

# *Riverside* REVIEW

Vol. 27 Issue 6 June 2025

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**Mission Statement**  
Our Mission is to  
provide holistic health  
care in a home  
environment located  
within an internal  
neighbourhood design  
that promotes a caring  
community, with  
emphasis on optimal  
health and life purpose  
for each resident.



*The Village of*  
**RIVERSIDE GLEN**

*Hello*  
*June*



*Message from*

# BRYCE MCBAIN

Dear Residents, Families, and Team Members,

As we step into June, we reflect with gratitude on a vibrant and joy-filled spring that has brought us all closer together. Our Village has been buzzing with life, and it's all thanks to the collective spirit and support of our residents, families, and team members.

In May alone, we saw firsthand how investing in meaningful social experiences enhances the wellbeing of our entire community. Residents and team members ventured to **Brae Ridge Farm**, connected with nature and animals, and found peace in the countryside. They explored the wonders of the **Toronto Zoo** and **Ripley's Aquarium**, where curiosity and smiles were on full display. We even hit the city for some big-league moments! Our residents and team members took in a **Blue Jays game**, and one resident lived out a lifelong dream by attending his **first NHL playoff game at Scotiabank Arena**.

The unforgettable evening, **Game Two of Round Two**, when the Toronto Maple Leafs won, was made possible thanks to the generosity of our community partner **Maple Leaf Healthcare and Senior Living**. Their sponsorship turned a wish into a cherished memory, and we are incredibly grateful for their support.

Another special thank-you goes out to our local friends at **City Pizza**. Their kindness created a meaningful moment for one of our residents, who previously owned a pizzeria for 15 years. Thanks to their generosity, he was able to relive the joy and pride of **crafting pizzas once again**.

We also came together to celebrate **Caregiver's Week**, a cherished tradition where we honour our caregivers. Their commitment and compassion never go unnoticed, and it was a joy to celebrate their essential role with the appreciation they so deeply deserve.

And what a day we had for **World Multiculturalism Day**! From the aroma of international dishes to the rhythm of diverse music and dance, Main Street was alive with colour, culture, and connection. The event was largely self-directed by our remarkable team, and the spirit of inclusivity and joy was infectious. Conversations flowed, friendships blossomed, and laughter echoed through the halls, reminding us all how beautiful it is when we come together as one community.

These experiences are the result of many hands, open hearts, and a shared commitment to vibrant living. To every resident who participates, every family member who supports, every team member who creates the magic, and every community partner who helps us dream bigger...we thank you.

As we look ahead, please join me in **wishing all fathers, grandfathers, and father figures a very Happy Father's Day on June 15th**. May it be a day filled with love, gratitude, and cherished memories.

– Bryce, General Manager, The Village of Riverside Glen

# *Message from* Your Long-Term Care Family Council

## June Family Council Article

Ahhh.....June! A time of weddings and new life, flowers and green grass. Time to get outside and enjoy the warm weather and sunny skies! The grounds of Riverside Glen have many shady areas with benches to use, or you might bring your own folding chairs. Consider having a picnic or grabbing iced coffees to share with your loved one. A change in the routine is always appreciated! Downloading plant identify apps such as “Picture This”, or bird identifies like “Merlin”, can add even more interest to your time in the outdoors.

Our May Family Council meeting began with the sad announcements of the passing of Doug Whelpdale and of Gord Mason, the husbands of Lyn, our Family Council secretary, and Helen, our vice-chair. We expressed our condolences for their losses, and also our appreciation for Lyn and Helen’s service. We will miss them.

Our meeting went on to welcome Carolyn Maloney, a registered independent dental hygienist. Her company provides oral care services to Riverside Glen, as an add on service at the family’s request. This can save trips out to the dentist for our loved ones. She cleans teeth and checks their condition, can install temporary fillings which last 2 weeks to 2 years, and has a special solution she can apply to teeth to slow down decay. If your loved one’s needs are especially challenging, she is happy to train team members on the best way to provide their oral care. When an outside dental appointment is required, she can write a report of her findings, and even accompany the resident to the appointment, if family is not available to go with them. Her business card is located at Helen’s desk in the main entrance of long-term care, and in each of the neighborhoods.

Our next meeting takes place Thursday June 12. This is our final meeting until September, and is an important one for as many family members to attend as possible. We will be reviewing the Family and Resident Quality of Life Surveys for 2024 which were sent to you in May in an email. These surveys are the way Riverside Glen gets feedback on the job they are doing in taking care of our loved ones. What are they doing well? What needs improvement? Our meeting is virtual, and only an hour long, but if you can’t make this meeting, please read the quality of life surveys and send along your thoughts to me at [wendy.presant@gmail.com](mailto:wendy.presant@gmail.com), and I will pass them along.

Wendy Presant Chair of Riverside Glen LTC Family Council

# Chaplain's Corner

To: Residents, Family, and Team Members

In May we remember Mothers and Grandmothers; June is the month to recognize Fathers, Grandfathers and anyone who has had a Fatherly influence. I came across this poem about Fathers by Helen Steiner Rice called "Fathers Are Wonderful People."

"Fathers are wonderful people, too little understood, and we do not sing their praises as often as we should, for Father struggles daily to live up to his image as protector and provider and hero of the scrimmage, and perhaps that is the reason we sometimes get the notion, that fathers are not subject to the thing we call emotion. But if you look inside Dad's heart, where no one else can see, you'll find he's sentimental and as soft as he can be. Fathers are just wonderful in a million different ways, and they merit loving compliments and accolades of praise, for the only reason Dad aspires to fortune and success is to make the family proud of him and bring them happiness, and like our Heavenly Father, he's a guardian and a guide,

Someone we can count on to be always on our side."

Happy Father's Day.

Also Sunday June 29 @ 10:30 in the Town Hall will be a combined Church Service for Retirement and LTC to celebrate Canada.

Blessing to you,  
Rev. Brenda Woodall

## In Memoriam

The Board of Directors, Leadership, Team Members and Residents were saddened by this month's passing of:

*Susan Ross*

*John Stevenson*

*William "Bill" Henry*

*Freda "Diane" Stewart*

*Naureen Facey*

*Joan Holyoke*

*Jean Peacock*

*Patricia Howitt*





# *Riverside Glen* *welcomes new residents* *to our community*



*E Komo Mai*

*Bem-Vindo*

Welkom

## Welcome

Witajcie

*Benvenuto*

Bienvenue

*Karibuni*

### *Retirement*

Anne Tinker  
Matthew Savory  
Jacques Asselin  
Beverly Asselin  
Brian Ferguson  
George Vos  
John Cleaver  
Terry Leahey

### *Long Term Care*

Edgar Riel  
Richard Arsenault  
Sharon Marrow  
Brian Haylock  
Krystyna Olkusz  
John Wheeler





# PHOTO REVIEW OF MAY





# COMING UP IN JUNE

Mon June 2	2 P.M	GreenBench Kick Off Party (Town Hall—RH Café)
Mon June 9 –12		PRIDE Week Celebrations
Sat June 14	2 P.M	Father's Day Celebrations: The Remedy Band (Retirement Patio/Pond)
Fri June 20	5:30 P.M	Summer Solstice Dinner
Sat June 21	2 P.M	National Indigenous Peoples Day. Movie: Indian Horse
Tues June 24	2-4 P.M	#Elderwisdom Greenbench: Guelph Public Library Outing
Sun June 29	10:30 A.M	Canada Day Church Service (Retirement Town Hall)

## Vendors

### **Creations Boutique**

Thursday June 5 10-2 Mainstreet RH

### **Bonnie's Cards Making**

Tuesday June 10 10-2 Mainstreet RH

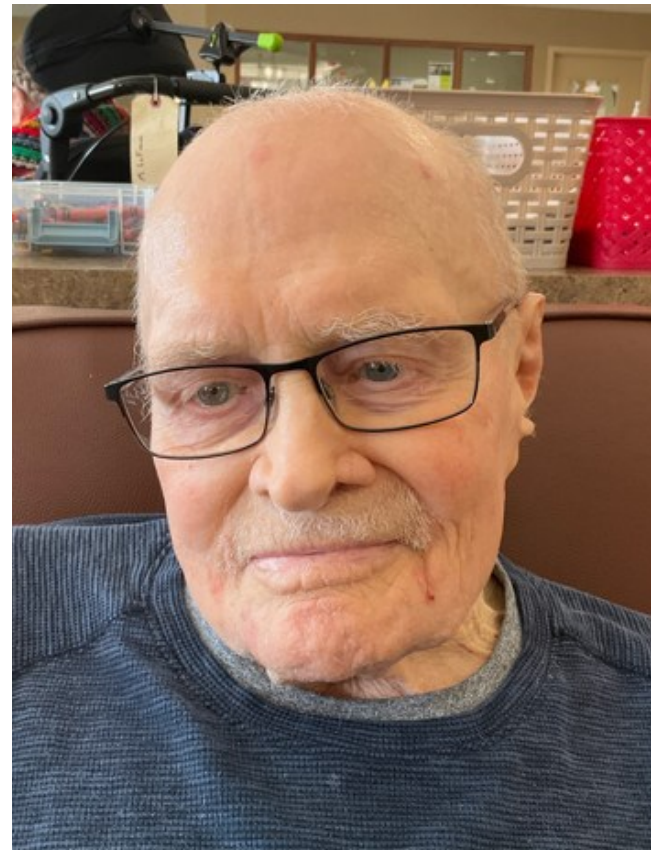
### **Cameron Cards**

Thursday June 12th 10-2 Mainstreet RH



## Athlete of the Month: **Don May**

Don participates in group classes every week where he always has a smile and a friendly word for others. Don says that maintaining good health and independence are things that help motivate him to keep exercising. Some activities Don enjoys doing are ring toss and catch. Thank you, Don, for being a great example for us all, congratulations!





## Meet Aaron Jones, RIA's Newest Researcher

Earlier this year, the Schlegel-UW Research Institute for Aging (RIA) welcomed Aaron Jones to their world-class research team, as the Schlegel Chair in Clinical Epidemiology and Aging. Let's get to know the newest member of the RIA's researcher team.

### Question: Tells us about you and your work?

**Answer:** I am a health services researcher and biostatistician with expertise in the use of health administrative data and data science methodologies. My research focuses on the health service use of older adults with ongoing care needs, with the aim of discovering how to better organize, manage, and deliver the care older adults need in their preferred location. This could mean improving care in the emergency department to better support people with higher needs, making sure older adults with trouble reaching a family doctor can access effective primary care, and striving for more efficient and clear communication among health care professionals.

### Question: What inspired you to pursue research in the field of aging?

**Answer:** I didn't start out with a specific interest in aging. Originally, I was more drawn to the science of statistics but moved away from the theoretical to the practical because I wanted to have a real-world impact. I was working in health analytics for the government of Ontario when I realized that our health care system was not designed or set up to best meet the



needs of older adults, particularly those with greater care needs such as people living with dementia. This realization inspired me to pursue a career in health research to address this gap.

### Question: What is the primary focus of your current research?

**Answer:** My primary focus is investigating ways we can better organize, manage, and care for older adults. Currently, my two main focus areas are:

1. Geriatric care in the emergency department. I'm exploring the availability and effectiveness of geriatric-trained nurses to improve patient experiences and outcomes in the emergency department.
2. Primary care for older adults with functional impairment. I'm looking at various models of primary care for older adults who have difficulty visiting a doctor or medical office, including home visits and virtual visits.

To read more about Aaron Jones and his work, visit [the-ria.ca](https://the-ria.ca).

*Message from*

## **Long Term Care Resident**

May 27, 2025

**Dear Bryce,**

Please forward to the staff of the Village of Riverside Glen my heartfelt thanks for the amazing International Festival Day (May 21, 2025).

As we strolled or rolled through the hallway, they led us on a whirlwind tour of the world. You invited us to participate in your dancing and song, to enjoy your colorful native costumes, and to sample—and sample, and sample—your amazing foods. It was truly a wonderful event.

I could not help but reflect on the rich message you gave us. It was a message of hope for a troubled world. A message of listening to one another. A message of learning from one another. A message of appreciating our differences. A message of building bridges. Thank you. Thank you. Thank you.

**Thank you.**

*Long-term care resident,  
Elaine Beattie*





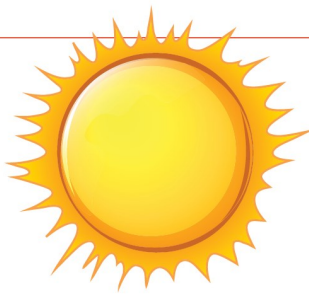
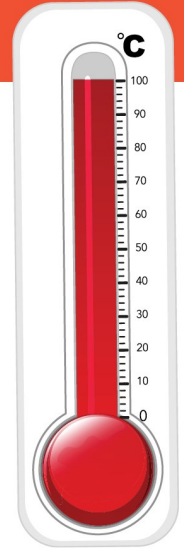
# Heat-related illness

## Prevention and management

As warmer weather approaches, we want to provide a safe and comfortable environment for all residents.

Heat-related illnesses are a group of serious and escalating medical conditions which include heat rash, heat cramps, heat exhaustion and heat stroke, and can have a significant impact on the health of our residents.

Our heat related illness prevention and management plan will be implemented annually, beginning May 1st to September 30th, as well as any other time when the temperature is forecasted externally, or reaches internally 26 degrees.



## Hot weather tips

The signs and symptoms of heat related illness can occur quite quickly with little to no warning. Residents are assessed for heat risk annually and strategies developed. The following tips are general in nature.



### Staying cool

- With safety in mind, use a battery powered or hand-held fan to provide some breeze during warm weather.
- Keep cool cloths handy to apply to the face, neck, and arms.
- Cloths can be wrapped around ice cubes for quick cooling and a small water spray mist bottle can help cool individuals rapidly.



### Clothing

- Wear loose, lightweight, light-coloured clothing.
- A wide brimmed hat will help protect the head and face and sunglasses will help protect the eyes.



### Skin protection

- Stay out of direct sunlight by using shade trees, covered awnings or patio umbrellas.
- Sunscreen should always be applied, even in the shade. Remember to reapply as needed.



### Nourishment

- Frequent, smaller meals may be more easily tolerated during hot weather.
- Avoid dehydration by consuming fluids before, during and after meals, as appropriate.
- Hydrate with water and other cooling choices such as Popsicles and watermelon between meals.
- Alcohol may cause dehydration and should be avoided.



### Physical activity

- Keep outdoor physical activity to a minimum and take frequent rest periods.
- Attempt to stay indoors during the warmest part of the day.





# Schlegel Villages – **CONNECTIONS**



## *Join* the **CELEBRATION**

We are honouring ten years of **#ElderWisdom**, a program dedicated to challenging the stigma and ageism that older adults often face in our society.

For the past 10 years, we have celebrated **Senior's Month** each June with our **#ElderWisdom** campaign, and for our 10th Anniversary, we're excited by the events we have coming up.

A key component of the campaign is always the **Green Bench movement**, where residents from Schlegel Villages sit on a signature green bench in public spaces to share their life experiences and insights with the community. This initiative fosters meaningful conversations between older and younger generations, helping to challenge stereotypes about aging and we're excited about each of the events the Villages are hosting this month.

This year, however, we are expanding the impact by incorporating a new, exciting element to our campaign: **the Green Bench travels**. Selected residents will have the opportunity later this summer to return to places of personal significance—whether it be their hometowns or dream destinations, such as Newfoundland, Ottawa, and London, England.

We intend to document these adventures through storytelling in our Village Voice and through a documentary we hope to showcase at film festivals and within the senior's care sector.

**Continued on page 2**

# Schlegel Villages – CONNECTIONS

Many years ago, Ron Schlegel challenged our teams to find meaningful ways to showcase the amazing wealth of knowledge older adults harbour, suggesting that **“the greatest untapped resource in Canada, if not the world, is the collective wisdom of our elders.”**

**#ElderWisdom** is dedicated to challenging the stigma and ageism that older adults often face in our society. It reminds us of the wealth of wisdom that seniors offer and helps restore them to a place of reverence and respect. We're grateful for everyone who helps make these events such a success!

To learn more about the program, find a local event and/or take the #ElderWisdom pledge, **scan the QR code** or visit **elderwisdom.ca**



SPREAD LOVE  
NOT HATE

# PRIDE MONTH

We stand with our 2SLGBTQIA+  
team and family.



# Guest meal pricing

**Tickets are available for purchase at the Village Office.**

While we request 24 hours' notice for guest meals, when possible, we will make every effort to accommodate last-minute requests.

	Retirement	Long-term Care
<b>Breakfast</b>	\$10.50	\$10.50
<b>Lunch</b>	\$16.80	\$13.65
<b>Dinner</b>	\$19.95	\$16.80



## SPOT the dot!

Tell us who is connecting the dots and delivering an extraordinary experience.

### Easy as 1, 2, 3!

- 1 Think of a team member who lives one of our credo values: **Know me**, **Be present**, **Walk in my shoes**, **Earn trust** or **Follow through**.
- 2 Find the board in the Village, choose that value post-it note, write your message and post it on the board.
- 3 Take the matching sticker, find the team member and present it to them.







## Audiology & Hearing Health Services for You and Your Loved Ones

- ✓ Hearing assessments
- ✓ Wax removal
- ✓ Communication strategies
- ✓ Hearing aid dispensing, cleaning and adjustments
- ✓ Batteries
- ✓ Repairs, molds, tubing, receivers

For more information or to book an appointment at The Village of Riverside Glen, please call

**1-888-745-5550**

[retirement@earandhearingclinic.com](mailto:retirement@earandhearingclinic.com)



**Ear & Hearing Clinic**

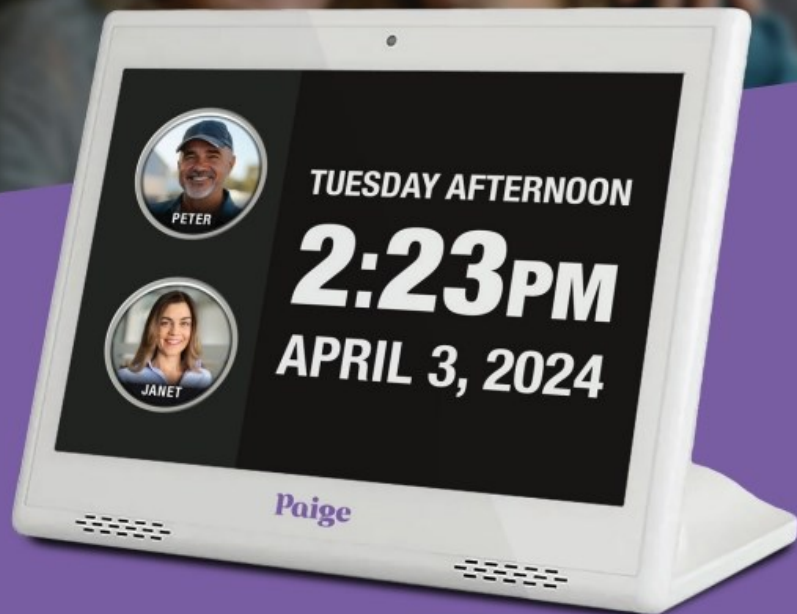
JULIANE SHANTZ • DOCTOR OF AUDIOLOGY

[www.earandhearingclinic.com](http://www.earandhearingclinic.com)

# Paige™

## The one-touch video calling device.

Created for seniors that struggle with technology, Paige's elegantly simple interface makes video calls with loved ones a reality.



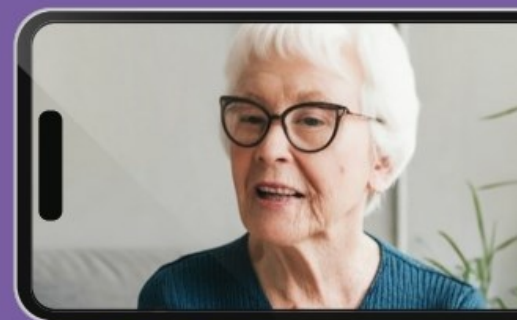
### Mom loves family visits, but we just can't always be there for her. If only there were a realistic way for us to easily connect.

Seniors uneasy with technology find comfort in Paige's classic tabletop clock design, and one-touch interface.

- No confusing remotes. No menus.
- No usernames or passwords.
- Just one always-ready screen.

Family caregivers can join video calls and manage the frame using the Paige app.

- Start or join video call initiated on the frame with a tap.
- Add and update trusted contacts anytime.
- Secure, invite-only access for peace of mind.

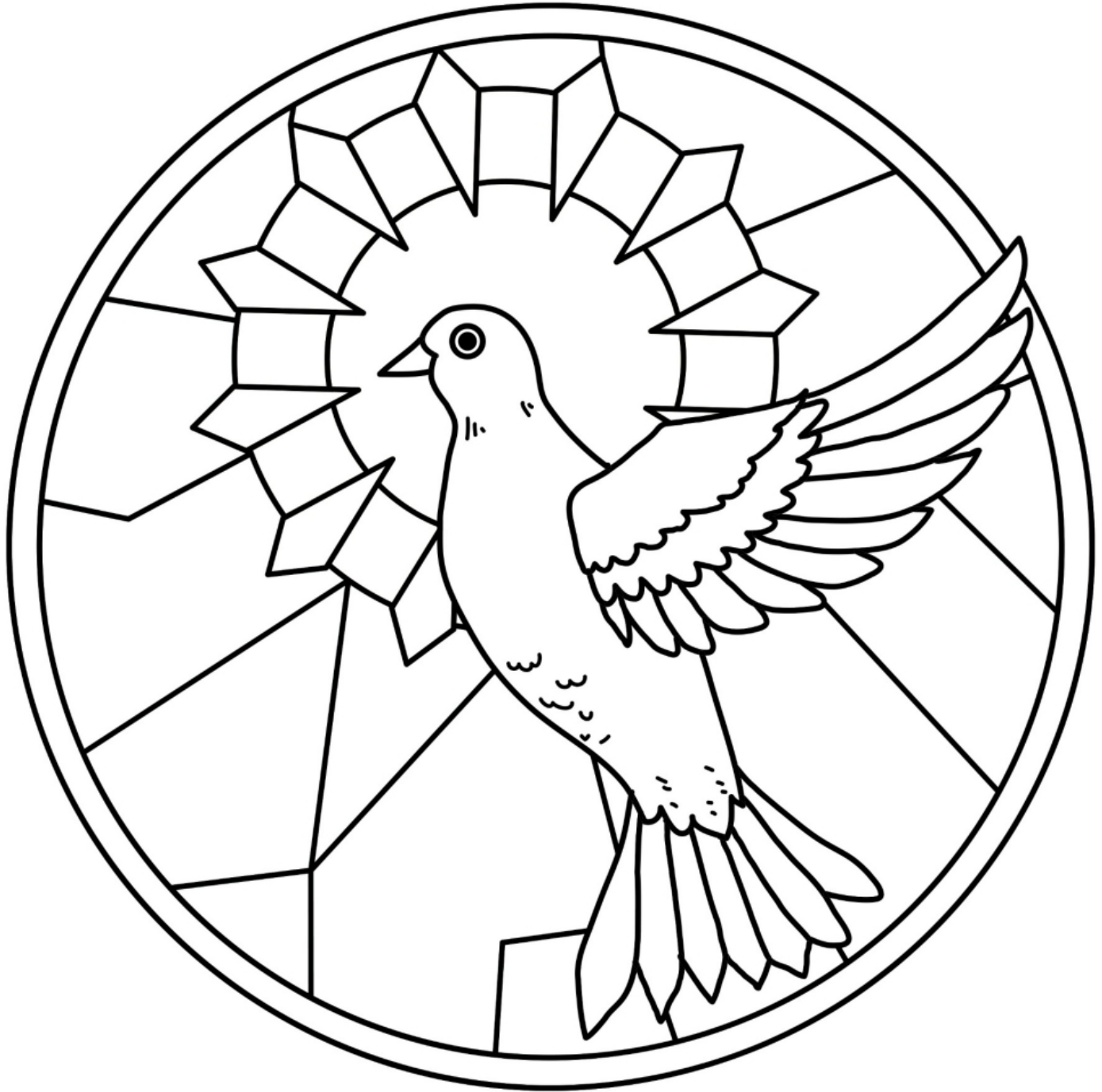


Free trial now available for  
Riverside Glen residents!

Order **Paige** for your loved one,  
or apply to qualify for your free  
trial device at [paigeframe.com](https://paigeframe.com)











# Happy Birthday

## VILLAGE VOICE NEWSLETTER

Read these stories  
and more on the  
Villages website.  
Sign up online to  
receive the email  
newsletter.

**www.  
schlegelvillages.com**

### Resident Birthdays

Sheila M	June 01
Elizabeth M	June 04
Mohammad B	June 05
Frank D	June 06
Nancy B	June 08
Isabel W	June 09
Joan Z	June 10
Gillian G	June 11
Anna B	June 13
Annette N	June 14
Maria M	June 14
Heart M	June 14
Helen T	June 16
Edward K	June 16
Kenneth D	June 17
Paul G	June 17
Loretta S	June 18
Phyllis W	June 18
Jacques A	June 18
Mary D	June 18
Linda G	June 19
Kenneth M	June 19
Gina M	June 19
Barbara M	June 22
Joline P	June 23
Bernarda- Maria M	June 23
Patricia H	June 25
Hendricka C	June 25
Helen A	June 28
Sandra D	June 28
Carl Von H	June 30

### Team Member Birthdays

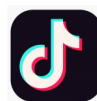
Timothy B	June 01
Sydney E	June 01
Judy K	June 01
Kumkumbahen P	June 01
Ebubechukwu U	June 01
Dennis L	June 02
Jennifer A	June 03
Prudhvi K	June 03
Becky S	June 05
Perlita A	June 06
Linda E	June 07
Ewan H	June 07
Ilana B	June 08
Sandra P	June 08
Milka T	June 09
Heaven T	June 10
Beata B	June 11
Randolph A	June 12
Maryam F	June 12
Sean G	June 13
Melvin A	June 15
Winta B	June 15
Ruben P	June 15
Rowena R	June 15
Barbara L	June 17
Aedrianne M	June 17
Devanshi T	June 18
Kehinde A	June 21
Alexis May B	June 21
Swathy D	June 21
Eunice C	June 24
Cindy G	June 24
Happy P	June 24
Jenilyn R	June 24
Maria S	June 24
Donna C	June 25
Luwan G	June 26



@riverside\_glen



The Village of  
Riverside Glen



@villagelife\_sv

## Birthday Celebrations

### **Retirement Birthday Party**

Tuesday, June 23rd 2:00 pm in the café  
with Grace Ingrid

### **Long Term Care Birthday Party**

Thursday, June 17th at 2:00pm in the café  
with Aiden Purnell

# The Village of Riverside Glen Directory

Phone 519.822.5272

## Retirement Home

Bryce McBain, General Manager	Ext. 815
Lynn Lake, Assistant General Manager RH	Ext. 761
Michelle Mayhew, Director of Wellness	Ext. 812
Sherri Henderson, Assistant Director of Wellness	Ext. 8667
Dylan Pust, Egerton Neighbourhood Coordinator	Ext. 836
Madalyn MacIntyre, Emma's Neighbourhood Coordinator	Ext. 807
Karleigh Herd, Williamsburg Neighbourhood Coordinator	Ext. 893
Shaleena Campbell, Director of Hospitality and Food Services	Ext. 840
Dayna Brinton, Recreation Supervisor RH	Ext. 620
Richard Ayala, Director of Program of Active Living	Ext. 826
Melissa Gareri, PAL Coordinator RH	Ext. 821
Tammy Smith, Director of Environmental Services	Ext. 804
Vinny Setia, Assistant Director of Environmental Services	Ext. 857
Karen Murray, Director of Lifestyle Options	Ext. 759
Jaycel Nabua, Director of Lifestyle Options	Ext. 865
<b>Brittany Burton</b> , Volunteer and Student Services Coordinator	Ext. 863
Brenda Woodall and Eileen Harbottle, Spiritual Care Providers	Ext. 871
Sue Rice, Hair Salon RH	Ext. 816
Jen Jimenez, Administrative Coordinator	Ext. 805
Vrushank B, Administration RH	Ext. 800

# The Village of Riverside Glen Directory

Phone 519.822.5272

## Long Term Care Home

Bryce McBain, General Manager	Ext. 815
Devon Richards, Assistant General Manager LTC	Ext. 841
Deb Guthrie, Director of Nursing Care	Ext. 801
Raman Mander, Assistant Director of Nursing Care	Ext. 797
Vincent Domosmog, Assistant Director of Nursing Care	Ext. 763
Kryssy Freeman Assistant Director of Nursing Care	Ext. 848
Cheyenne Boyce, Assistant Director of Nursing Care	Ext. 780
Cheryl Ridler, Director of Quality and Innovation	Ext. 798
Brandon Wilton, Mapleton/Eramosa Neighbourhood Coordinator	Ext. 298
Angela Gualtero, Puslinch/Nichol Neighbourhood Coordinator	Ext. 794
Angela Keller, Erin/Arthur Neighbourhood Coordinator	Ext. 834
Amy Hasson, Food Services Manager	Ext. 873
Ayah Elhafan, Assistant Food Services Manager	Ext. 747
Kadri Phillips, Director of Recreation	Ext. 811
Richard Ayala, Director of Program of Active Living	Ext. 826
Brittany McNeely, PAL Coordinator LTC	Ext. 835
Tammy Smith, Director of Environmental Services	Ext. 804
Chrissy Lecours, Volunteer and Student Services Coordinator	Ext. 863
Brenda Woodall and Eileen Harbottle, Spiritual Care Providers	Ext. 871
Sue Rice, Hair Salon LTC	Ext. 860
Jen Jimenez, Administrative Coordinator	Ext. 805
Helen S, Administration LTC	Ext. 858