



Erin Mills Lodge

July 2025 Newsletter



July Birthday's

Joza- July 1st

Donna. A- July 2nd

Florence- July 5th

Joao- July 5th

Roberto- July 11th

James. C- July 14th

Maria. D- July 16th

Estelle- July 21st

Anoop- July 27th

Bessie- July 27th

**Birthday wishes to everyone
celebrating a birthday in
July we hope you have a
wonderful day! From your
EML family and friends.**

Schlegel Villages – CONNECTIONS



Schlegel family's pride in **CANADA**

"The beauty and vastness of the country and its countless different landscapes is a great point of pride," says Brad Schlegel, reflecting on the celebration of Canada Day this year. "Mirroring that it is the beauty of our people, with our multitude of cultures, and the bounty of their generosity and kindness."

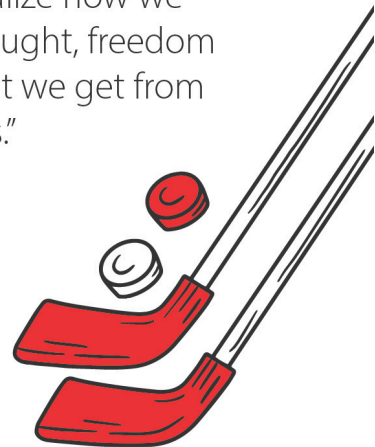
This year has been one of great reflection for many Canadians, for there have been new challenges borne out of changing perspectives among our global neighbours. There has been a rise in Canadian patriotism as a result, and across our Villages we see it in full force as our residents and team members celebrate the ties that bind us together across our nation on July 1.

As Jamie Schlegel considers this, he echoes much of what his brother says, with an added flare for a stalwart Canadian Passion. "I'm proud of the vast and rugged natural beauty of our land," Jamie says, "the humility and kindness of our people and the fact we dominate the game that really counts – hockey!"

For their father, Ron, who founded Schlegel Villages and in doing so, furthered his father's passion for community building, Canada finds its strength in its diversity. He notes he was born in a tiny Hamlet west of Kitchener, Punkeydoodles Corners, and as a boy moved to the village of Ailsa Craig. Influences came from Germany and Scotland respectively in these areas, and these blend together to make Canada strong. "In my opinion, Canada is the best country in the world," Ron says, reflecting on the diversity of language and geography that helps define the nation.

His oldest son, Rob, while travelling in Europe, expands on that reflection. "I am proud to be Canadian as we travel around the world and realize how we enjoy our freedom of thought, freedom of speech and the respect we get from people in other countries."

Happy
Canada
Day!



Signs and symptoms of heat illness



Heat exhaustion

If you or someone you are with experience any of these symptoms, immediately move to a cool place and drink fluids; water is best. Alert a registered team member as soon as possible.



Skin rash



Headache



Muscle cramps



Rapid breathing and heartbeat



Dizziness or fainting



Extreme thirst



Nausea or vomiting



Dark urine and decreased urination



Heavy sweating

Heat stroke



High body temperature



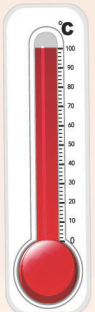
Dizziness or fainting



Confusion and lack of coordination



No sweating, but very hot, red skin



Heat stroke is a medical emergency – immediately report to a registered team member or call 911 if away from the Village. While waiting for help-cool the person right away by:

- Moving them to a cool place, if you can;
- Remove excess clothing (layers);
- Applying cold water to large areas of the skin; and
- Fanning the person as much as possible.

Resident of the Month

Hazel Lane



We are delighted to introduce Micheal as our Resident of the Month! Though he is a newer member of our village community, he has quickly made a warm impression on both staff and fellow residents. With his kind nature, polite demeanor, and ever-present sweet smile, Micheal brings a gentle and comforting presence wherever he goes. One of his greatest joys is participating in programs—especially painting, where his passion and talent truly shine. His artwork not only reflects his creativity but also tells a story of someone who finds peace and expression through color and brushstrokes. A visit to his room reveals a beautiful collection of paintings, each one a glimpse into his artistic soul. Music is another love of his; he enjoys singing and often hums along during musical activities. Whether it's a calm afternoon or a lively music hour, you can often find him tapping his feet or quietly joining in with a tune. His peaceful presence, artistic gifts, and respectful, sincere interactions make him a cherished member of our neighbourhood. We are so happy to have Micheal with us and look forward to seeing more of his talents blossom!

Resident of the Month

Sheridan Way



We are delighted to recognize Ann as our Resident of the Month for June!

Ann brings warmth and joy wherever she goes. Her friendly and approachable personality makes her a cherished part of our neighbourhood. Always eager to join in, Ann participates in a variety of programs including movie afternoons, art classes, armchair travel, and social discussions. Her creativity shines through in colouring and art activities, and her enthusiasm for Bingo is truly unmatched. Ann's genuine interest in others makes her a natural at forming strong bonds—she's rarely seen without a smile or a kind word for those around her. Whether she's chatting with fellow residents or sharing a laugh with staff, Ann's presence adds a special energy to every room. Her positive spirit, constant involvement, and caring nature make her a true inspiration. Congratulations, Ann, on this well-deserved recognition!!!

Resident of the Month

Erindale Place



It's with great pleasure that we honor Daphne as our Resident of the Month! Having been with us for some time, she has become a cherished member of our village. Her calm, serene presence brings peace to everyone around her.

Daphne enjoys a variety of activities, from painting her nails in fun colors and experimenting with new hairstyles, to sharing jokes and brightening the day of those around her. Her sense of humor is a constant source of joy for both the team members and fellow residents, and she effortlessly connects with everyone. She also loves spending time outdoors in our courtyard, enjoying the beauty of nature and the fresh air. Whether relaxing in the garden or taking in the sunshine, she finds it peaceful in the outdoors. Music and dance are close to

Daphne's heart, and she's often found participating in our entertainment activities. Her enthusiasm is contagious, and she encourages fellow residents to join in the fun and dance along with her. Thank you, Daphne, for bringing so much positivity and warmth to our village. You brighten our days, and we're proud to have you as part of our family. Congratulations on being our Resident of the Month!

Strawberry Fest



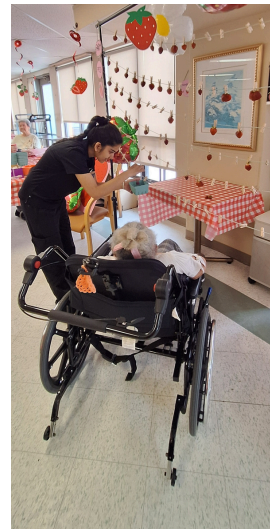
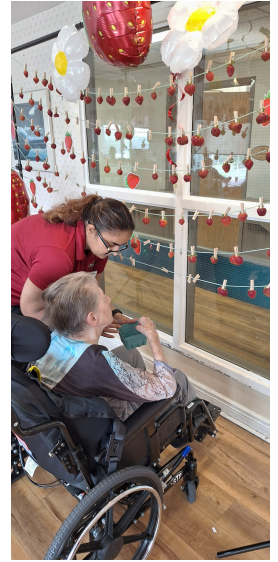
Thank you for painting these beautiful signs for our strawberry patch.



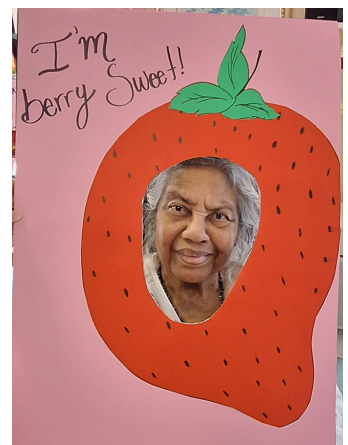
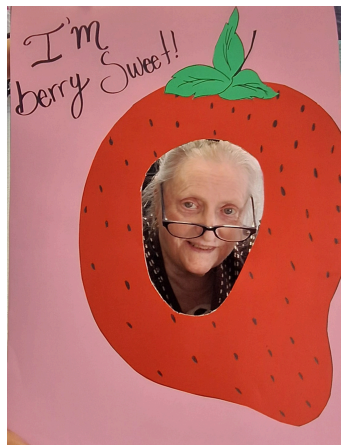
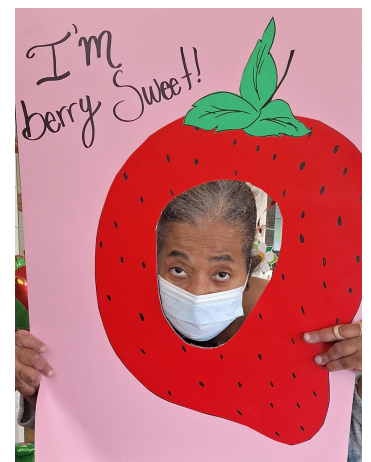
Strawberry Picking on the Neighbourhoods was a blast!



Strawberry Fest



Strawberry Picking



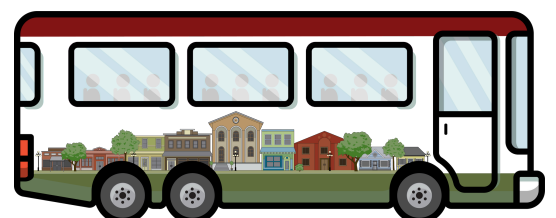
Happy Pride Month



Elder Wisdom- Green Bench



Residents headed to Erindale Secondary School to share wisdom from our green bench!

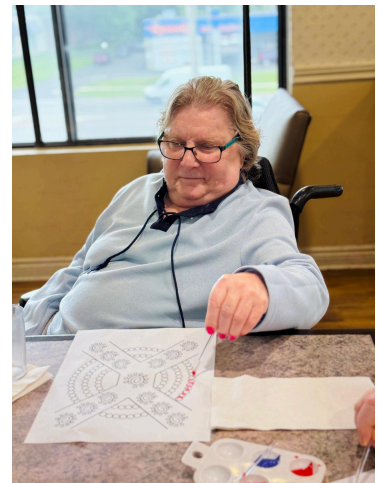


June Photos

Enjoying the patio and sunshine



June Photos



Hats and Blankets for the NIC-U

Keep Knitting

We partnered with The Rosa Family Foundation to make and donate baby hats and blankets to a local NIC-U for Premie babies. They will be picked up monthly from EML.

If you would like to make and donate yarn, blankets or hats, please drop off donations to the labeled bin outside Alanah's Office located in the Activity Room.

Blanket sizes: Lap or half lap

Hat Sizes below

Age	Head Circumference	Hat Height
Premie (1-2 lbs)	9" (23 cm)	3.5" (9 cm)
Premie (3-4 lbs)	11" (28 cm)	4" (10 cm)
Premie (4-5 lbs)	12" (30 cm)	4.5" (11 cm)
Premie (5.5-6 lbs)	13" (33 cm)	5" (13 cm)
Newborn	14" (36 cm)	6" (15 cm)



Schlegel Villages – CONNECTIONS



Throughout Senior's Month in June, we saw many great events to celebrate **#Elderwisdom** across the province, and we thank everyone who participated and helped remind our communities how much our oldest generations have to teach us. We are looking forward to the month of July as our Wisdom of the Elder signature program continues with our **Pursuit of Passions** tradition.

In years past, Villages have showcased the artistic talents of residents through art shows, large and small, but we've also found that a celebration of cuisine and the culinary passions of residents is always well received.

Throughout July, we know there are many events planned; some Villages are hosting cook-offs to showcase favourite recipes

where fellow residents and team members will have opportunities to vote on their favourites. In others, space is being created for residents and team members to cook together and break bread in the neighbourhoods with their neighbours.

Throughout the **"Timeless Recipes, Endless Stories"** events, the memories shared and the explanation of the meaning behind the recipes will be the greatest points of pride.

No matter how your Village and neighbourhood is focusing on the passion we all share for good food and company, we hope everyone can take a bit of time to share some of their culture and personal history through conversations about the foods we love.



This year for Pursuit of Passions, Schlegel Villages is making a cookbook filled resident recipes and the stories that go along with them. After our internal competition on July 23rd, four resident recipes from each village will be entered in for the cookbook. The categories are Drinks, Appetizers, Mains and Desserts. If you have a recipe and a story you would like to enter please speak to the recreation team.

Families and friends, we may need a hand to get copies of recipes as well as a picture of your loved one cooking if you have one. Alanah and the Recreation team will be in contact with family members. Our village event is July 23rd, some recipes have already been entered into the competition.

The cookbook will be available for purchase at our Christmas Market later this year.



TIMELESS RECIPES,
endless stories
PURSUIT OF PASSIONS 2025

**JOIN US FOR A
CELEBRATION
OF FOOD, CULTURE,
AND COMMUNITY!**

Our residents will share
their treasured recipes and
the stories behind them —
from family traditions to
cultural favorites.

Wednesday, July 23

2-4 PM

Lower Level



Erin Mills Lodge- Leadership Contact List

Navdeep Kaur Grewal General Manager	EXT 293
Elaine Eerkes, Director of Care	EXT 248
Pam Croucher, Assistant Director of Care/ IPAC	EXT 223
Manjit Kaur Interim Assistant Director of Care	EXT 215
Gurpreet Kaur, Assistant Director of Care	EXT 220
Ferdie Gonzales, Neighbourhood Coordinator	EXT 234
Alanah Kelly, Director of Recreation/ Volunteer Services	EXT 261
Madelaine Sperry, Food Service Manager	EXT 222
Richmond Ng, Environmental Services Manager	EXT 229
Ashima Ashima Neighbourhood Coordinator & Scheduling Coordinator	EXT 244
Angad Sidhu, Admin Coordinator emlltc.admin@schlegelvillages.com	EXT 262

**All email addresses are
Firstname.Lastname@schlegelvillages.com**

2132 Dundas St. W, Mississauga, ON L5K 2K7 Phone:(905)823-7273
www.schlegelvillages.com

