



# HELLO SEPTEMBER

THE TANSLEY TIMES

— ISSUE NO. 112 —





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Anne Baldwin

Sandra Tonkin

Kay Pugsley

Jelica Dragicevic

Jorge DeSousa

Judith Trimble

Audrey Roach

Irene Pirie

Sandra Johnston

“May the joy that you have  
spread in the past come back to  
you on this day. Wishing you a  
very happy birthday!”

## September Days

By Helen L. Smith

O month of fairer, rarer days  
Than Summer's best have been;  
When skies at noon are burnished blue,  
And winds at evening keen;  
When tangled, tardy-blooming things  
From wild waste places peer,  
And drooping golden grain-heads tell  
That harvest-time is near.

Though Autumn tints amid the green  
Are gleaming, here and there,  
And spicy Autumn odors float  
Like incense on the air,  
And sounds we mark as Autumn's own  
Her nearing steps betray,  
In gracious mood she seems to stand  
And bid the Summer stay.

Though 'neath the trees, with fallen leaves  
The sward be lightly strown,  
And nests deserted tell the tale  
Of summer bird-folk flown;  
Though white with frost the lowlands lie  
When lifts the morning haze,  
Still there's a charm in every hour  
Of sweet September days.



Welcome to our new Residents:

Bruce Tonkin

*welcome*

To remember those who have passed  
away in the village you will find a  
memorial poster next to our chapel.

*Rest  
in  
Peace*



## VILLAGE EVENTS

## THE TANSLEY TIMES

CC = Community Centre, MS = Main Street, TH = Town Hall, FC = Fitness Centre, L = Library, TS = Town Square

September 1st—Labour Day

2:00 Chai Party—MS

September 5th

2:00 Nickelbrook Outing

September 19th

3:30 Scenic Drive Outing

September 6th

BINGO with Missions Youth Ontario—TH

September 20th—Oktoberfest Begins

3:00 Ron Tansley Performs—TH

September 7th—Grandparents Day

September 21st—World Alzheimer's Day/International  
Day of Peace

September 8th

10:30 Mother Goose—TH

September 22—Rosh Hashanah

September 9th

2:00 Games Museum Outing

September 23rd—First Day of Autumn

12:00 Diner's Club: Papa Johns—MS

September 12th

2:30 Geri Defoe Performs—TH

September 24th—Arts & Aging Day

2:00 Arts & Aging Day Activities—MS

September 13th

3:30 Brent Meidinger Performs—TH

September 25th

2:00 Wander Duo Oktoberfest—TH

3:00 Resident Council

September 14th—Terry Fox Day

10:30 Terry Fox Run—RH Café

September 26th

10:00 Williams Café Outing

September 15th—Resident Council Week

2:30 Happy Hour—TH

September 27th

10:30 Paula French Performs—TH

September 16th

2:30 Concerts in Care Ontario—TH

September 29th

3:00 Birthday Social—CC

September 17th

11:30 Halibut House Lunch Outing

September 30th—National Day of Truth &  
Reconciliation

September 18th

## Dedicated Support Roll Out in Oaklands, Nelson, and Brant

We're thrilled to announce that Dedicated Support has officially rolled out in our **Oaklands, Nelson, and Brant Neighbourhoods!**

We appreciate the efforts the team has made in this big step to strengthening our commitment to relationship-centered care. Our team is building their knowledge on personalizing the care and wellbeing of each resident as well as finding improved ways to work together. We thank you for your patience and understanding as we adapt our approach to day-to-day life in the neighbourhood. We know each neighbourhood is unique, and we will continue to check in with the teams and help them navigate any challenges that may arise. We are happy with the progress so far and have observed several benefits already.

In the coming months, the RIA (Research Institute for Aging) will be reaching out to request your input and perspective on Dedicated Support. Please speak with Augustin, or your Neighbourhood Coordinator if you have further questions.

An important strategy in sustaining a new initiative is to celebrate success. If you observe successes, no matter how small, we encourage you to acknowledge the team member(s) involved and also share it with your Neighbourhood Coordinator.

If you have any questions or would like further clarification of what Dedicated Support means for you and your loved one, please reach out to your Neighbourhood Coordinator.

Thank you!

Augustin James

LTC AGM



One of the positive outcomes is seeing the team working together, ensuring that all residents are getting their nourishment.

Time-Tested Plant Pals: Plants, Uses, and Their Potential Benefits



Lavender: Aromatherapy, teas, skincare. Reduces stress, promotes relaxation, improves sleep.



Rosemary: Used in cooking, essential oils. Enhances memory, boosts concentration.



Sage: Cooking, medicinal use. Has antimicrobial properties, supports cognitive function.



Basil: Cooking, herbal remedies. Is anti-inflammatory, promotes mental clarity.



Lemon Balm Teas, herbal medicine. Calms nerves, reduces anxiety, aids digestion.



Thyme: Cooking, medicinal teas. Supports immunity, fights infections.



Aloe Vera: Skincare, wound healing. Soothes burns, hydrates skin, promotes wound healing.



Ginkgo Biloba: Supplements, teas. Enhances brain function, supports circulation.



Green Tea: Beverages, supplements. Is rich in antioxidants, improves focus, supports heart health.

Maggie Jakab

Food Services Manager

# Dancing Benefits

## FOR HEALTH



Improves  
Cardiovascular  
health



Good for bone  
and joint health



Reduce  
Stress

Dancing can lead to helping improve physical and mental health. Keeping your body moving and grooving is important to increase the overall quality of life. So, put on your music on and start moving!



It has been a busy summer of change and improvements in our much-needed community of Long-Term Care at the Village of Tansley Woods. We wish Dr. Chris Ragonetti, our Medical Director who has cared for so many, a great future as he steps into much deserved retirement and we welcome Dr. Anderson as Tansley's new Medical Director, and Dr. Tom Ragonetti as a new physician for our residents.

You likely have noticed by now the ongoing implementation of the new Dedicated Care model that has been shaping care in our LTC neighborhoods. This new approach to ensuring each resident gets continuity and familiarity with their care team is to your advantage as a family. It's personalized, familiar, and reliable for the complex needs each resident has. This improves your ability to have a close working relationship with what's best for your loved one, to develop understanding and response with the regular team tending to the needs of your loved one. It gives you the ability to keep more connected to your Care Plan, to make adjustments, and to provide the best of health for your resident. We encourage you to reach out to your neighbourhood coordinator understand this method fully.

It's always good to hear the news media cover Long Term Care issues, and recent headlines highlighted the ongoing accountability to ensure each resident gets a government mandated four hours a day of care from PSW's and nurses and 36 minutes per day of care for residents by allied health professionals, like physiotherapists and social workers. Across the province, LTC homes reached 95.5 percent of that four hour target, and met the target for allied health professionals.

Both Stacey and I as your Chairs were happy to attend the Family Councils of Ontario Conference in June. We heard from leaders across the province on how quality care is being delivered in diverse ways, of new innovations in person centered care, and we had a strong reminder to be frequent in our visits and team based on our learning.

Family Council helps address issues in Tansley that affect more than one resident, and we encourage and support families on their individual journeys with problem solving collaboration.

Please feel most welcome to join our next Family Council meeting, September 11, at 6 pm in the Community Center at Tansley Woods LTC.

Lorna Dueck / Chair - Village of Tansley Woods



# Schlegel Villages – CONNECTIONS



September 7

## Grandparents Day

### The **GRANDEST** **GRANDPARENT** Legacy quilt project

As part of the 2024 Grandparents' Day celebrations, Schlegel Villages invited grandchildren to participate in the "Grandest Grandparent Legacy Quilt Project." The goal was for each grandchild to create a personalized 6x6-inch quilt square that showcased why their grandparent is "the grandest."

Many Villages hosted special Grandparents' Day events around the second Sunday of September, where grandparents and their grandchildren could work on their quilt squares together, fostering intergenerational bonding, storytelling, and cherished memories. From there, all quilt squares were collected and skillfully pieced together by talented Village quilters into a beautiful, cohesive quilt that symbolizes community, love, and legacy.



Throughout the month of September, we'll share why people felt theirs is the greatest grandparent, and we look forward to the quilt visiting every Village in the coming months.

# Schlegel Villages – **CONNECTIONS**

## National Day for Truth and Reconciliation

At the age of six, Phyllis's grandmother gave her a bright orange shirt for her first day of school. When she arrived at residential school, it was taken away – along with her other clothes – and never returned. For Phyllis, the colour orange came to symbolize the profound loss, disregard, and pain experienced by children in the residential school system.

This day calls us to remember the countless First Nations, Inuit and Métis children taken from their families, and to acknowledge the lasting harm caused by colonial policies that suppressed and attempted to erase entire cultures.

On **September 30**, we join Canadians in honouring the National Day for Truth and Reconciliation and **Orange Shirt Day**, inspired by the story of Phyllis Jack Webstad.

At Schlegel Villages, our doors remain open as residents and team members come together in the spirit of learning, reflection, and conversation. Honouring diversity is one of our core values, and we believe that understanding the truth is essential to building an equitable future for all. We stand together and we remember that **Every Child Matters**.

Consider wearing an orange shirt on September 30, and understand the meaning behind it. You can purchase an official shirt through [orangeshirtday.org](https://www.orangeshirtday.org) to ensure a portion of the proceeds go to the Orange Shirt Society and other Indigenous-supporting organizations.

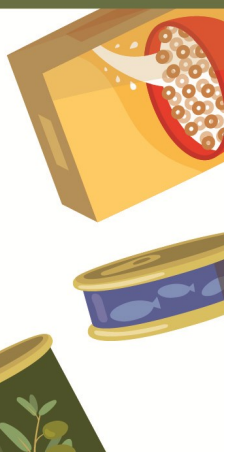
Schlegel Villages'

# FOOD DRIVE

**September is Hunger Action Month.**

**To show our support, we will be collecting donations for local food banks across Ontario!**

Please speak with one of your recreation team members in your Village to learn how you can get involved!





# September can be hot

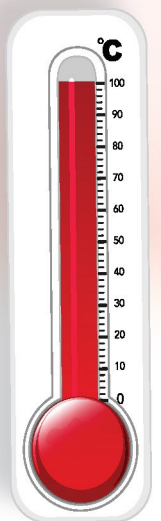
*Keep cool and have fun!*

G	F	M	K	L	W	X	S	E	Y	R	T	W	O
L	E	D	Z	I	J	H	F	S	T	U	A	R	N
H	C	K	A	G	S	E	U	V	I	M	H	E	B
Y	N	S	L	H	F	N	L	P	V	T	I	W	G
D	A	E	L	T	S	E	L	C	I	S	P	O	P
R	F	I	E	C	O	K	H	J	T	U	T	H	V
A	S	O	R	L	L	R	E	X	C	N	S	S	C
T	W	E	B	O	V	D	Z	Y	A	G	E	L	U
E	E	R	M	T	A	W	E	G	T	L	R	O	P
N	M	D	U	H	C	A	W	Q	H	A	U	O	I
S	F	Q	S	I	Y	T	A	H	G	S	M	C	C
D	R	T	T	N	H	E	L	A	I	S	Y	L	R
C	T	W	N	G	E	R	K	L	L	E	K	O	P
I	N	D	O	O	R	S	M	E	N	S	A	I	O

INDOORS  
REST  
SUNSCREEN  
HAT  
POPSICLES

COOLSHOWER  
LIGHTACTIVITY  
HYDRATE  
FAN  
SUNGLASSES

LIGHTCLOTHING  
UMBRELLA  
SHADE  
WATER



Anu Babu	Administrative Assistant	1801
Augustin James	Assistant General Manager	1803
Brett Kelly	Assistant Director of Nursing Care	1884
Hartley Miller	Assistant Director of Nursing Care	1875
Jai Shankar	Neighbourhood Coordinator Nelson & Appleby	1836
Jefferdie Fiesta	Director of Quality & Innovation	1856
Jessica Barlas	Neighbourhood Coordinator Bronte	1806
Jo-Anna Gurd	General Manager	1877
Karen Forbes	Director of Nursing Care	1815
Karen Savoy	Resident Support Coordinator	1808
KerryAnn Greenwood	Neighbourhood Coordinator Brant & Oaklands	1848
Kristin Becquer de Dios	Director of Quality & Innovation	1856
Kyle Goodwin	Assistant Director of Environmental Services	1857
Laura Burmazovic	Nurse Practitioner	1966
Maggie Jakab	Food Services Manager	1811
Melanie Dimitrovski	PAL Coordinator	1814
Nehal Dave	Physiotherapist	1853
Staci Todd & Liz Cheong	RAI	1893
Trish Holmes	Recreation Supervisor	1810
	Nelson	1829
	Brant	1823
	Oaklands	1817
	Appleby	1505
	Bronte	1835
	Riverstone Salon & Spa	1924
	Health Centre	1997