presents:

NATIONAL CANADIAN FILM DAY

Wednesday, April 16
at 2:30 p.m. in Town Hall

Special Showing of
"Stand!"

Join us for Stand!, a powerful
Canadian musical set during the 1919
Winnipeg General Strike. Experience a
moving story of courage, hope, and
the fight for justice.

plus enjoy popcorn,
candy, and drinks from
our concession stand!



**You're Invited:
All Candidates Meeting —
Federal Election 2025**

When: Monday, April 14 at 1:30 p.m.

Where: Town Hall (Live Streamed)

Tune in for a live stream of the upcoming All Candidates Meeting as Guelph's federal election candidates share their platforms and answer questions about the issues that matter to our community.

Village Life *April Happenings*



Easter
EGG HUNT

Saturday, April 19

Find a golden egg and win a prize!
(return to The Hobby Shop to receive your prize between 1:00 PM - 2:30 PM on Sunday, March 20)



EARTH DAY
Village Outdoor Walk




Tuesday, April 22
at 2:30 p.m.

Meet at the Arbour Trails main entrance

Refreshments to follow in the Main Floor Café


Keep an eye out for nature signs around the village!

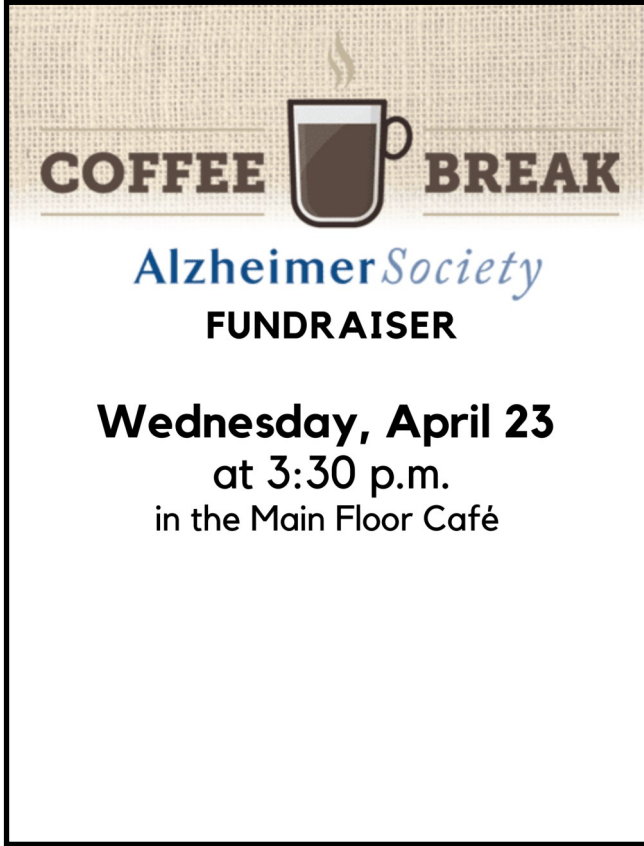


Residents' Council Meeting

Wednesday, April 23
at 2:30 p.m. in Town Hall

With Guest Speaker
"Tom Connelly"
of the Alzheimer Society
Waterloo Wellington

Followed by: 



COFFEE BREAK

Alzheimer Society
FUNDRAISER

Wednesday, April 23
at 3:30 p.m.
in the Main Floor Café



FEDERAL ELECTION INFORMATION

Monday, April 28, 2025

Arbour Trails – Town Hall – 9:30 a.m. to 9:30 p.m.

What you Need to Vote:

- **Option 1**
 - Driver's license
 - Any other card issued by a Canadian government (federal, provincial/territorial or local) with your photo, name, and current address
- **Option 2**
 - Show two pieces of ID
 - Both must have your name and at least one must have your current address
 - Examples:
 - voter information card
 - monthly rent or trust statement
- **Option 3**
 - If you don't have ID
 - You can still vote if you declare your identity and address in writing and have someone who knows you and who is assigned to your polling station to vouch for you

Village Spotlight Series

Do you have a special
talent, skill, or passion?

We want YOU in our monthly Village Spotlight!

Whether you're an artist, musician, storyteller,
baker, crafter, or unique hobby - we'd love to
share your story with the community.

Interested?

Call Katie at 226-251-3065 x 807

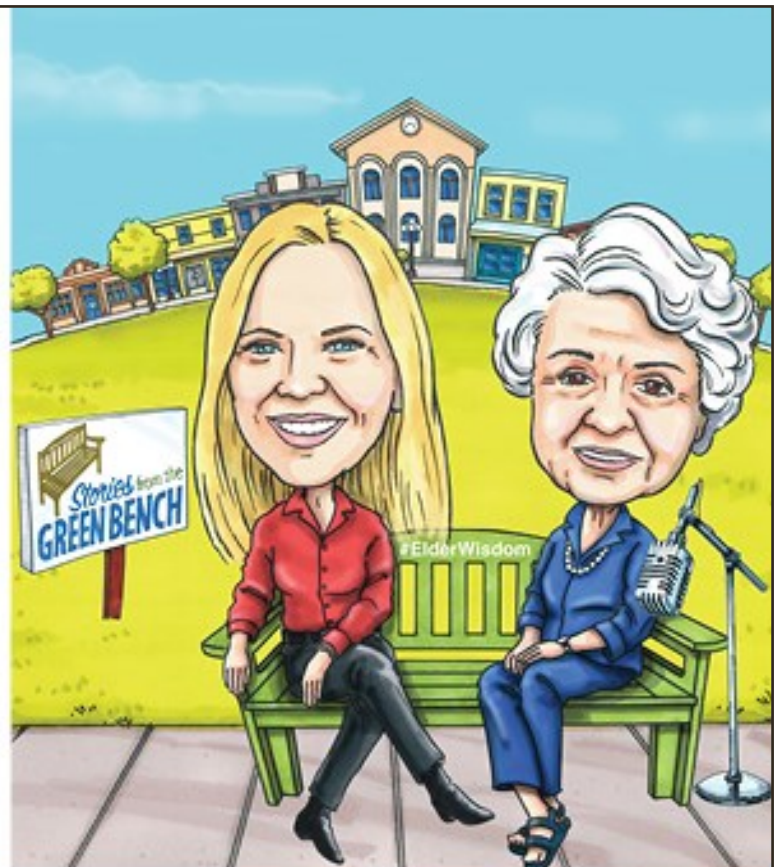
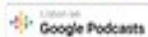
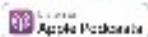


Stories from the
GREEN BENCH
Podcast

Your seat on the green
bench is ready and waiting.



SUBSCRIBE



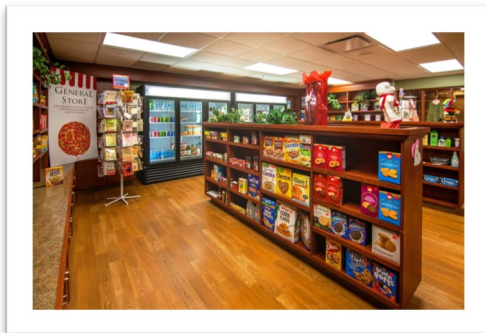
ElderWisdom.ca

Village Life

Visit Our General Store!

Hours:
Monday—Friday
1:30 p.m. to 3:30 p.m.

To learn more about the store
contact Katie Lammert at
226-251-3065 extension 807 or
katie.lammert@schlegelvillages.com



We carry a variety of Items!

- Personal hygiene products
- Assorted breads
- Milk & other dairy products
- Assorted snacks, pop, juice & candy
- Assorted cereal & breakfast items
- Greeting Cards

And much more!

CASH ONLY

Guelph Public Library Bookmobile

Wednesday,
April 9 & 23
from
3:00-4:00 p.m.



**Outside the Arbour Trails
Front Entrance**

If you have questions about how to get
signed up, call the **Recreation Team** at
226-251-3065 x 811

IMPORTANT REMINDER

Please **do not** return books
borrowed from the Guelph Public
Library or Bookmobile to the
Arbour Trails Library return bin.

These items must be returned
directly to the Guelph Public
Library or Bookmobile. If they're
left in the Arbour Trails bin, you
may risk late fees from the Guelph
Public Library.

Thank you for your help!



Ear & Hearing Clinic

JULIANE SHANTZ • DOCTOR OF AUDIOLOGY

It is our pleasure to offer full Audiology services to all Schlegel Village residents.



These services include:

- hearing tests,
- hearing aid cleaning,
- adjustments,
- wax removal,
- assistive listening devices and hearing aid sales.

Our services are located at your Retirement Village, and appointments are required.

For more information or to book an **appointment** please call

1-888-745-5550

retirement@earandhearingclinic.com

www.earandhearingclinic.com

Big Smiles Mobile Dental Hygiene



647-286-0958

Dental hygiene in the comfort of your own home!

A travelling dental hygienist, I come to you – chair and all!

Carolyn Maloney

Registered Dental Hygienist
bigsmilesmobiledh@icloud.com
f Big Smiles Mobile Dental Hygiene



New Service Starting April 1!

We're pleased to share that **ultrasounds will now be available onsite** at the Village through Ontario Mobile Imaging.

For more information on how to access this service, please connect with the nursing team:

Luisa McMaster

Director of Wellness Ext. 820

Diane Manalastas

Assistant Director of Wellness Ext. 877



Make an appointment at 519-840-1500

Haircuts, massage, skin care, manicures, pedicures and waxing services available!

National Volunteer Week

April 27–May 3

Our Villages thrive because of the relationships that bloom in all of our neighbourhoods among all Villagers – our residents, team members, community partners, and, of course, our wonderful volunteers. At the end of April, we'll make extra time to pay a special tribute to the countless people who give their time, energy and love to the people who call our Villages home.

Volunteers Make Waves is the theme this year, and we think of the steady, ongoing force the waves of volunteers have in the lives of our residents and team members. That impact ripples over the course of time, and for the third year in a row, Villages across the province will offer the **Barb Schlegel Volunteer Award** in memory of the kind-hearted matriarch of the Schlegel Villages family, who always gave of herself in service of others.



We look forward to sharing a snapshot of the recipients at the end of that special week and invite you to visit our website featuring our 2024 recipients; be sure to take a moment to thank all of the volunteers who make our Villages such wonderful places to live and visit.

We  our
volunteers

#NVW2025



— APRIL IS —
PARKINSON'S
DISEASE AWARENESS
— MONTH —

Across Canada, it's estimated that more than **110,000 people** are living with Parkinson's disease.

Within our Villages, we know and have known many who always inspire us with their tenacity and perseverance in the face of the challenges the disease can present.

A key aspect that rings true is the fact that the experiences of someone living with Parkinson's are as unique as the individual; there is no single path of progression of symptoms and no certainty in predicting the pace. What is common, however, is the fact that people living with the disease and their loved ones deserve every opportunity to make the most of every moment, and we're proud to support in any way we can.

April is marked across the country as Parkinson's Awareness Month, and we urge everyone to take some time to learn more about the many ways people living with the disease and their loved ones are affected.

Sharon Hunwick, a resident living at Erin Mills Lodge who was diagnosed with Parkinson's disease at the age of 43, shared her fascinating insights on the Stories from the Green Bench podcast.

This April, we join Canadians across the country in pursuit of more knowledge and research to help slow and hopefully eliminate the progression of this disease.

For more information and resources visit Parkinson Canada at parkinson.ca

Advance Care Planning Can Bring Peace to People Who are Dying

For many people, the thought of dying brings up feelings of fear and uncertainty, which may prevent them from finding peace as they face the end of life.

Nearly one in five older Canadians may not experience peace with dying, according to a recent data analysis of the Canadian Longitudinal Study on Aging at McMaster University. The analysis, published earlier this year, highlights the importance of end-of-life care and suggests advance care planning may help people feel more at peace before they die.

As people go through their end-of-life journey, their health and symptoms will change, and it is the responsibility of their healthcare team, family, friends, and care partners to ensure their end-of-life wishes are understood and honoured.

Heather Keller, Schlegel Research Chair in Nutrition and Aging, and her colleagues Dr. Allan Garland and Dr. George Heckman share important and helpful advice to empower you to make informed healthcare decisions ensuring your voice is heard and respected.

What is Advance Care Planning?

Advance care planning is about documenting your wishes and instructions for your present and future health should you be unable to speak for yourself. We understand these conversations can be difficult, but with



the right information and support, advance care planning can help you find peace at the end of your life. Below are some tips to help you make informed healthcare decisions.

Choose a substitute decision-maker

A substitute decision maker is a person or persons who will inform the care team about your wishes if you are unable to do so yourself. The substitute decision-maker must understand and represent your wishes for medical care and be able to provide consent for treatments.

Speak to your healthcare team and ask questions

Here are a few questions you may want to ask your healthcare provider:

- What are my current health conditions and concerns?
- What specific medical problems can I anticipate with these conditions?
- What will happen if I decide not to have the treatment and/or procedure?

For additional resources about Advance Care Planning, visit the-ria.ca/resources/babel/.

Brought to you by
the Arbour Trails
Movie Crew



**New members
are welcome!**
See your recreation
calendar for date, time,
and location of meetings

Wednesday Movies
2:30 p.m. & 7:30 p.m.
in Town Hall

April 2 – “The King and I” (1956)

A widow accepts a job as a live-in governess to the King of Siam’s children.

2h 13m

Cast: Yul Brynner, Deborah Kerr, Rita Moreno

April 9 – “Dirty Harry” (1971)

When a man calling himself “the Scorpio Killer” menaces San Francisco, tough-as-nails Police inspector “Dirty” Harry Callahan is assigned to track down the crazed psychopath.

1h 42m

Cast: Clint Eastwood, Andrew Robinson, Harry Guardino

April 16– “The Snow Walker” (2003)

A pilot and his passenger struggle for survival after crashing in the Artic tundra.

1h 43m

Cast: Barry Pepper, Annabella Piugattuk, James Cromwell

April 23 – “True Spirit” (2023)

The story of Australian teenager, Jessica Watson, the youngest person ever to sail solo nonstop around the world.

1h 49m

Cast: Alyla Browne, Teagan Croft, Cliff Curtis

April 30 — “You Only Live Twice” (1967)

James Bond and the Japanese Secret Service must find and stop the true culprit of a series of space hijackings, before war is provoked between Russia and the United States.

1h57m

Cast: Sean Connery, Akiko Wakabayashi

Friday Movies
2:30 p.m. & 7:30 p.m.
in Town Hall

April 4 – “Conclave” (2024)

When Cardinal Lawrence is tasked with leading one of the world’s most secretive and ancient events, selecting a new Pope, he finds himself at the center of a web of conspiracies and intrigue that could shake the very foundation of the Catholic Church.

2h

Cast: Ralph Fiennes, Stanley Tucci, John Lithgow

April 11 – “Rustin” (2023)

Activist Bayard Rustin faces racism and homophobia as he helps change the course of Civil Rights history by orchestrating the 1963 March on Washington.

1h 46m

Cast: Colman Domingo, Chris Rock, Glynn Turman

April 18 – “Nickel Boys” (2024)

Based on the Pulitzer Prize-winning novel by Colson Whitehead, “Nickel Boys” chronicles the powerful friendship between two young African-American men navigating the harrowing trails of reform school together in Florida.

2h 20m

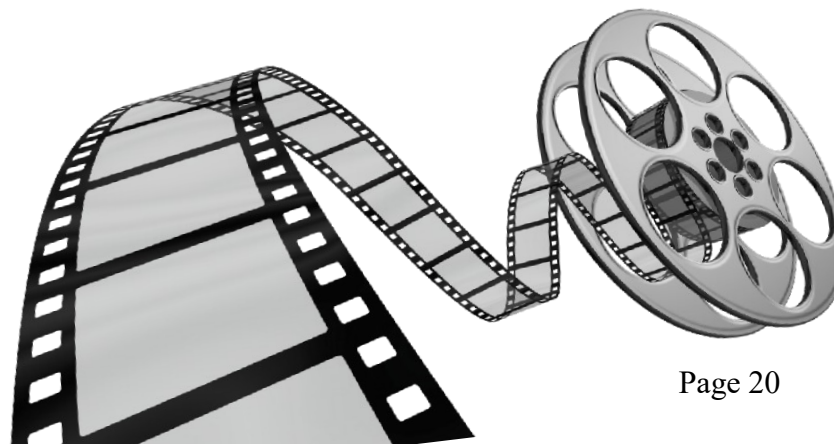
Cast: Ethan Herisse, Brandon Wilson

April 25 – “Pain Hustlers” (2023)

Liza dreams of a better life for herself and her daughter. Hired to work for a bankrupt pharmaceutical company, Liza skyrockets with sales and into the high life, putting her in the middle of a federal criminal conspiracy.

2h 3m

Cast: Emily Blunt, Chris Evans, Catherine O’Hara



Brought to you by
the Arbour Trails
Movie Crew



**New members
are welcome!**
See your recreation
calendar for date, time,
and location of meetings

Saturday Movies
2:30 p.m. in Town Hall

April 5 – “Walk the Line” (2005)

A chronicle of country music legend Johnny Cash's life, from his early days on an Arkansas cotton farm to his rise to fame with Sun Records in Memphis, where he recorded alongside Elvis.

Presley, Jerry Lee Lewis, and Carl Perkins.

2h 16m

Cast: Joaquin Phoenix, Reese Witherspoon, Ginnifer Goodwin

April 12 – “Dirty Rotten Scoundrels” (1988)

Two con men try to settle their rivalry by betting on who can swindle a young American heiress out of fifty thousand dollars first.

1h 50m

Cast: Steve Martin, Michael Caine, Glenn Headly

April 19 – “Canadian Bacon” (1995)

The U.S. President, low in the opinion polls, gets talked into raising his popularity by trying to start a cold war against Canada.

1h 31m

Cast: John Candy, Alan Alda, Rhea Perlman

April 26 – “Ferris Bueller’s Day Off” (1986)

A brash, cocky high school senior, tired of skipping school to spend a boring day at home, is determined to enjoy an epic day roaring around his favorite Chicago sites, enlisting his best friend and girlfriend to join him on the adventure.

1h 43m

Cast: Matthew Broderick, Alan Ruck, Mia Sara

Your movie crew members

Ann B. — suite 387, Becker
Doug K.— suite 371, Becker
Jim M. — suite 2205, Ailsa Craig
David M.— suite 314, Becker
Don B. — suite 335, Becker
Judy G. — suite 368, Becker

New members are always welcome!



Arbour Trails Team Directory

Lead Nurse		505	Can be reached at this extension
Charge Nurse	Emma's & Egerton	880	Can be reached at this extension
Med Certs	Emma's (879), Egerton (883), Williamsburg & Becker (875 & 876)		
Pauline Donovan	General Manager	803	pauline.donovan@schlegelvillages.com
Shannon Holmes	Assistant General Manager & Neighbourhood Coordinator for Becker West	823	shannon.holmes@schlegelvillages.com
Luisa McMaster	Director of Wellness	820	luisa.mcmaster@schlegelVillages.com
Diane Manalastas	Assistant Director of Wellness	877	diane.manalastas@schlegelvillages.com
Donna Hastings	Administrative Coordinator	802	donna.hastings@schlegelvillages.com
Michelle Lippert	Main Building Administrative Assistant	801	michelle.lippert@schlegelvillages.com
Lisa Stuart	Ailsa Craig Administrative Assistant	895	lisa.stuart@schlegelvillages.com
Leticia Damas	Director of Hospitality	804	leticia.damas@schlegelvillages.com
Parry Mandalik	Interim Dining Room Supervisor	834	parikshit.mandalik@schlegelvillages.com
Anuj Solomon	Director of Environmental Services	829	anuj.solomon@schlegelvillages.com
Katie Lammert	Director of Recreation & Volunteer Services	807	katie.lammert@schlegelvillages.com
Nick Chambers	Director of Lifestyle Options	825	nicholas.chambers@schlegelvillages.com
Jenny Schaefer	Director of Lifestyle Options	837	jenny.schaefer@schlegelvillages.com
Marika Jach	Village Experience Coordinator	827	marika.jach@schlegelvillages.com
Jessica Rawlings	Neighbourhood Coordinator	805	jessica.rawlings@schlegelvillages.com
Manbir Kaur	Williamsburg & Becker East Neighbourhood Coordinator	819	manbir.kaur@schlegelvillages.com
Natalie Minnick	Ailsa Craig Neighbourhood Coordinator	872	natalie.minnick@schlegelvillages.com
Megan Wakefield & Miranda Timmerman	Program for Active Living (PAL) Coordinators	808	megan.wakefield@schlegelvillages.com miranda.timmerman@schlegelvillages.com
Beverleigh Broughton & Philip Gearing	Spiritual Care Leads	845	beverleigh.broughton@schlegelvillages.com philip.gearing@schlegelvillages.com
Recreation	Recreation/The Hobby Shop	811	
Maintenance	For maintenance requests contact 887, 888, or 889		
Dining Room Reservations		834	519-836-2464
Riverstone Spa		843	519-840-1500