



The Village of
ARBOUR TRAILS

Our Mission is to provide holistic health care in a home environment located within an internal neighbourhood design that promotes a caring community, with emphasis on optimal health and life purpose.



JUNE 2025

226-251-3065

32 Bayberry Drive,
Guelph, ON, N1G 0C9

Ailsa Craig Neighbourhood:
115 Cherry Blossom Circle,
Guelph, ON, N1G 0A3

Volume 13, Issue 6

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Photo: "Lilacs in June" taken by a resident of Arbour Trails.



Resident Birthdays *June*

If you would prefer not to have your birthday displayed in the newsletter or village, **please let Katie Lammert know at: 226-251-3065 ext. 807**



Birthday Parties

See your neighbourhood
monthly calendar for the
location and time!

*Let's
Celebrate*

A Message From Residents' Council



Dear Residents,

On May 2nd, I had the pleasure of being invited to the annual staff dinner at the Delta. The ambience was lovely. It was such fun to see all the team members and leadership away from work—everyone dressed up and having a good time! Ron Schlegel, a most interesting man, was there along with his sons Jamie and Brad. The dinner was exceptional!

Following the meal, prizes were awarded to winners from various departments. It was so nice to see the happy faces—and maybe even feel a bit happy yourself if your pick won! We “old folks” were spared the dancing and music and retired early. Thank you for inviting me—it was truly memorable!

To all the mothers—how was your Mother’s Day? Did you attend the lovely luncheon? White tablecloths, pink napkins, and real flowers decorated the tables. A delicious lunch was served, followed by an extra-special dessert. What more could we ask for? Did you say thank you for the treat? The hospitality and recreation teams made it all possible for us.

The Victoria Day weekend that followed came with miserable weather, which likely discouraged the campers. I'm sure you found something more enjoyable to do indoors. I also had the pleasure of being invited to a Schlegel Innovation Summit session in Kitchener on May 22nd. The topic was "It Takes Two." It was most interesting to see all the young people who contributed to the project. It was a lot to absorb, but definitely worthwhile—and yes, if you're wondering, I did share some of my own thoughts too!

At our recent general meeting, “Recreation” was our focus. Katie gave an overview of everything the recreation department is responsible for—many things, perhaps even more than mentioned! She also introduced her team members. Some of them we don't see very often, but they're devoted, do a great job, and are always open to new ideas.

We've welcomed many new faces recently. I hope you're making them feel at home—smile, ask their name, and address them kindly.

We're being promised some warm weather in the coming days—enjoy it, but do take care. It's the perfect time to finish up our little gardens.

Wishing you a lovely June. As always, if you have any concerns, please reach out.

Marilyn Wax

President of the Residents' Council Executive

NEW RESIDENTS—Would you like to join the VBARA?

Village by the Arboretum Residents Association former residents renewal OR become a new member! Receive the monthly newsletter “Tree Talk,” and participate in over 100 activities available and much more!

**Contact me at suite #171 or
519-837-3076 if you would like to
learn more about VBARA**

A Message From The VBA



Hello Everyone,

It's wonderful to be enjoying a warm "near-summer" day as I write this note. I look forward to the days ahead when we see more of you and your families enjoying the walks around the grounds and perhaps being able to participate in events, not having to navigate rain and snow.

Thanks to all who took the time to participate in the Reid's Heritage Homes 2025 Satisfaction Survey. The results were highlighted at the VBARA AGM held on Wednesday, May 28th, and it's good to see that residents continue to enjoy life in the VBA. Feedback is always welcome, and VBARA will continue to work with RHH to manage issues as they arise.

It is now time to renew your VBARA membership. The annual fee remains \$30 per household. The response slip is in Tree Talk and can be returned to Marilyn Wax in Arbour Trails or Lyn McLeod in Ailsa Craig. Your membership offers the opportunity to participate in the over 100 activity groups and have input into decisions being made by your residents' association. It also ensures that you continue to receive the Tree Talk newsletter that connects us as a community.

If there is ever anything I can do for you, please don't hesitate to reach out. I'm in and out of Arbour Trails regularly visiting friends and look forward to hearing any of your concerns.

All the best,

Pat Sorbara

President of VBARA (Village by the Arboretum Residents' Association)



In Memoriam

Joseph Leenders
Jane Elliott
Joan Williams

As a Village, we extend
our heartfelt condolences
to their loved ones.

Our "In Memoriam"
display is located outside
the chapel and is updated
regularly.

Chaplain Info

Beverleigh Broughton:

Email: beverleigh.broughton@schlegelvillages.com

Philip Gearing:

Email: philip.gearing@schlegelvillages.com

Chaplains will be in the
Village Tuesdays,
Wednesdays,
Thursdays, and varying
Sunday afternoons.

Phone: (226) 251-3065
Ext. 845

Indigenous writer Randy Woodley has observed, *"What Creator first gave us is creation. It's amazing that when the written Scripture does come along it wonders at, and is in awe of, all of creation and what it has to teach us, including what the animals and the ants have to teach us."*

"Ever since the creation of the world God's eternal power and divine nature, have been understood and seen through the things he has made" (Romans 1:20).

Native spirituality, like the world's major religions, includes the simple wisdom that creation reflects the Creator.

Look out a window. Maybe open a window and listen for a while. If you're able, get outside for a stroll. Among the highly desirable features of our home here at Arbour Trails is that we enjoy such a lovely, natural setting—and nature has so much to offer us if we are prepared to receive her lessons.

I offer no sermon, I simply wish to add my voice to the ancient call to be present with, and reflect upon, our amazing natural world. Look at a tree, the grass, our pond, or the birds. Do so with childlike wonder and a sense of awe.

As summer settles in around us, I invite you to open yourself to the splendor of nature. Look out a window... Lord knows what you might see!

Chaplain Phil

Pick-up a detailed list of this month's Spiritual Care programming outside the Hobby Shop or Chapel!

Village Message Board

A Message from the VBA

Spring is here, and it's a joy to see flowers blooming and hear the birds singing around the Village!



As much as we appreciate birdwatching, we kindly ask that birdfeeders not be placed on main floor patios. They can create a mess and make it harder for our VBA landscaping team to care for the walkways and grounds.

Thank you for helping keep the Village clean and beautiful this season!

Having a Maintenance Issue? Here's What to Do!

If something in your suite needs attention, please submit a maintenance request rather than asking team members directly. This helps keep a clear record and allows the maintenance team to respond more efficiently.

How to Submit a Request:

1. **Visit or call the Main Office at 226-251-3065 ext. 801**
2. **Speak with your Neighbourhood Coordinator** (see back page directory for contact details)

Thanks for helping us keep things running smoothly!

A Message from the VBA Social Committee



**Canada Day
Celebration 2025!**
**Tuesday, July 1 from
1:30 p.m.—4:00 p.m.**

Ft. Entertainment by

“The Blazing Fiddles”

**Please drop response slips off at
the Village Centre, outside the
Hobby Shop, or on the Ailsa Craig
main floor by Friday, June 13—see
the event poster for more
specific details!**

Important Reminder: **Respecting Resident Newspaper Subscriptions**

**A reminder not to take newspapers from
the Main Floor Café unless they're part
of your personal subscription.**

**If you would like to subscribe to a
newspaper, please contact the
following numbers:**

- **Toronto Star** — 416-367-4500
- **Globe and Mail** — 1-800-387-5400
- **Waterloo Region** — 1-800-210-5210
- **The National Post** — 1-800-668-7678

Thank you for your cooperation!

Village Spotlight Series



Name: Emma Carr

Village role: Recreation Team Member

How long I've been at the Village:

2 years

My special interest or hobby: Travelling!

I started in: My parents took me to France in Grade 9—that's when I first fell in love with travel.

What I love most about it: Meeting new people, exploring different cultures, and experiencing what day-to-day life is like in different countries.

Where I've been so far: United States, Dominican Republic, Peru, Chile, France, Portugal, Italy, England, Wales, Morocco, Greece, Thailand, Myanmar, and Japan.

A fun story to share: The photo of me was taken on a trip to Morocco. I had always wanted to see the Sahara Desert and ride a camel—and I got to do both! It was one of my favourite trips because I went with a group of young people from all over the world. I also got to cross Africa off my list as the fifth continent I've visited. I'm hoping to make it to all seven continents in the next few years!



Village Spotlight Series

Do you have a special
talent, skill, or passion?

We want YOU in our monthly Village Spotlight!

Whether you're an artist, musician, storyteller, baker, crafter, or unique hobby - we'd love to share your story with the community.

Interested?

Call Katie at 226-251-3065 x 807

Dining News



Event	Date	Time	Location
Food Committee Meeting	No Food Committee meeting this month	-	-
Father's Day Lunch	Sunday, June 15	Your usual meal time	The Dining Room

Dining Room Reservation Info:

We understand the importance of sharing meals together and we encourage family and guests to join their loved ones for a meal in the village. In order to accommodate everyone, we kindly request a 24-hour notice to ensure that a table can be set up for you and your loved one.

**To make a reservation, please contact our reservation number at:
(519) 836-2464**

Catering & Room Booking Info:

To book, please contact our Administrative Assistance in the Main Office or call our reservation line. Our Hospitality Team will follow up to confirm the details.

At this time, catering services are paused until further notice. We apologize for any inconvenience and truly appreciate your understanding.

Thank you for your cooperation!

Guest meal pricing

While we request 24 hours' notice for guest meals, when possible, we will make every effort to accommodate last-minute requests.

	Retirement
Breakfast	\$10.50
Lunch	\$16.80
Dinner	\$19.95





Program For Active Living (PAL) Corner!



Happy June Arbour Trails!



This month the **Tour De Guelph** is being held on **Sunday, June 22nd** to raise money for Guelph General Hospital! This is an annual city-wide cycling event that challenges participants to race in a cycling route of their choosing across the city of Guelph. The routes vary in distance ranging from 5km-113km in length.

TOUR DE GUELPH CHALLENGE:

Choose your route length and complete the designated number of steps on the NuStep machine in the Fitness Center by the end of the month to reach the podium!

25km Race = 32,800 steps

50km Race = 65,600 steps

60km Race = 78,720 steps

Stay tuned for more information!



NEW JUNE CLASS ALERT!



Meet us in the **Café at 3:00pm on Thursdays** to join our new **Walking Club!** Enjoy an outdoor guided walk with friends and neighbors around our beautiful village. **Walking poles are available for use.** Let's take advantage of this warm weather!

NOTE: Walking Club will replace Gentle Exercise for this month.

If you have any questions about the Tour De Guelph NuStep Challenge, Walking Club or the PAL Program in general, please reach out to Megan or Miranda at extension 808.



Fitness Classes at a Glance

(see calendar for changes)

Fitness Centre (FC)
Jack Purcell Lounge (JPL)
Hobby Shop (HS)

Mondays:

VON Exercise Class:

11:00 — Ailsa Craig (JPL)

Better Balance:

10:00 — Standing Class (FC)

3:00 — Ailsa Craig (JPL)

Get Active:

2:00 — Seated Class (FC)

Tuesdays:

Fun & Fitness:

10:00 — Egerton

11:00 — Emma's

VON Exercise Class:

11:00 — Ailsa Craig (JPL)

Stretch Class:

3:30 — Open to All (FC)

Wednesdays:

VON Exercise Class:

9:30 — Open to All (FC)

11:00 — Ailsa Craig (JPL)

Get Active:

10:15 — Standing Class (FC)

2:00 — Seated Class (FC)

3:00 — Ailsa Craig (JPL)

Thursdays:

Chair Yoga (FC):

10:00 — Open to All

Fun & Fitness:

11:00 — Egerton

VON Exercise Class:

11:00 — Ailsa Craig (JPL)

Walking Club:

3:00 — Open to All (MFC)

Fridays:

VON Exercise Class:

9:30 — Open to All (FC)

Fun & Fitness

11:00 — Emma's

Hand Therapy:

2:30 — Open to All (HS)

Saturdays:

Fun and Fitness:

10:00 — Emma's

11:00 — Egerton

Parallel Bars Balance Class:

2:30 — Open to All (FC)

Village Life *Last Month in Photos*



Top: Mother's Day luncheon, fun at the puzzle tables, & Belgian Nursery outing.

Middle: Still-life painting at the art hour program.

Bottom: Victoria Day high tea.



Village Life *Transportation & Outings*



Independent Shopping Shuttle

Drop-off/Pick-up locations:

- Arbour Trails Front Entrance
- Ailsa Craig Front Entrance
- Metro
- Walmart
- Indigo: Stone Road Mall
- Farm Boy
- Shoppers Drug Mart & LCBO: Scottsdale Road
- Hartland Zehrs
- No Frills

You will be picked up **1 hour** after your drop off time at the same location. **SIGN-UP REQUIRED**

Shopping Shuttle Schedule

Every Thursday at:

10:00 a.m. — Front Entrance

10:05 a.m. — Ailsa Craig

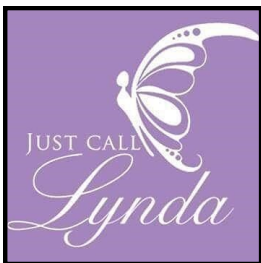
2:00 p.m. — Front Entrance

2:05 p.m. — Ailsa Craig

Please Sign-up outside of the Hobby Shop or Ailsa Craig Main Floor.

If the sign-up is full, we encourage residents to check in with the Recreation Team at ext. 811 on Thursday mornings to see if any last-minute spots have opened up.

Accessible Transportation Resources



Just Call Lynda

Phone: 519-827-5571

Email: justcalllynda@gmail.com



VON Canada

Phone:

1-888-506-6353

Do you Have Suggestions for Outings?

Come to the monthly outings meeting!



Next Meeting:

Monday, June 2 at 10:15 a.m.

in the Hobby Shop

Everyone is Welcome!

Village Life June Happenings

Celebrating
10 Years of
#ElderWisdom



#ElderWisdom Campaign

Video Showing

2:30 p.m. in Town Hall

Entertainment by
The VBA's Easy Listening Combo
featuring guest vocalist
"Steven Henrikson"

at 3:00 p.m. in Town Square

Pride @ Schlegel Villages



Join us
Wednesday,
June 11

as we celebrate pride
across our villages - wear
rainbow colours and visit
our displays on Mainstreet
and Ailsa Craig Main
Floor!

THE VILLAGE SINGERS

PRESENT



"HERE'S TO SONG"

SPRING CONCERT

Tuesday June 10

7:30pm

Reid Hall, Village Centre

Alison MacNeill, Artistic Director

Gregson Lodge, Accompanist

Tickets: \$20 (Sorry, No Refunds)

Please see Tree Talk for ticket ordering by June 5

Or contact: Deb Kuehnbaum 519-265-7708

Tickets also available at the door

Refreshments



Father's Day
Cafés

Sunday, June 15



See your neighbourhood
calendar for more details

Village Life *June Happenings*

Arbour Trails

WHEELCHAIR & WALKER WASH



Thursday, June 19

from 10:30 a.m.—noon
& 1:30 p.m.—3:00 p.m.
Outside the Main Entrance

FIRST DAY OF SUMMER

STRAWBERRY SOCIALS

Friday, June 20

3:00 p.m.
in The Main Floor &
Egerton Cafés

With Entertainment by:

"The Elderly Brothers"

Wear bright colours to
welcome Summer!

Support or join "The Arbour Wheeler dealers"



As we take on the Tour de Guelph on Sunday June 22nd

Scan QR code to join the team or to donate

<https://secure.e2rm.com/p2p/fundraising/390679/team/1032425/en-CA>

See Nick in the Welcome Center for more details



Village Life *June Happenings*



GATHER *Grief & Loss Group*

Starting Tuesday, June 24
at 2:30 p.m.
in Town Hall

GATHER is a facilitated group discussion program exclusive to Schlegel Villages with the purpose of creating space for people to connect with others who share similar experiences.

Led by Chaplain
Beverleigh Broughton

BARB'S PRODUCE



(formerly Thee Corn Stand)

Starting Thursday, June 26
9:00 a.m. to 1:00 p.m.
Outside the Village of Arbour
Trails Main Entrance



We are honouring ten years of **#ElderWisdom**, a program dedicated to challenging the stigma and ageism that older adults often face in our society.

Join the **CELEBRATION**

Be a part of our community event!
Have a seat on the bench and enjoy insightful conversation with a senior!

**Tuesday,
June 24**

2:00 p.m. - 5:00 p.m.

Guelph Public Library

100 Norfolk St, Guelph, ON N1H 4J6



Hosted by:



Share online    

elderwisdom.ca

Arbour Trails

MULTICULTURAL FESTIVAL

Friday, June 27
1:45 p.m. - 4:00 p.m.
on Mainstreet

Do you love sharing your cultural traditions, foods and customs with others? We invite you to be a part of this year's Multicultural Festival!

Whether it's through food, music, dance, crafts, or stories, your contribution will make the festival much more exciting!

Sign-up in the Village Main Office
by Wednesday, June 18

Email Katie at:
katie.lammert@schlegelvillages.com
if you have any questions!



Village Life *Music & Vendors*

LIVE Entertainment

The VBA's Easy Listening Combo ft. Vocalist Steven Henrikson

Monday, June 2
at 3:00 p.m. in Town Square

Karen Guitard on Piano

Tuesday, June 3 & 17
at 3:00 p.m. in Town Square

Susie Q Sing-Along

Tuesday, June 10
at 2:00 p.m. on the Emma's
Neighbourhood

The VBA's Elderly Brothers

Friday, June 20
at 3:00 p.m. in Town Square

Kevin Coates

Monday, June 30
at 3:00 p.m. in Town Square



Vendors

Cameron Card Creations

Tuesday, June 3
from 10:30 a.m.—2:00 p.m.
in Town Square

The Clothing Chick

Thursday, June 5
from 11:00 a.m.—3:00 p.m.
in The Hobby Shop

Adrian's Fashion

Wednesday, June 11
from 10:00 a.m.—3:00 p.m.
in The Hobby Shop

Creations Boutique

Wednesday, June 18
from 10:00 a.m.—2:00 p.m.
in The Hobby Shop

Bella Boutique

Wednesday, June 25
from 10:00 a.m.—2:00 p.m.
in Town Square

Barb's Produce

Thursday, June 26
from 9:00 a.m.—1:00 p.m.
At the Front Entrance



Happy Hour!

Featuring LIVE music with Arbour Trails resident "Bill Parker"

Wednesdays & Saturdays at 3:00 p.m.
in the Main Floor Café

(see daily boards for updates or changes)

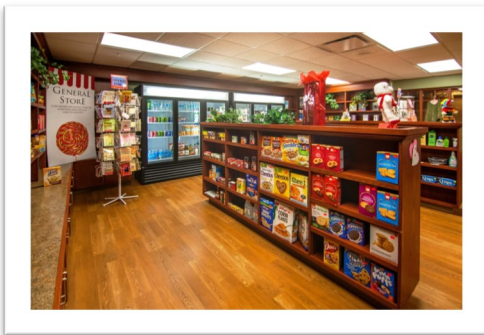
Village Life

Visit Our General Store!

Hours:

Monday—Friday
1:30 p.m. to 3:30 p.m.

To learn more about the store
contact Katie Lammert at
226-251-3065 extension 807 or
katie.lammert@schlegelvillages.com



We carry a variety of Items!

- Personal hygiene products
- Assorted breads
- Milk & other dairy products
- Assorted snacks, pop, juice & candy
- Assorted cereal & breakfast items
- Greeting Cards

And much more!

CASH ONLY

Guelph Public Library Bookmobile

Wednesday,
June 4 & 18
from
3:00-4:00 p.m.



**Outside the Arbour Trails
Front Entrance**

If you have questions about how to get
signed up, **call the Recreation Team at
226-251-3065 x 811**

IMPORTANT REMINDER

Please **do not** return books
borrowed from the Guelph Public
Library or Bookmobile to the
Arbour Trails Library return bin.

These items must be returned
directly to the Guelph Public
Library or Bookmobile. If they're
left in the Arbour Trails bin, you
may risk late fees from the Guelph
Public Library.

Thank you for your help!



Ear & Hearing Clinic

JULIANE SHANTZ • DOCTOR OF AUDIOLOGY

It is our pleasure to offer full Audiology services to all Schlegel Village residents.



These services include:

- hearing tests,
- hearing aid cleaning,
- adjustments,
- wax removal,
- assistive listening devices and hearing aid sales.

Our services are located at your Retirement Village, and appointments are required.

For more information or to book an **appointment** please call

1-888-745-5550

retirement@earandhearingclinic.com

www.earandhearingclinic.com

Big Smiles Mobile Dental Hygiene



647-286-0958


**Dental hygiene
in the comfort of
your own home!**

A travelling dental hygienist,
I come to you – chair and all!

Carolyn Maloney

Registered Dental Hygienist

bigsmilesmobiledh@icloud.com

 Big Smiles Mobile Dental Hygiene



We're pleased to share that **ultrasounds will now be available onsite** at the Village through Ontario Mobile Imaging.

For more information on how to access this service, please connect with the nursing team:

Luisa McMaster

Director of Wellness Ext. 820

Diane Manalastas

Assistant Director of Wellness Ext. 877



**Make an
appointment at
519-840-1500**

Haircuts, massage, skin care, manicures, pedicures and waxing services available!

Celebrating Team! *SUCCESS Awards*



Success Awards



Know Me

Novie Palen
Nursing



Success Awards



Be Present

Christine Turner
Housekeeping



Success Awards



Walk In My Shoes

Custodia Leal
Dietary



Success Awards



Earn Trust

Maria Palmes
Nursing



Success Awards



Follow Through

Maria Almeida
Housekeeping

Join us in congratulating our 2025 team member SUCCESS Award winners! We thank each of them for their dedication, perseverance and commitment to delivering an extraordinary experience for residents, family members and friends of Arbour Trails.

SPOT the dot!

Tell us who is connecting the dots and delivering an extraordinary experience.

Easy as 1, 2, 3!

- 1 Think of a team member who lives one of our credo values: **Know me, Be present, Walk in my shoes, Earn trust or Follow through.**
- 2 Find the board in the Village, choose that value post-it note, write your message and post it on the board.

KNOW ME
...as a unique human being.

BE PRESENT
...in all communications.

WALK IN MY SHOES
...by trying to understand how I feel.

EARN TRUST
...by being clear, genuine and transparent in all interactions.

FOLLOW THROUGH
...all the way.

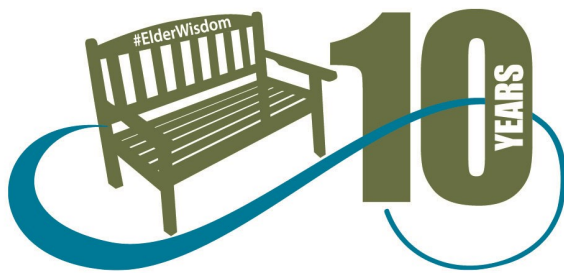
SPOT the dot!

Tell us who is connecting the dots and delivering an extraordinary experience.

Easy as 1, 2, 3!

- 1 Think of a team member who lives one of our credo values: **Know me, Be present, Walk in my shoes, Earn trust or Follow through.**
- 2 Choose that value post-it note, write your message and post it on the board.
- 3 Take the searching ribbon, find the team member and present it to them.

Schlegel Villages – CONNECTIONS



Join the CELEBRATION

We are honouring ten years of **#ElderWisdom**, a program dedicated to challenging the stigma and ageism that older adults often face in our society.

For the past 10 years, we have celebrated **Senior's Month** each June with our **#ElderWisdom** campaign, and for our 10th Anniversary, we're excited by the events we have coming up.

A key component of the campaign is always the **Green Bench movement**, where residents from Schlegel Villages sit on a signature green bench in public spaces to share their life experiences and insights with the community. This initiative fosters meaningful conversations between older and younger generations, helping to challenge stereotypes about aging and we're excited about each of the events the Villages are hosting this month.

This year, however, we are expanding the impact by incorporating a new, exciting element to our campaign: **the Green Bench travels**. Selected residents will have the opportunity later this summer to return to places of personal significance—whether it be their hometowns or dream destinations, such as Newfoundland, Ottawa, and London, England.

We intend to document these adventures through storytelling in our Village Voice and through a documentary we hope to showcase at film festivals and within the senior's care sector.

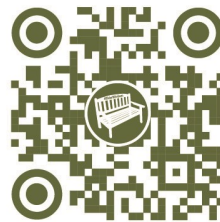
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Schlegel Villages – CONNECTIONS

Many years ago, Ron Schlegel challenged our teams to find meaningful ways to showcase the amazing wealth of knowledge older adults harbour, suggesting that **“the greatest untapped resource in Canada, if not the world, is the collective wisdom of our elders.”**

#ElderWisdom is dedicated to challenging the stigma and ageism that older adults often face in our society. It reminds us of the wealth of wisdom that seniors offer and helps restore them to a place of reverence and respect. We're grateful for everyone who helps make these events such a success!

To learn more about the program, find a local event and/or take the #ElderWisdom pledge, **scan the QR code** or visit **elderwisdom.ca**



PRIDE MONTH

We stand with our 2SLGBTQIA+ team and family.

SPREAD LOVE
NOT HATE

Meet Aaron Jones, RIA's Newest Researcher

Earlier this year, the Schlegel-UW Research Institute for Aging (RIA) welcomed Aaron Jones to their world-class research team, as the Schlegel Chair in Clinical Epidemiology and Aging. Let's get to know the newest member of the RIA's researcher team.

Question: Tells us about you and your work?

Answer: I am a health services researcher and biostatistician with expertise in the use of health administrative data and data science methodologies. My research focuses on the health service use of older adults with ongoing care needs, with the aim of discovering how to better organize, manage, and deliver the care older adults need in their preferred location. This could mean improving care in the emergency department to better support people with higher needs, making sure older adults with trouble reaching a family doctor can access effective primary care, and striving for more efficient and clear communication among health care professionals.

Question: What inspired you to pursue research in the field of aging?

Answer: I didn't start out with a specific interest in aging. Originally, I was more drawn to the science of statistics but moved away from the theoretical to the practical because I wanted to have a real-world impact. I was working in health analytics for the government of Ontario when I realized that our health care system was not designed or set up to best meet the



needs of older adults, particularly those with greater care needs such as people living with dementia. This realization inspired me to pursue a career in health research to address this gap.

Question: What is the primary focus of your current research?

Answer: My primary focus is investigating ways we can better organize, manage, and care for older adults. Currently, my two main focus areas are:

1. Geriatric care in the emergency department. I'm exploring the availability and effectiveness of geriatric-trained nurses to improve patient experiences and outcomes in the emergency department.
2. Primary care for older adults with functional impairment. I'm looking at various models of primary care for older adults who have difficulty visiting a doctor or medical office, including home visits and virtual visits.

To read more about Aaron Jones and his work, visit the-ria.ca.

Brought to you by
the Arbour Trails
Movie Crew



**New members
are welcome!**

See your recreation
calendar for date, time,
and location of meetings

Wednesday Movies
2:30 p.m. & 7:30 p.m.
in Town Hall

June 4 – “Death at a Funeral” (2007)

Chaos ensues when a man tries to expose a dark secret regarding a recently deceased patriarch of a dysfunctional British family.

1h 30m Rated: 14A

Cast: Matthew Macfadyen, Peter Dinklage

June 11 – “Conair” (1997)

Newly-paroled ex-con and former U.S. Ranger Cameron Poe finds himself trapped in a prisoner-transport plane when the passengers seize control.

1h 55m Rated: 18A

Cast: Nicolas Cage, John Cusack

June 18 – “American Graffiti” (1973)

A group of teenagers in California's central valley spend one final night after their 1962 high school graduation cruising the strip with their buddies before they pursue their varying goals.

1h 50m Rated: PG

Cast: Richard Dreyfuss, Ron Howard

June 25 – “The Quiet Man” (1952)

A retired American boxer returns to the village of his birth in 1920s Ireland, where he falls for a spirited redhead whose brother is contemptuous of their union.

2h 9m Rated: G

Cast: John Wayne, Maureen O'Hara

Friday Movies
2:30 p.m. & 7:30 p.m.
in Town Hall

June 6 – “Seabiscuit” (2003)

True story of the undersized Depression-era racehorse whose victories lifted not only the spirits of the team behind it but also those of their nation.

2h 20m Rated: PG

Cast: Tobey Maguire, Jeff Bridges

June 13 – “Uncle Frank” (2020)

In 1973, when Frank Bledsoe and his 18-year-old niece Beth take a road trip from Manhattan to Creekville, South Carolina, for the family patriarch's funeral, they're unexpectedly joined by Frank's lover, Walid.

1h 35m Rated: 14A

Cast: Paul Bettany, Sophia Lillis, Peter Macdissi

June 20 – “Sing Sing” (2023)

Divine G, imprisoned at Sing Sing for a crime he didn't commit, finds purpose by acting in a theatre group alongside other incarcerated men in this story of resilience, humanity, and the transformative power of art.

1h 47m Rated: 14A

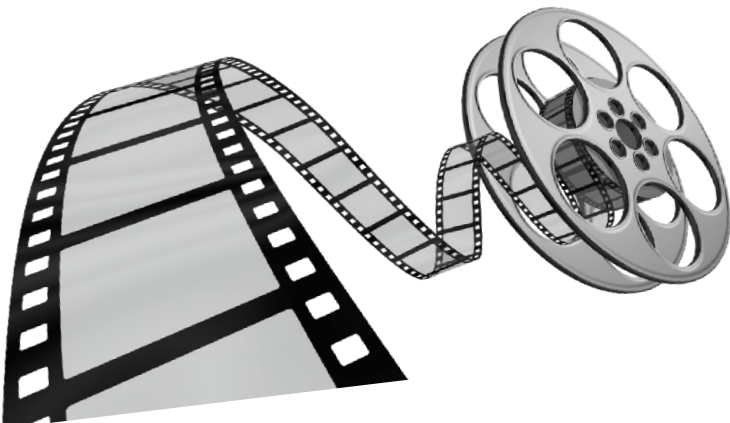
Cast: Colman Domingo, Clarence Maclin

June 27 – “Anora” (2024)

A young stripper from Brooklyn meets and impulsively marries the son of a Russian oligarch. Once the news reaches Russia, her fairy tale is threatened as his parents set out for New York to get the marriage annulled.

2h 19m Rated: 18A

Cast: Mikey Madison, Paul Weissman



Brought to you by
the Arbour Trails
Movie Crew



**New members
are welcome!**

See your recreation
calendar for date, time,
and location of meetings

Saturday Movies
2:30 p.m. in Town Hall

June 7 – “Diamonds are Forever” (1971)

A diamond smuggling investigation leads James Bond to Las Vegas where he uncovers an evil plot involving a rich business tycoon.

2h Rated: PG

Cast: Sean Connery, Jill St. John, Charles Gray

June 21 – “Brokeback Mountain” (2005)

Two shepherds fall for each other, but their relationship becomes complicated when they both get married to their respective girlfriends.

2h 14m Rated: 14A

Cast: Jake Gyllenhaal, Heath Ledger, Michael Williams

June 28 – “Moonlight” (2016)

A young African-American man grapples with his identity and sexuality while experiencing the everyday struggles of childhood, adolescence, and burgeoning adulthood.

1h 51m Rated: 14A

Cast: Mahershala Ali, Naomie Harris, Trevante Rhodes



**Tuesday, June 17
at 5:00 p.m.
in Town Hall**

Featuring “Oppenheimer”

A dramatization of the life story of J. Robert Oppenheimer, the physicist who had a large hand in the development of the atomic bombs that brought an end to World War II. **3h Rated: 14A**

Cast: Cillian Murphy, Emily Blunt, Matt Damon

**\$5.00 per resident (Pizza, Pop, & Desert)
Sign-up outside the Hobby Shop
is required.**



Arbour Trails Team Directory

Lead Nurse		505	Can be reached at this extension
Charge Nurse	Emma's & Egerton	880	Can be reached at this extension
Med Certs	Emma's (879), Egerton (883), Williamsburg & Becker (875 & 876)		
Pauline Donovan	General Manager	803	pauline.donovan@schlegelvillages.com
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Natalie Minnick	Ailsa Craig Neighbourhood Coordinator	872	natalie.minnick@schlegelvillages.com
Megan Wakefield & Miranda Timmerman	Program for Active Living (PAL) Coordinators	808	megan.wakefield@schlegelvillages.com miranda.timmerman@schlegelvillages.com
Beverleigh Broughton & Philip Gearing	Spiritual Care Leads	845	beverleigh.broughton@schlegelvillages.com philip.gearing@schlegelvillages.com
Recreation	Recreation/The Hobby Shop	811	
Maintenance	For maintenance requests contact 887, 888, or 889		
Dining Room Reservation Line		834	519-836-2464
Riverstone Spa		843	519-840-1500