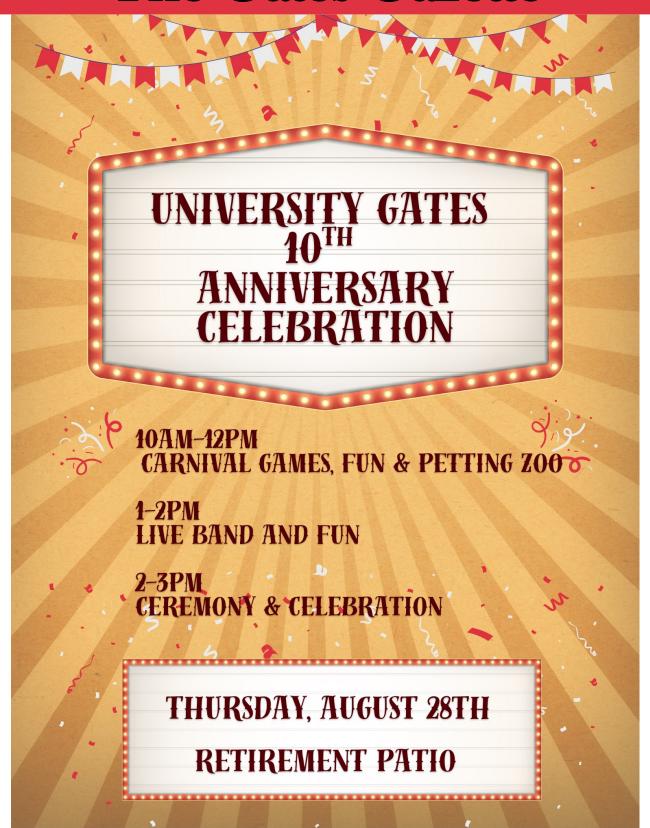
August 2025 Volume 11, Issue 08

The Gates Gazette









How Can You Help?



There are many ways you can contribute to the village! If you have any questions about current volunteer opportunities please reach out!

Contact Jessica, Volunteer Coordinator at:

universitygates.volunteers @schlegelvillages.com or (519)904-0650 Ext. 8010



Hi! My name is Jessica, I am the new Volunteer & Student Services Coordinator.

While I am new to this role, I was previously part of the Long-Term Care Recreation Team for many years, and even started as a volunteer myself.

Please come and say hello, my desk is located in the Community Centre in Long-Term Care.



LIVE QUARTERLY WEBINAR





Tuesday, August 26

6-7:30 p.m. REGISTER NOW

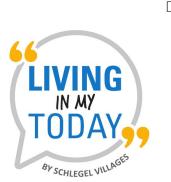
Do you know someone living with dementia?

You're not alone! Join us as we share tips to engage your loved one living with dementia.

Register to attend and submit questions

for expert panelists. Each webinar includes education, guest speakers, resources, and a Q&A panel.

Future webinar November 25





Heather Luth Director of Dementia Services and Knowledge Integration Schlegel Villages



Village News Retirement

The Residents, Council Meeting August 20th Starting at 3:00pm - Council Chambers

Join us for presentations in Town Hall

11th - Cooks Pharmacy - 2:00 pm 12th-Falls Prevention - 3:45 20th - Women's Crisis Service - 10:30

Bingo on Sundays









Join us in Town Hall Starting at 2:30 pm every Sunday



Corn Day August 27th

Corn Husking 10:30am in the Social Club



Happy Birthday!



Dolores A. Rolf A. Brent B.

Jean B.

Donald B.

John C.

Ruth F.

Edward H.

Allan H.

Mary J.

William J.

Joan K.

David L.

Clare M.

Marilyn S. Stoffeline S.

Wendy S.

Sita V.

Joan W.

Village News Long-Term Care

Food Committee

August 27th at 2pm on Matthews Neighbourhood

Residents' Council

August 14th at 2pm in the Chapel

PEG Talk: 7 Wonders of the World

Wednesday August 6th

2pm in the Chapel

Wednesday August 13th

Game Show with Eugene 2pm in the Chapel





Wednesday August 27th

Corn Husking 10:30am on Main Street

Happy Birthday!

Zya A. Patrick J. Gennero P.

Alex B. Ina K. Jessie P.

Nancy B. Mary K. Diane R.

Edna D. Audrey L. Amelia S.

Anne-Marie S. Wes L. Jean W.

Leslie H. Jose M. Joyce W.

Patricia H. Saeed P.





Congratulation to our winners of our Pursuit of Passions Taste Testing Event

the 8 winning recipes are

Pineapple Cheesecake – Deborah

Irish Coddle Soup - Ray

Chicken and Cheese Roll-Ups - Sophia

Chicken Pot Pie Soup – Bernice

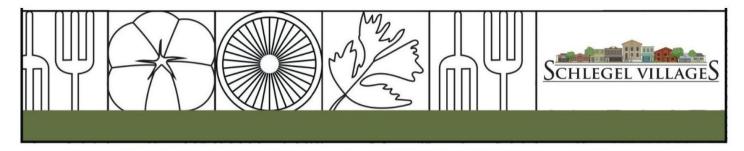
Grandma Loaf - Dorothy

Apple Dumpling - Doris

Ambrosia Salad – Marie

Banana Bread – Ginny

Thank you for participating!



Event Photos





Supporting Women in Crisis: Fundraiser for Anselma House

This month, the Welcome Centre team is proud to support a meaningful cause close to home - raising funds for **Anselma house**, one of the emergency shelters operated by **Women's Crisis Services of Waterloo** (**WCSWR**).

WCSWR provides vital shelter and support to women and children fleeing abuse. Their mission is to empower women to break the cycle of violence by offering safe shelter, emotional support, safety planning, and access to community resources. Every woman and child deserves to feel safe and supported - and that's what Anselma House offers 24 hours a day, 7 days a week.

By supporting Anselma House, we're helping provide:

- Emergency shelter for women and their children
- Trauma informed counseling and crisis support
- · Essential items like clothing, food, and hygiene products
- · Programs that help survivors rebuild their lives.

We invite all residents, team members, families and friends to join us in making a difference.

Drop by the Welcome Centre to make your donation - we are gratefully accepting gift cards (Shoppers Drug Mart, Walmart, No Frills) and monetary contributions in support of this important cause.



Save the Date!

Women's Crisis Services of Waterloo Region will be visiting the Village to give an in -person presentation about their work and the impact of Anselma House.

Join us on Wednesday, August 20th at 10:30 AM in Town Hall to learn more and get inspired by the life-changing work they do in our community.

Lets come together to bring comfort, safety and hope to women and children in our region.

To learn more, visit: wcswr.org

Thank you for your generosity and compassion.

The Welcome Centre,

CAlex Hamley, Sophia Heimpel,

Vicolette Del Bel, Sahar Vosoughi



Did you know?

Women's Crisis Services of Waterloo Region 2023-2024

We provided

We educated

We provided

26,391

days of care to women people through and children through our two emergency shelters

2,963

prevention and education presentations

208

families with support

through our Early Intervention Program



OUR SERVICES



SAFE SHELTER **CLIENTS SUPPORTED**

391



OUTREACH CLIENTS SUPPORTED

1,122



SUPPORT PHONE **CALLS & ONLINE CHATS**

1,925

*from April 1, 2023 to March 31, 2024

PREVENTION & EDUCATION



PRIMARY PREVENTION

She Is Your Neighbour

23.5K

all-time downloads



SECONDARY PREVENTION

Public Education

58

presentations annually



TERTIARY PREVENTION

Engaging Men

44

self-referrals within the first year

Impact Report

2023-2024

Learn more here:







As we continue to enjoy this beautiful summer weather, we remind drivers to

Please Slow Down
in our parking lot

A MESSAGE FROM YOUR PAL TEAM

Athlete of the Month!



Greg Wagner







About The

Resident

Greg is a newer resident here at UG and has been a joy to have in our fitness center! He never passes up the opportunity to exercise with us and does it with a big smile on his face! He enjoys the bike, doing puzzles, and sitting outside in the beautiful weather!

Fitness Goals

Greg loves to be active everyday and his goal is to keep walking and using the bike in the fitness center. He has always enjoyed walking outside, and would like to walk outside around the Village during his time here.

Type of Fitness

Greg's favourite type
of exercise is the
NuStep bike and
balance class! He will
often come to ride the
bike before or even
after an exercise class.
He enjoys trying all of
the group
programming that we
offer. We are so proud
of him!

Notice: There will be no formal Spiritual Life Gathering on Tuesday, July 29th. But feel free to drop by the Town Hall at our usual time just to visit if you like! (Jane & Becky will be here)

Join us for our next

SPIRITUAL LIFE GATHERING

When? Tuesday, August 5th at 2:30

Where? Town Hall

What ARTWORK inspires you?

Bring along a favourite painting, sculpture,

needlework or any creation
you cherish! Perhaps you
made it yourself, or you can
tell us about the artist?

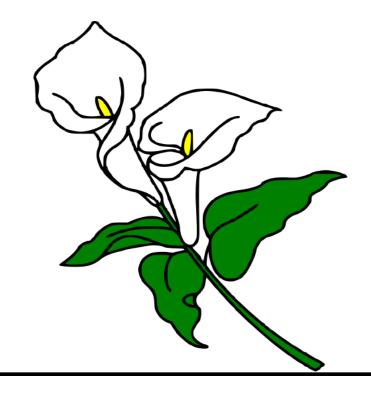
All are welcome!

"The heavens declare the glory of God, and the sky above proclaims his handiwork." **Psalm 19:1**

We Remember



Margaret A. (LTC)
Joanne B (RH)
Patricia B. (LTC)
Crystal M (RH)
Harry L. (RH)
Kathleen W. (LTC)



Thank you for sharing your time with us

Spiritual Care Services (Long Term Care)



Spiritual Care Services
Rev Mike Zenker
Mike.zenker@schlegelvillages.com

519-904-0650 Ext. 8011 HOURS

Tuesday - Thursday Mornings (*times may vary depending of events in the village)

Special & Religious Holidays In August

August 1 – Lughnasadh*
Celebrates the beginning of the harvest season.

August 15 – Roman Catholic: Feast of the Assumption
August 16-17 – Hindu:
Krishna Janmashtami
Celebrates the birth of Lord
Krishna.

August 21-

Jain: Paryushana begins
Marks an important Jain
festival focused on fasting
and forgiveness.

August 27 – Hindu: Ganesh Chaturthi ...birth of Lord Ganesh.



Spiritual Life Gatherings

- Tuesdays 9:30am Rosary Service
- Thursdays 9:30am 'Hymns' Chapel Service.

Roman Catholic Communion & Prayers:

- See Retirement Chaplain's Page for monthly services. If you wish to attend, or your loved one wished to attend, please let us know and we will do our best to make sure they can participate.
- We have a team of volunteers who come and visit one-on-one with residents and administer Communion, pray a prayer of Blessing etc. If you would like them to visit you (or your loved one), please send me an email and we will add them to the visitation list.

A Greater Love Than We Can Contain – Henry Nouwen

Love, as Jesus reveals it to us, is a relationship between persons. The word "person" is a
wonderful word. It comes from the Latin words
per, which means "through" and sonare,
which means "to sound." A person is someone who is sounding through.
What are we sounding through? We are
sounding through a greater love than we ourselves can contain. When we say to somebody, "I love you," that really means, "You are
a window through which I can get a glimpse of
the infinite love of God."

Retirement Home Spiritual Care Team



Spiritual Life Facilitator: Jane Kuepfer (RP, MDiv, PhD)



Spiritual Care
Student:
Becky Dmitrienko
(MTS, Conrad
Grebel)

contact us to arrange for a visit:

jane.kuepfer@

uwaterloo.ca

519-904-0650 x 8249

Our Spiritual Life Together

This summer my garden is flourishing with lettuce, cucumbers, zucchini, beets—the seeds I planted— and then there are the volunteer potatoes, tomatoes, nasturtium (and of course the weeds) that are popping up and growing all on their own. It's all growing together in one glorious, fruitful plot. Our lives, too, are a mix of things we plan, and what just happens, a mix of hopes, disappointments and reasons for satisfaction and celebration. How is your garden growing these days? May the month of August give you the chance to reflect and enjoy.

THIS MONTH YOU ARE INVITED TO JOIN US FOR:

Tuesday Spiritual Life Gatherings

at 2:30 in the Town Hall.

These will be held every SECOND week during

August

August 5 and August 19 More perspectives on ART and spirituality



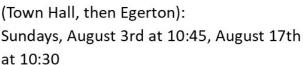
Watch for posters for more details!

Other weekly gatherings: Thursdays 10:15 in Egerton



Sunday evening Hymn Sings— 7:30 in the Town Hall

Roman Catholic Communion and Prayers



Communion and Rosary: Thursday August 14th 2:30pm

Mass with Father Jamroz, with Confessions: Friday August 22nd 11am



GATHER groups this month will be:

CAREPARTNERS—Tuesday, August 8 & 22—3:45 GRIEF—Fridays at 2:30

Both groups meet in the Town Hall. You are welcome to join us!

Schlegel Villages – **CONNECTIONS**



WILFRED (SCHLEGEL

Monday, August 4

This year as the Civic Holiday approaches, we encourage Villages take a moment to reflect on the many ways we see residents and team members supporting others and giving back to their community. There are knitting circles that continually use their skills to create warm booties and hats for newborns at local hospitals; we've seen residents raise funds for local shelters, food banks, and supportive housing organizations; others volunteer their time to support neighbours within the Village.

The Civic Holiday in Canada on the first Monday of August is intended to be more than just a welcome summer long weekend. Its purpose is to encourage a spirit of community and to inspire Canadians to reflect on how they can contribute to the well-being of those around them. This makes it a meaningful occasion for Schlegel Villages to celebrate Wilfred Schlegel Day—a tribute to the man whose values continue to shape the organization.

In 1953, Wilfred purchased the Schlegel family's first home dedicated to supporting older adults, setting in motion a legacy of care. His example inspired his son Ron and grandsons Rob, Brad, and Jamie to carry that commitment forward, strengthening their dedication to community through Schlegel Villages and their wider work in business and philanthropy.

It is a beautiful gift we offer when we give of ourselves for the betterment of our community, and we're grateful for the many ways our Schlegel Villages family does this throughout the year.

Schlegel Villages – CONNECTIONS



As the July sun shone over a hazy Toronto skyline, residents and team members from several Schlegel Villages set sail for the annual Boat 4 Hope fundraiser in support of the Wilfred Schlegel Hope Fund.

Led by the team at The Village of Riverside Glen, the event has raised over \$120,000 since launching in 2019. It's more than just a day on the water—it's a celebration of community spirit and a reminder of the impact of collective generosity in times of crisis.

May Lui, representing presenting sponsor SGP Group Purchasing, spoke about the deep sense of connection this cause inspires. She was especially moved by the story of Tami Gunn, a team member from Coleman Care Centre who received support last fall after an explosion destroyed her home and injured her partner.

"There are not many programs that support employees like this during emergencies," May said. "It's quite special—and to be part of it, we feel like family."



Created in 2018, the Hope Fund is supported through voluntary payroll donations matched by the Schlegel family. To date, it has provided more than \$1.3 million in aid to over 400 team members facing unexpected hardships—thanks to the generosity of team members, residents, families, and community partners who continue to support events like Boat 4 Hope.





1065-250 LAURELWOOD DR., WATERLOO, ON 519-213-9504 | <u>WWW.COOKSRX.CA</u>
*** HOURS: MONDAY through THURSDAY: 9AM TO 5PM ***

COOK'S PHARMACY PRESENTS BLADDER HEALTH AND UTI PREVENTIONS WITH SHANNELLE, UTIVA

"Join Shanelle, Product Specialist at Utiva, for an engaging and informative session on how Utiva's natural, clinically proven products support resident wellness. Discover insights on UTI prevention, bladder health, iron support, and more. Plus, enjoy free giveaways! All residents and team members are welcome."

MONDAY AUGUST 11, 2025 @ 2 PM IN THE TOWNHALL

Our pharmacy is open to the public That includes your friends and families!

Hours of operations: Monday to Thursday from 9am to 5pm Closed on Friday, Saturday, Sunday and Holidays

About Us

Located in the Schlegel Village at the University Gates, you can count on the fact that we will know you by name. We will be familiar with your health history. We will go the extra mile to ensure your health and well-being are a top priority.

| CAMBRIDGE | GUELPH | KITCHENER | |
|------------------|-----------------------|----------------------|------------------|
| 182 Pinebush Rd. | 649 Scottsdale Dr. | 1450 Block Line Rd. | 31 Kingsbury Dr. |
| (548) 288-4088 | (519) 780-2778 | (519) 742-5600 | (519) 208-9767 |
| NEW HAMBURG | WATERLOO | WELLESLEY | |
| 75 Huron St. | 520 University Ave W. | 1201 Queens Bush Rd. | |
| (519) 662-2640 | (519) 744-2200 | (519) 656-2240 | |
| | | | |

Stay hydrated!

FACTS



With the weather finally getting warmer, proper hydration is of increased importance for everyone but especially our residents



Staying hydrated leads to increased energy, better sleep, improved mood, increased clarity, better digestion, and better concentration



Evidence tells us that our residents need to drink at least 6-8 cups or 1500-2000 ml of water per day



Water in beverages (e.g. milk, coffee or tea) and foods counts!

TIPS



Drink water throughout the day



Eat foods with high water content such as fruit and vegetables



Drink together – when you consume water with others you are likely to drink more



Remind others to drink water regularly



Drink a glass of water during a routine you do daily (e.g. when you brush your teeth, take your medication, etc.)



Take water with you during activities such as walking





September 16–17

DoubleTree by Hilton30 Fairway Road South, Kitchener

Schlegel Villages and the Research Institute for Aging (RIA) are excited to be hosting our 10th annual Innovation Summit!

Join us as we celebrate 10 years of innovation, improvement and research and help us envision the next decade!

Team members, residents and family are welcome to attend this event! If you are interested in attending, speak with your General Manager or Assistant General Manager at your Village as there is a limit to the number of attendees from each Village.

Sessions will include:

- Highlights of innovations over the past decade
- Co-creating future research with the RIA
- 2025 Innovation Catalyst and Innovation Challenge presentations
- The evolution and future of technology and Al
- Envisioning the future using Appreciative Inquiry

We look forward to seeing you there!









Sip Smart: Tips to Stay Hydrated

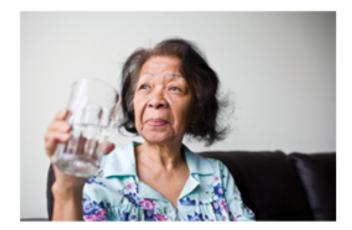
As we age, drinking enough fluids becomes increasingly important yet more difficult. Some people only drink water when they feel thirsty, but staying hydrated is essential for helping us digest food, control our body temperature, heal wounds, improve sleep quality, mood, and energy levels, and more.

Not drinking enough water can leave us feeling weak, tired, dizzy, constipated, confused, and even cranky.

Did you know that dehydration is estimated to affect half of long-term care (LTC) residents, as many do not consume the recommended 6 to 8 cups of fluid daily. This can happen for several reasons, such as limited access to fluids, ignoring dry mouth or other thirst signals, difficulty drinking due to challenges swallowing or holding a cup, and even drinking less to avoid going to the washroom.

Tips to stay hydrated

Heather Keller, Schlegel Research Chair in Nutrition and Aging at the Schlegel-UW Research Institute for Aging (RIA), shares some ways you can avoid dehydration and sip smarter:



Make it a habit. Try drinking water:

- When you wake up
- · After brushing your teeth
- · During and after activities
- With medications
- Between meals and snacks
- With friends!
- · Choose beverages that you enjoy
- Eat foods with high fluid content, such as cucumbers, berries, tomatoes, and soups
- Carry a reusable water bottle or your favourite cup to drink from on the go
- Plan for washroom access

To learn more about Heather's research on improving hydration among residents, visit the-ria.ca/resources/promote-hydration.



250 Laurelwood Drive, Building 4, Waterloo, ON 519-904-0660 | info@the-ria.ca the-ria.ca Charitable Registration # 841471212 RR0001



WISDOM OF THE ELDER COMES TO LIFE IN CULINARY CELEBRATION

Posted July 25th, 2025 By Kristian Partington

July has been a month for residents and team members across Schlegel Villages to come together over a shared love of food, as the "Timeless Recipes, Endless Stories" series of events rolls out across the province.

As part of the Wisdom of the Elder Signature Program's *Pursuit of Passions* theme, each Village has created opportunities for residents to showcase their favourite dishes. At The Village at University Gates, Main Street in Long-Term Care is jammed with people from both LTC and Retirement, all eager to sample the varied recipes and vote on their top four one Wednesday afternoon.

There are no easy choices when 19 different dishes are spread out on tables along the street; they span the spectrum from sweet desserts—moist banana breads and graham loaves—to comfort foods like macaroni and cheese or Chicken "Popeye" Stew. Many say it was a mistake to have lunch before the tasting began.

Like the events held in other Villages—such as Humber Heights the day before—the recipes and the memories they inspire are centre stage at University Gates today. It's clear to see, however, that the opportunity



Wendy and Ray stand together while Ray stirs his Irish Coddle Soup in the crock pot.

for meaningful time spent together between team members, volunteers, and residents is a wonderful side benefit.

Everywhere you turn, people are mingling, laughing, and asking questions about their favourite foods. Some relationships appear to have deepened; take Ray Fagan and Wendy Miller, for example. To see them together, you'd think they were simply friends who, through the process of cooking Ray's family recipe, discovered how much they have in common.

Ray chose to cook Irish Coddle Soup—something his grandmother always seemed to have on the stove, and which his mother learned to cook after the family moved to Canada. "It's sort of a poor man's stew," he says, combining leftover potatoes from the night before with bacon and sausage from breakfast, plus a pint of beer for good measure.

Of course, it can be much more than that, and he and Wendy—the Village's Director of Nursing Care—ventured out together to find the best ingredients. The sausage had to be just right, and regular grocery store bacon wouldn't do. They ended up in the village of Heidelberg at Stemmler's Meats, which offered the quality Ray was looking for.

The fact that his stew pot was quickly emptied after the tasting began suggests his choices were spot on.

"It's just so nice to share a bit of your heritage with people and explain to them how it came to be," Ray says. He could be overheard throughout the event, recounting memories of a different time and place.

But through the act of shopping for ingredients and creating the dish, he and Wendy connected on a deeper level of shared history, illustrating what can happen when time and space are created for meaningful interaction.

"We found a lot of links through this process of cooking together," Wendy says, "including our mission work in Guatemala."

For more than a decade, Wendy and a team of volunteers—some with connections to Schlegel Villages—travelled to Guatemala to support families in some of the country's poorest regions.

Through a client he'd grown close to, Ray also found himself volunteering in Guatemala. As they shared stories, it became clear they had likely stayed in the same small compound in a remote mountainside village; their recollections of the place were remarkably similar.

It can be a small world, indeed.

"It was super great connecting with Wendy," Ray says, noting that the Pursuit of Passions event brought everyone together. "The Village is so cool about doing stuff like this. It made me feel more at home—being able to bring a bit of my home here and share it with everybody."

To share your story, please contact Kristian at PWRITINGSTUDIOS@GMAIL.COM, or call 705-772-5182.





Village Phone Number: 519-904-0650 Resident Line: 519-904-0653

| Role/Name | Extension | | |
|---|------------|--|--|
| General Manager: Chris-Anne Preston | 8203 | | |
| Asst General Manager (LTC): Patricia Solik | 8003 | | |
| Administrative Coordinator: Elena Oprea | 8202 | | |
| Admin Assistant (LTC): Clare Legare | 8001 | | |
| Neighbourhood Coordinators | | | |
| Hagey & Johnston (LTC): Brandy Douey | 8031 | | |
| Wright & Matthews (LTC): Kim Boyes | 8025 | | |
| Downey & Pollock (LTC): Lee-Ann Air | 8037 | | |
| Department Directors | | | |
| Director of Nursing Care (LTC): Wendy Miller | 8005 | | |
| Assistant DNCs (LTC): Ruhab Muzaffar | 8054 | | |
| Assistant DNCs (LTC): Emily Uebele | 8059 | | |
| Assistant DNCs (LTC): Vidhi Goyal | 8060 | | |
| Director of Environmental Services: Dilan Ganegoda | 8006 | | |
| Director of Recreation: Meghan Connelly | 8007 | | |
| Director of Hospitality: Lisa Price | 8004 | | |
| Food Services (LTC): Savita Devi / Liz Barre | 8008 | | |
| Director of Program for Active Living (PAL): Liam Stiles | 8126 | | |
| Exercise Therapist (LTC): Sarah Harris | 8013 | | |
| Nursing | | | |
| Charge Nurse LTC | 8055 | | |
| Psychosocial and Spiritual Well-being | | | |
| Resident Support Coordinator (LTC): Janessa | 8057 | | |
| Chaplain (LTC): Mike Zenker | 8011 | | |
| Volunteer & Student Services (LTC): Jessica Lambe | 8010 | | |
| The Ruby Dining Room | 8224 (bar) | | |
| Riverstone Spa and Salon | 8227 | | |



Village Phone Number: 519-904-0650 Retirement Residents have private phone numbers

Retirement Phone Listing

| Asst General Manager (RH): Ion Zdrenghea 8204 Administrative Coordinator: Elena Oprea 8202 Admin Assistant: Theresa / Arsha / Melod 8201 Neighbourhood Coordinators Williamsburg/Ailsa Craig 7-8: Jennifer Allen 8208 Emma*s/Egerton: Sandy Taylor 8205 Becker: Victoria Leger 8206 Ailsa Craig 8-10 Ion Zdrenghea 8204 Department Directors Director of Wellness (RH): Trish Baird 8209 Assistant Director of Wellness (RH): Meena Sukhram 8210 Director of Environmental Services: Dilan Ganegoda 8204 Maintenance Services (RH): Braid/Will 8234 Director of Recreation: Meghan Connelly 8007 Recreation Supervisor (RH): Noah Bester 8207 Director of Hospitality: Lisa Price 8004 Director of Program for Active Living (PAL): 8126 Liam Stiles Exercise Therapist (RH): Emily Port 8216 Nursing Lead Nurse (RH) 8259 Psychosocial and Spiritual Well-being Chaplain (RH): Jane Kuepfer 8249 Volunteer & Student Services (LTC): Jessica Lambe 8010 Marketing Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette 8248/8041/8241 Village Experience Coordinator: Alex Hamley 8048 The Ruby Dining Room 8224 (bar) | Role/Name | Extension |
|--|--|----------------|
| Administrative Coordinator: Elena Oprea Admin Assistant: Theresa / Arsha / Melod Reighbourhood Coordinators Williamsburg/Ailsa Craig 7-8: Jennifer Allen 8208 Emma's/Egerton: Sandy Taylor 8206 Adisa Craig 8-10 Ion Zdrenghea 8204 Department Directors Director of Wellness (RH): Trish Baird 8209 Assistant Director of Environmental Services: Dilan Ganegoda 8234 Director of Environmental Services (RH): Jessica England Maintenance Services (RH): Brad/ Will Director of Recreation: Meghan Connelly Recreation Supervisor (RH): Noah Bester Director of Hospitality: Lisa Price Director of Program for Active Living (PAL): Liam Stiles Exercise Therapist (RH): Emily Port Nursing Lead Nurse (RH) Psychosocial and Spiritual Well-being Chaplain (RH): Jane Kuepfer Volunteer & Student Services (LTC): Jessica Lambe Marketing Dirs, of Lifestyle Options: Sahar/Sophia/Nicolette Village Experience Coordinator: Alex Hamley 1010 8224 (bar) | General Manager: Chris-Anne Preston | 8203 |
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| Williamsburg/Ailsa Craig 7-8: Jennifer Allen 8208 | Admin Assistant: Theresa / Arsha / Melod | 8201 |
| Section | Neighbourhood Coordinators | |
| Becker: Victoria Leger Ailsa Craig 8-10 Ion Zdrenghea Department Directors Director of Wellness (RH): Trish Baird Assistant Director of Wellness (RH): Meena Sukhram Birector of Environmental Services: Dilan Ganegoda Assistant Director of Environmental Service (RH): Jessica England Assistant Director of Environmental Service (RH): Jessica England Birector of Recreation: Meghan Connelly Recreation Supervisor (RH): Noah Bester Director of Hospitality: Lisa Price Director of Program for Active Living (PAL): Liam Stiles Exercise Therapist (RH): Emily Port Nursing Lead Nurse (RH) Psychosocial and Spiritual Well-being Chaplain (RH): Jane Kuepfer Volunteer & Student Services (LTC): Jessica Lambe Marketing Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette 8248/8041/8241 Village Experience Coordinator: Alex Hamley 8424 (bar) | Williamsburg/Ailsa Craig 7-8: Jennifer Allen | 8208 |
| Ailsa Craig 8-10 Ion Zdrenghea Department Directors Director of Wellness (RH): Trish Baird Assistant Director of Wellness (RH): Meena Sukhram Director of Environmental Services: Dilan Ganegoda Assistant Director of Environmental Service (RH): Jessica England Maintenance Services (RH): Brad/ Will Director of Recreation: Meghan Connelly Recreation Supervisor (RH): Noah Bester Director of Hospitality: Lisa Price Director of Program for Active Living (PAL): Liam Stiles Exercise Therapist (RH): Emily Port Nursing Lead Nurse (RH) Psychosocial and Spiritual Well-being Chaplain (RH): Jane Kuepfer Volunteer & Student Services (LTC): Jessica Lambe Marketing Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette 8248/8041/8241 Village Experience Coordinator: Alex Hamley 8249 8240 8240 8240 8240 8246 | Emma's/Egerton: Sandy Taylor | 8205 |
| Department Directors Director of Wellness (RH): Trish Baird Assistant Director of Wellness (RH): Meena Sukhram Birctor of Environmental Services: Dilan Ganegoda Assistant Director of Environmental Service (RH): Jessica England Maintenance Services (RH): Brad/ Will Birctor of Recreation: Meghan Connelly Recreation Supervisor (RH): Noah Bester Birctor of Hospitality: Lisa Price Director of Program for Active Living (PAL): Liam Stiles Exercise Therapist (RH): Emily Port Nursing Lead Nurse (RH) B255 Psychosocial and Spiritual Well-being Chaplain (RH): Jane Kuepfer Volunteer & Student Services (LTC): Jessica Lambe Marketing Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette Village Experience Coordinator: Alex Hamley The Ruby Dining Room 8200 8210 8220 8207 8207 8207 8208 8207 8207 820 | Becker: Victoria Leger | 8206 |
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| Assistant Director of Wellness (RH): Meena Sukhram Director of Environmental Services: Dilan Ganegoda Assistant Director of Environmental Service (RH): Jessica England Assistant Director of Environmental Service (RH): Jessica England Assistant Director of Environmental Service (RH): Jessica England Best State State Best State St | Department Directors | |
| Director of Environmental Services: Dilan Ganegoda Assistant Director of Environmental Service (RH): Jessica England Maintenance Services (RH): Brad/ Will Director of Recreation: Meghan Connelly Recreation Supervisor (RH): Noah Bester Director of Hospitality: Lisa Price Director of Program for Active Living (PAL): Liam Stiles Exercise Therapist (RH): Emily Port Nursing Lead Nurse (RH) Psychosocial and Spiritual Well-being Chaplain (RH): Jane Kuepfer Volunteer & Student Services (LTC): Jessica Lambe Marketing Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette Village Experience Coordinator: Alex Hamley The Ruby Dining Room 8250 8260 8270 8207 8207 8207 8216 8216 8216 8224 8249 8249 8249 8249 8249 8249 8248 8248/8041/8241 8248/8041/8241 | Director of Wellness (RH): Trish Baird | 8209 |
| Assistant Director of Environmental Service (RH): Jessica England Maintenance Services (RH): Brad/ Will Director of Recreation: Meghan Connelly Recreation Supervisor (RH): Noah Bester Director of Hospitality: Lisa Price Director of Program for Active Living (PAL): Liam Stiles Exercise Therapist (RH): Emily Port Nursing Lead Nurse (RH) Psychosocial and Spiritual Well-being Chaplain (RH): Jane Kuepfer Volunteer & Student Services (LTC): Jessica Lambe Marketing Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette Village Experience Coordinator: Alex Hamley The Ruby Dining Room 8250 8250 8207 8207 8207 8206 8216 8216 8216 8216 8255 8255 8269 8279 8269 8279 8279 8289 8289 8290 8200 8224 (bar) | Assistant Director of Wellness (RH): Meena Sukhram | 8210 |
| Maintenance Services (RH): Brad/ Will Director of Recreation: Meghan Connelly Recreation Supervisor (RH): Noah Bester Director of Hospitality: Lisa Price Director of Program for Active Living (PAL): Liam Stiles Exercise Therapist (RH): Emily Port Nursing Lead Nurse (RH) Psychosocial and Spiritual Well-being Chaplain (RH): Jane Kuepfer Volunteer & Student Services (LTC): Jessica Lambe Marketing Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette Village Experience Coordinator: Alex Hamley The Ruby Dining Room 8207 8207 8207 8208 8216 8224 (bar) | Director of Environmental Services: Dilan Ganegoda | 8006 |
| Recreation Supervisor (RH): Noah Bester 8207 Director of Hospitality: Lisa Price 8004 Director of Program for Active Living (PAL): 8126 Exercise Therapist (RH): Emily Port 8216 Nursing Lead Nurse (RH) 8255 Psychosocial and Spiritual Well-being Chaplain (RH): Jane Kuepfer 8249 Volunteer & Student Services (LTC): Jessica Lambe 8010 Marketing Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette 8248/8041/8241 Village Experience Coordinator: Alex Hamley 8048 The Ruby Dining Room 8224 (bar) | Assistant Director of Environmental Service (RH): Jessica England Maintenance Services (RH): Brad/ Will | |
| Director of Hospitality: Lisa Price Director of Program for Active Living (PAL): Liam Stiles Exercise Therapist (RH): Emily Port 8216 Nursing Lead Nurse (RH) Psychosocial and Spiritual Well-being Chaplain (RH): Jane Kuepfer Volunteer & Student Services (LTC): Jessica Lambe Marketing Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette Village Experience Coordinator: Alex Hamley The Ruby Dining Room 8204 8004 8216 8216 8226 8249 8249 8249 8249 8249 8249 8248 8248 8248 8248 8248 8248 8248 8248 8248 8248 8248 | Director of Recreation: Meghan Connelly | 8007 |
| Director of Program for Active Living (PAL): Liam Stiles Exercise Therapist (RH): Emily Port Nursing Lead Nurse (RH) Exercise Therapist (RH): Emily Port Section 1 Exercise Therapist (RH): Emily Port Section 2 Exercise Therapist (RH): Emily Port Section 3 Exerc | Recreation Supervisor (RH): Noah Bester | 8207 |
| Liam Stiles Exercise Therapist (RH): Emily Port 8216 Nursing Lead Nurse (RH) Psychosocial and Spiritual Well-being Chaplain (RH): Jane Kuepfer Volunteer & Student Services (LTC): Jessica Lambe Marketing Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette Village Experience Coordinator: Alex Hamley The Ruby Dining Room 8216 8226 8245 8245 8249 8249 8249 8249 8249 8248 8248 8248 8248 8248 8248 8248 8248 8248 | Director of Hospitality: Lisa Price | 8004 |
| Nursing Lead Nurse (RH) Psychosocial and Spiritual Well-being Chaplain (RH): Jane Kuepfer Volunteer & Student Services (LTC): Jessica Lambe Marketing Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette Village Experience Coordinator: Alex Hamley The Ruby Dining Room 8255 8249 8249 8249 8010 8248/8041/8241 8248/8041/8241 | Director of Program for Active Living (PAL): Liam Stiles | 8126 |
| Lead Nurse (RH) Psychosocial and Spiritual Well-being Chaplain (RH): Jane Kuepfer Volunteer & Student Services (LTC): Jessica Lambe Marketing Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette Village Experience Coordinator: Alex Hamley The Ruby Dining Room 8255 8249 8249 8010 8248/8041/8241 8048 8248/8041/8241 | Exercise Therapist (RH): Emily Port | 8216 |
| Psychosocial and Spiritual Well-being Chaplain (RH): Jane Kuepfer Volunteer & Student Services (LTC): Jessica Lambe Marketing Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette Village Experience Coordinator: Alex Hamley The Ruby Dining Room 8249 8249 8010 8248/8041/8241 8248/8041/8241 8248/8041/8241 | Nursing | |
| Chaplain (RH): Jane Kuepfer 8249 Volunteer & Student Services (LTC): Jessica Lambe 8010 Marketing Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette 8248/8041/8241 Village Experience Coordinator: Alex Hamley 8048 The Ruby Dining Room 8224 (bar) | Lead Nurse (RH) | 8255 |
| Volunteer & Student Services (LTC): Jessica Lambe Marketing Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette Village Experience Coordinator: Alex Hamley The Ruby Dining Room 8010 8248/8041/8241 8248/8041/8241 | Psychosocial and Spiritual Well-being | |
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| Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette Village Experience Coordinator: Alex Hamley The Ruby Dining Room 8248/8041/8241 8048 8224 (bar) | Volunteer & Student Services (LTC): Jessica Lambe | 8010 |
| Village Experience Coordinator: Alex Hamley 8048 The Ruby Dining Room 8224 (bar) | Marketing | |
| The Ruby Dining Room 8224 (bar) | Dirs. of Lifestyle Options: Sahar/Sophia/Nicolette | 8248/8041/8241 |
| · C | Village Experience Coordinator: Alex Hamley | 8048 |
| Riverstone Spa and Salon 8227 | The Ruby Dining Room | 8224 (bar) |
| | Riverstone Spa and Salon | 8227 |