



THE ST. CLAIR SUN

JULY 2025

HAVE A LOOK:

Pg. 2: Canada Facts

Pg. 3: Whistleblowing Information

Pg. 4: Volunteer Vibe

Pg. 5: Crossword Puzzle

Pg. 6: What's Growing On?

Pg. 7: Crossword Answers

Pg. 8: Colouring Page

Pg. 9: Heat Illness

Pg. 10 & 11: Village Directory

"Like" us on Facebook:

The Village at St. Clair

Follow us on Twitter:

@villagestclair

View Calendars at:

www.schlegelvillages.com



***"Canada is a Great Country,
One of the Hopes of the World!"***

Jack Layton

Welcome to July and Happy Canada Day!

**We have lots on the go this month.
Come and Celebrate Canada Day with us on
July 1st! 11–1 we will be having a family
BBQ with entertainment by our own Joe
Graham and Mark Crampsie!**

**The Entertainment schedule is full for the
month, so look for your favorite
entertainer on Saturdays.**

**Your Recreation team members will be
distributing calendars, so be sure to check
out all of the great programs that will be
happening in YOUR Neighbourhood!**



CANADA DAY FUN FACTS

CANADA DAY IS ESSENTIALLY OUR INDEPENDENCE DAY.
CANADA DAY WAS ORIGINALLY CALLED DOMINION DAY AND
OFFICIALLY BECAME A STAT HOLIDAY IN 1897.
IT WAS RE-NAMED IN 1982 TO CANADA DAY.

*A RECENT STUDY FOUND THAT 86 PERCENT OF CANADIANS BELIEVE
WE LIVE IN THE BEST COUNTRY IN THE WORLD.*

WE HAVE 10 PROVINCES AND 3 TERRITORIES SPANNING ACROSS
THE SECOND LARGEST COUNTRY ON EARTH.

*ON THE JULY 1 WEEKEND, CANADIANS DRINK
1.2 MILLION LITRES OF BEER.*

CANADA AND THE US HAVE THE LONGEST UNDEFENDED BORDER IN
THE WORLD. IF THAT DOESN'T MAKE US GOOD NEIGHBOURS TO
EACH OTHER I DON'T KNOW WHAT DOES.

*WE ALSO CELEBRATE OUR INDIVIDUAL INDEPENDENCE DURING
THE FIRST WEEKEND OF JULY TOGETHER.*

CANADA'S NATIONAL SYMBOL IS THE MIGHTY BEAVER. YES, THE
ANIMAL WE LOVE IS THE BEAVER. IT'S VERY CANADIAN.

*DID YOU KNOW THAT CANADA HAS THE LONGEST COASTLINE IN THE
WORLD AT 151,600 MILES? SCRATCH THAT CANADA IS ON THE
METRIC SYSTEM, OUR COASTLINE IS ACTUALLY 243,976 KM*



DAN ACKROYD – FAMOUS CANADIAN
COMEDIAN WAS BORN ON CANADA DAY
*CANADA HAS MORE FRESHWATER LAKES
THAN ANY OTHER COUNTRY IN
THE WORLD,*

AND THERE YOU HAVE IT!



Summary of Whistle Blowing Policy

Purpose: To create a safe environment where anyone can report concerns without fear of retaliation in line with the Fixing Long Term Care Act.

Key Protections:

Whistle-blowers (Neighbours, Families and Team) are protected from retaliation (ie. Intimidation, discrimination etc.) Retaliation includes punishment, threats or unfair treatment for reporting or cooperation in investigations.

What to report:

Improper care or treatment, abuse or neglect, misuse of a neighbour's property or finances, legal or policy breaches, concerns about care or operations and any retaliation for whistle-blowing.

How to Report:

Speak with any leader in the Village, including the General Manager, Directors, Neighbourhood Coordinators etc. Abuse / neglect and concern reports must follow the pertinent policy.

Investigation and Confidentiality:

Reports will be reviewed and investigated confidentially. The reporter will be informed of the outcome, when appropriate.

Important Notes:

Reports must be made in good faith ~ malicious or bad faith reports may lead to discipline.

The Volunteer Vibe



What do you love most about summer? A trip to the beach? Is it the sparkles that glisten on the ocean? I know, it is the magic of fireflies that light up our backyards! YES, or, for some summer means NO SCHOOL! Here at the Village at St Clair, school is still in session for our Personal Support Worker students. These gorgeous sunny days are filled with final assignments, group projects and exams. For Girish Kummar and Jay Patel, the summer month of July will mean finishing their final preceptorship before they earn their full PSW qualifications. As they are so busy with studies and placement, I was pleased and pleasantly surprised when these two young people approached me inquiring about volunteering for us. I can assure you - I was beyond excited to have these two individuals join our circle of volunteers. Being wary of my good fortune I could not help but question, why? To which I got a lesson in humility and appreciation. This is why Girish and Jay are this month's volunteer spotlight. In a candid conversation, Girish explains that volunteering is an opportunity for him to learn. "I want to take every opportunity there is to learn more", he says. "I want to use my time wisely and give back. My mother always taught me to give more. I love people and the stories our residents share help me in my own life. I need these lessons." Jay and Girish also discussed how volunteering is an opportunity to show others what they can do. They said that in a field often dominated by women, they want to show that men are an asset to the PSW profession. During our conversation Girish Kummar and Jay Patel spoke of their deep sense of appreciation for their mentors, Sandita and Youssef. Starting July 7th each will begin their final preceptorship with them at the Village at St Clair. "They have taught us the skills we need to succeed in this profession" say these two young men. "Being in Canada for just a short time there was so much to learn. Both mentors modeled communication skills and encouraged us to have fun and laugh with the residents. It's essential for building authentic relationships. Enjoy the residents and love what you do!" Girish and Jay admitted they had no idea they could even volunteer. They think that all students should take the opportunity to step outside their studies to learn a different perspective. With excitement they talked about the fun they had at the recent Pride Day parade, Village Bingo and Canda Day!!! Jay and Girish both confided they took a lot of time to select their brand-new Canadian T-shirts as well! They chatted about the different clubs that are available for the neighbours, and they agreed that "it's awesome that each resident has the opportunity to participate in what they want to". Both said how proud they are to volunteer for Schlegel Villages. For each of them to be here in Canada is to be free. Free to make your own choices. Here you can accomplish dreams. As King Charles recently said, "the true north is indeed strong and free." To Girish and Jay, thank you for your generous gifts of time and your sense of duty. We hope that you are each successful in following your dreams. May our True North indeed give you strength and freedom.

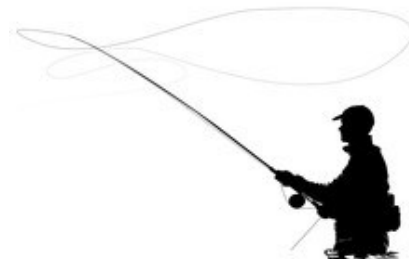
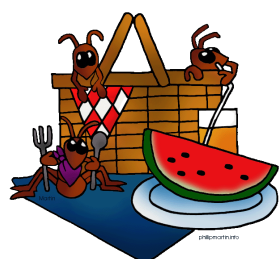
Summer - Word Search

P	V	G	V	T	G	C	S	G	N	I	H	S	I	F	S	A
C	S	S	G	O	N	N	P	R	N	H	O	T	O	R	B	V
I	A	E	W	C	I	G	S	N	U	I	S	N	E	A	D	S
C	N	O	O	I	P	B	G	E	Y	G	N	W	S	T	W	U
E	D	T	Z	N	M	M	W	K	I	D	O	E	T	T	S	N
C	A	I	G	C	A	M	S	H	R	L	B	Y	D	P	Q	T
R	L	U	R	I	C	E	I	A	F	A	F	J	R	R	N	A
E	S	Q	K	P	U	B	O	N	L	I	H	I	U	Q	A	N
A	G	S	O	L	I	B	Q	L	G	L	N	T	N	N	G	G
M	V	O	B	C	E	C	U	R	T	K	S	S	X	I	P	S
R	T	M	Y	T	A	D	E	F	L	O	G	E	E	Y	Q	P
V	A	C	A	T	I	O	N	E	Z	D	D	S	E	C	Y	Y
W	L	K	V	C	B	A	R	B	E	C	U	E	N	B	T	O
E	S	A	D	C	Q	S	V	E	N	I	H	S	N	U	S	S

BARBECUE
BASEBALL
BEES
BICYCLE
BLUE SKY
CAMPING
FISHING
FLIES

FLOWERS
GARDENING
GOLF
HOT
ICE CREAM
INSECTS
MOSQUITOES
PICNIC

SANDALS
SKATEBOARD
SPRINKLERS
SUNSHINE
SUNTAN
SWIMMING
VACATION





What's Growing On?

With Karyn O'Neil
~ Horticulture Therapist~

Join us in the Greenhouse on
Tuesdays at 6 for Horticulture Club!

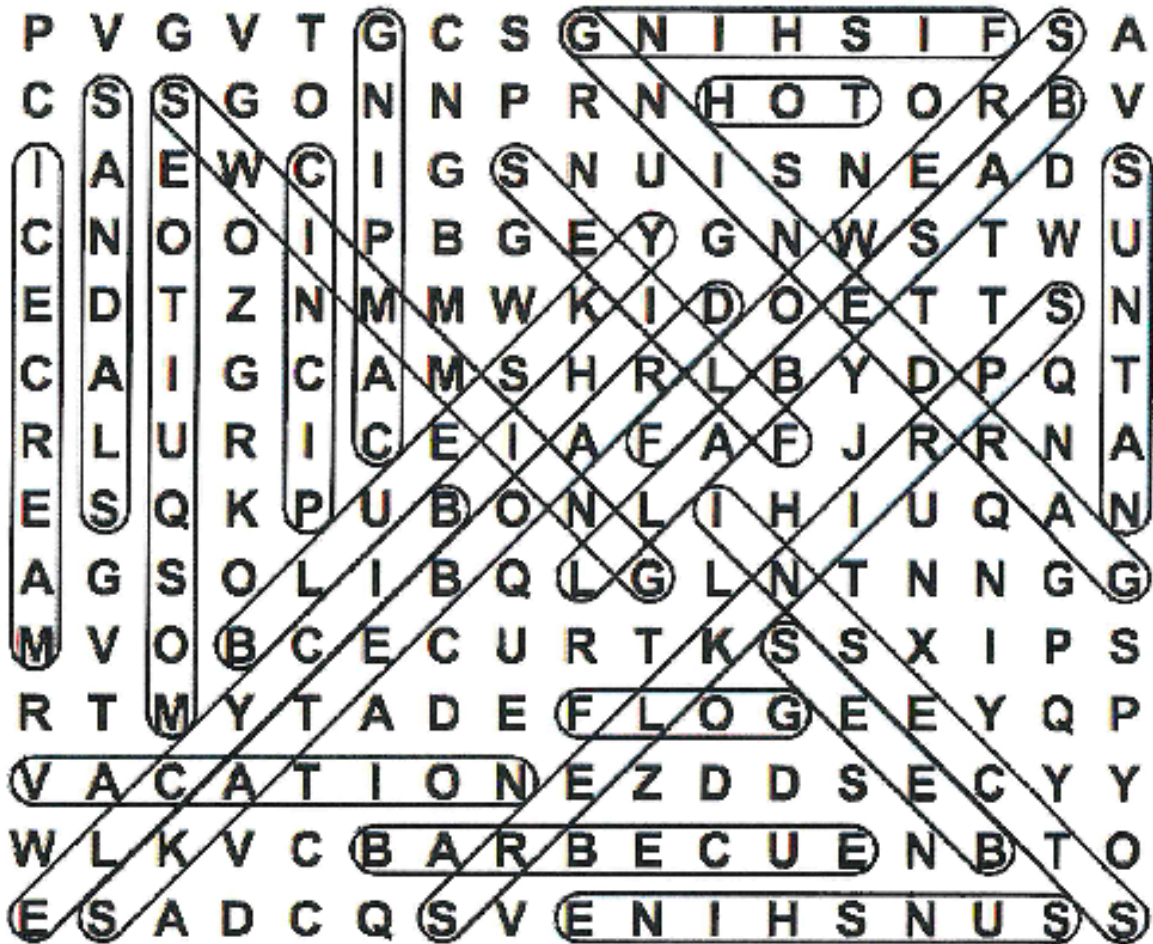
June Pancake Breakfast is on
Wednesday July 2nd.

Crochet Club is on Thursday
afternoons in the Library.

~ All are Welcome ~



Summer - Solution

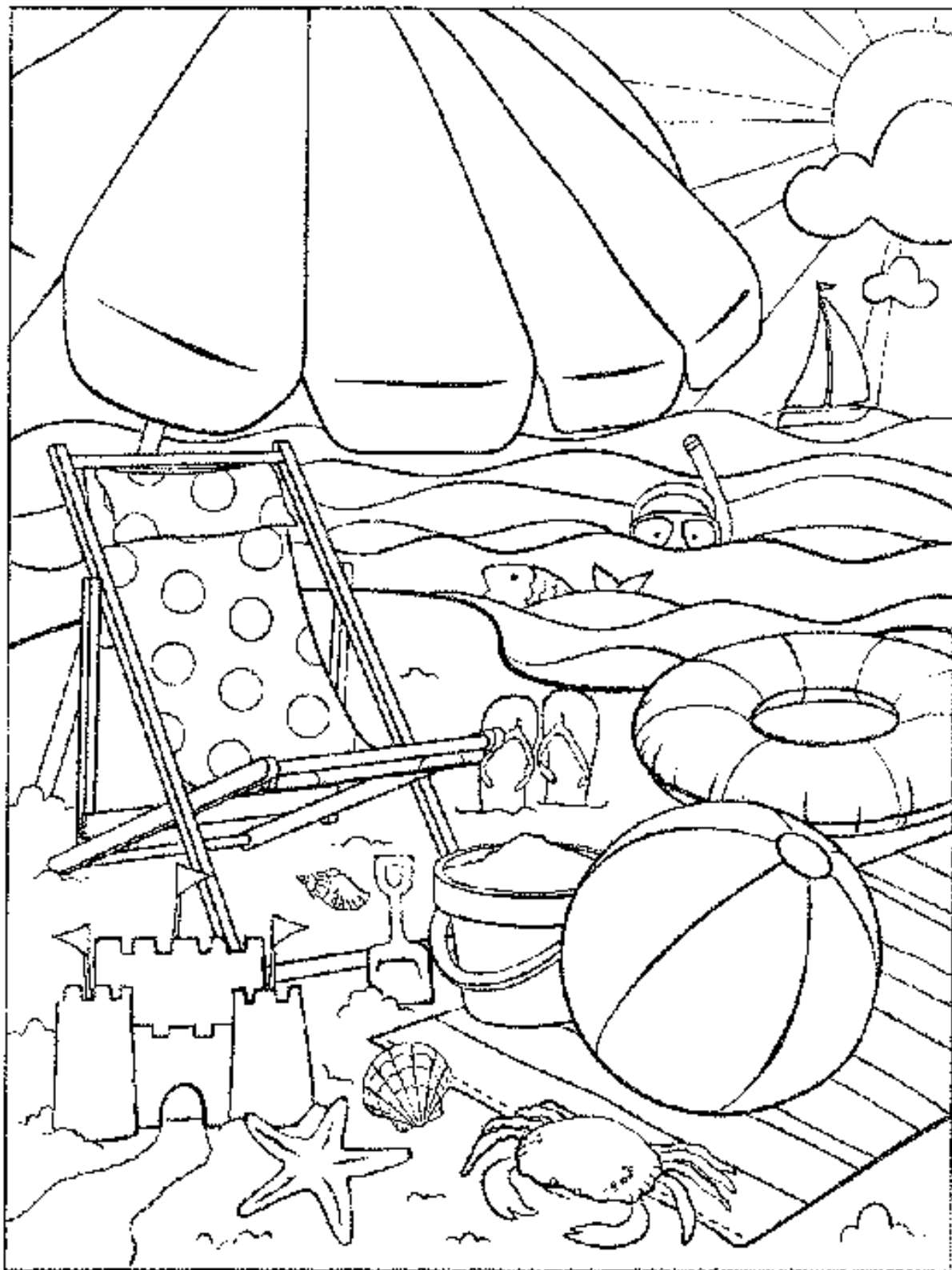


BARBECUE
BASEBALL
BEES
BICYCLE
BLUE SKY
CAMPING
FISHING
FLIES

FLOWERS
GARDENING
GOLF
HOT
ICE CREAM
INSECTS
MOSQUITOES
PICNIC

SANDALS
SKATEBOARD
SPRINKLERS
SUNSHINE
SUNTAN
SWIMMING
VACATION





Colour Me Beautiful!

Happy Summer!

Signs and symptoms of heat illness



Heat exhaustion

If you or someone you are with experience any of these symptoms, immediately move to a cool place and drink fluids; water is best. Alert a registered team member as soon as possible.



Skin rash



Muscle cramps



Dizziness or fainting



Nausea or vomiting



Heavy sweating



Headache



Rapid breathing and heartbeat



Extreme thirst



Dark urine and decreased urination

Heat stroke



High body temperature



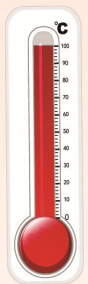
Confusion and lack of coordination



Dizziness or fainting



No sweating, but very hot, red skin



Heat stroke is a medical emergency – immediately report to a registered team member or call 911 if away from the Village. While waiting for help-cool the person right away by:

- Moving them to a cool place, if you can;
- Remove excess clothing (layers);
- Applying cold water to large areas of the skin; and
- Fanning the person as much as possible.



VILLAGE AT ST. CLAIR DIRECTORY ~ Main Line ~ 519-960-1050

Neighbourhood Coordinators

Noel Erum	Neighbourhood Coordinator	x 8020
	Gosfield & Kingsville	
Jeff Studman	Neighbourhood Coordinator	x 8038
	Amherstburg & Colchester	
Stacey McDonald Price	Neighbourhood Coordinator	x 8032
	Essex & Harrow	
Mark Mitchell	Neighbourhood Coordinator	x 8026
	Talbot & Oldcastle	

Ancillary Support

Lindsay Belanger	Resident Support Coordinator	x8009
Elise Chambers	Spiritual Care Coordinator	x 8052
Tammy Zimmerman	Volunteer and Student Coordinator	x 8016
Jacqueline Reinhardt	Dietician	x 8014
Kari Lappan	Administrative Coordinator	x 8002

Directors

Tom Tracey	Director of Environmental Services	x 8006
Hannah Renaud	Director of Recreation Services	x 8007
Candace Irvine	Director of Quality and Innovation	x 8013
Jocelyn Snowdon	Director of Program for Active Living	x 8008
Jamie Melton	Director of Food Services	x 8004
Kelsey Derbowka	Asst. Director of Food Services	x 8004
Dana Houle	General Manager	x 8003

~ VILLAGE AT ST. CLAIR CLINICAL DIRECTORY ~

Clinical Team

Assistant Directors of Nursing

Cherie Drouillard	Essex & Harrow	x 8069
Grace Kearn Reaume	Gosfield & Kingsville	x 8068
Danielle Harris	Oldcastle & Talbot	x 8067
MaRhoda Dhaz	Amherstburg & Colchester	x 8010
Amanpreet Kaur	Interim Infection Control Lead	x 8042

RAI / QI Team

Roderick Balinio	Oldcastle, Harrow	x 8035
Jamie Santillan	Gosfield, Kingsville, Essex	x 8041
Vacant	Amherstburg, Colchester, Talbot	x 8029

Nurse Practitioner

Sukhvir Locham	x 8133
----------------	--------

Director of Nursing Care

Stephanie June	x 8005
----------------	--------

