



Our Mission is to provide holistic health care in a home environment located within an internal neighbourhood design that promotes a caring community, with emphasis on optimal health and life purpose.

905-666-3156

LTC: 3800 Brock Street North

Retirement: 3790 Brock
Street North

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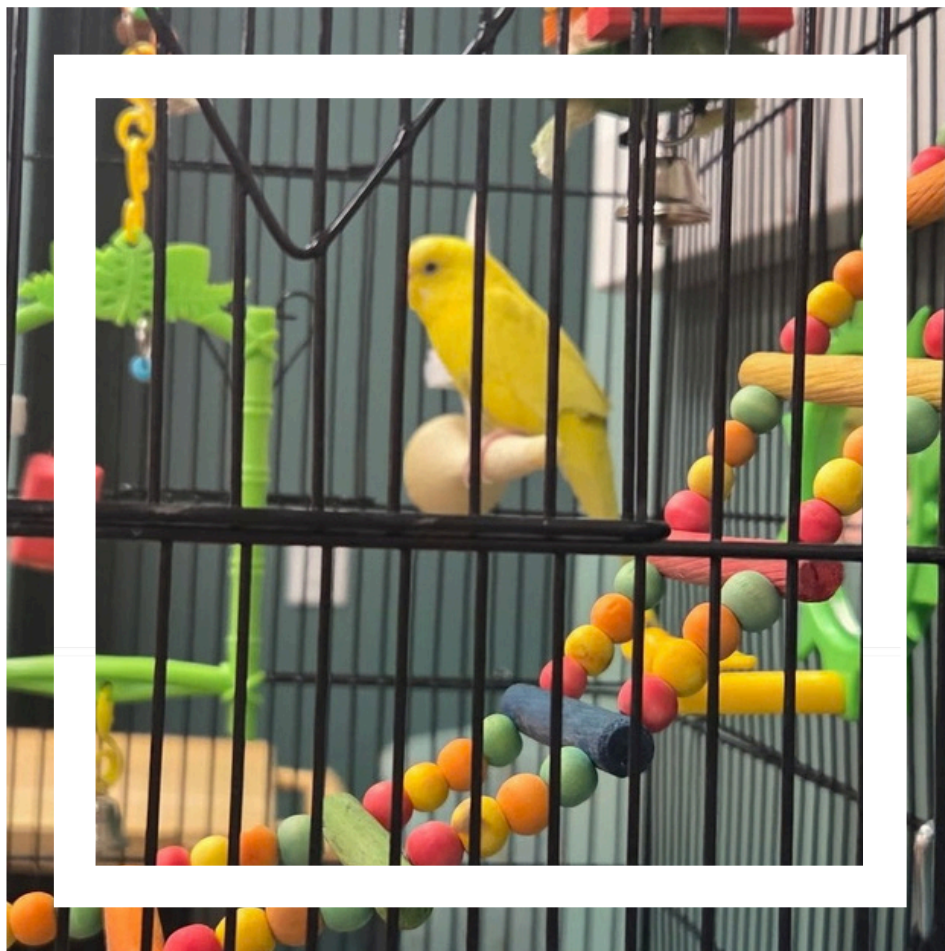
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The Village Chronicle

October 2026



WELCOME MANGO! We are so happy to have our first pet for our Pet Shop! Please feel free to visit Mango, our Parakeet, in the Pet Shop in our South Tower. As she settles into our Village, she will also be brought around to visit residents outside the pet shop! Join us in welcoming, Mango!

Birthdays

If you would prefer not to have your birthday displayed in the newsletter or village, please let Recreation know at ext. 8013

Retirement Birthdays

Anne Ter - October 1	Lucille Cur - October 9	Eva Ric - October 17
Reginald Har - October 2	Mollie Pen - October 9	Ron Ran - October 18
Vibert Vie- October 4	Roy Car- October 11	Sandra Fle - October 18
Elizabeth Cam - October 5	Ruth McL- October 12	Donna Wil - October 20
Janet Boa - October 5	Gord Ter- October 13	Doreen How - October 21
Ann Sta - October 6	Jane Swe - October 13	Russ Bas - October 21
Ken Bar - October 6	Carmen Dow - October 14	Carolyn Dea - October 23
Robert Rob- October 6	Herbert Joh - October 14	Linda She- October 23
Barb Har - October 7	Joan Bie - October 14	Sukhdev Kun- October 24
Bonny Fer - October 7	Lillian Fra- October 14	Margaret Haw- October 26
Mary Whi - October 8	Phlinda Tho- October 15	

Long Term Care Birthdays

Alice K.- October 7th
Alice S.- October 8th
Angela B.- October 11th
John L.- October 13th
Ronald M.- October 15th
Gertie B.-October 18th
Carrie D.- October 24th
Mavis R.- October 27th
Doreen H.- October 30th
Maria O.- October 30th
Christine R.- October 31st



VOLUNTEER CORNER



With Vanessa Buslig– Volunteer Coordinator Ext. 5111

Growing Together

Celebrating Our Wonderful Resident Volunteers

There is something truly special about watching a garden grow. A tiny seed becomes a sprout, a sprout becomes a plant, and with patience, care, and a little sunshine, something beautiful begins to bloom.

Our greenhouse is a wonderful reflection of our Village community — and we have our resident volunteers to thank for helping it flourish.

Behind the flowers, plants, and greenery are residents who generously share their time, knowledge, and love of gardening. They come together to water, plant, tidy, nurture, and simply enjoy the experience of being surrounded by nature.

Meet Our Greenhouse Volunteers

Our greenhouse wouldn't be the same without Sybil, Betty, Ruth, Gloria, Mike, Lou, Wilf, Doreen, Mary, Grant, Maggie, Wally, Spraague, Fern, Marina, David, Glenda, Millie, and everyone else who lends a helping hand.

Each volunteer brings their own memories and experiences to the greenhouse.

For some, gardening brings back memories of tending a garden at home. For others, it is the joy of watching something they planted grow. And for many, it is simply a wonderful opportunity to spend time together and enjoy a shared interest.

A Village That Grows Together

We are grateful for the residents who continue to give their time and energy to make our greenhouse such a welcoming and vibrant part of Village life.

Their contribution reminds us that meaningful living can take many forms. Sometimes it looks like planting a seed. Sometimes it looks like sharing a lifetime of knowledge. And sometimes it is simply showing up, spending time with others, and enjoying the moment.

To all of our greenhouse volunteers:

Thank you for helping our Village grow — one plant, one friendship, and one beautiful moment at a time.



Chapel News & EVENTS



Multi-Faith Calendar Events

October 11–19: Navratri (Hindu) – A nine-night festival dedicated to the goddess Durga.

October 17–25: Ayambil Oli (Jain) – A spiritual semi-fasting observance focused on penance and purity.

October 20: Dussehra / Vijayadashami (Hindu) – Marks the victory of good over evil and the end of Navratri.

October 20: Gurgaddi Diwas of Sri Guru Granth Sahib Ji / Installation (Sikh) – Commemorates the Guruship bestowed upon the holy scripture.

October 31 – November 1: Samhain (Pagan / Wiccan) – Celebrated as the "thinning veil" and the Witches' New Year, marking deep reflection and honoring ancestors

In Memory



We remember...

Alan W.

Mary M.

Kathleen M.

Richard G.

Elisa P.

Spiritual/Uplifting Quote

"Wehn I fall, I shall rise; when I sit in darkness, the Lord will be a light to me".

Next Celebration of Life...
November 24th at 2:30pm in
Town Hall

Poem of the Month
Written by: Patricia Bayley



The Beautiful Game.

Dad and his lad walk hand in hand.
It's Saturday, football, they head for the stand.
Their local team's playing, the "Strollers" are on.
It's a home game today, and they're out for
some fun.
It had been like that for many a year.
Today things have changed. There are new
elements here
not thought of in 1863 when rules were made
clear.

Time and statistics help people recall
possibilities now that the star's on the ball.
The owners and sponsors involved for the money
while players are commodities graded like honey.
The beautiful game with its player base growing
all over the world will keep interest flowing.
The young embracing the rules of the game,
are adding dimension to Canada's name.

Poetry Appreciation Group

ALL Welcome

The poetry appreciation group is the first Monday of the month at 11am. Participants are invited to bring a copy of their choice of poem. It can be read aloud by them or a person of their choice for the enjoyment of attendees. The facilitator of the group will be Patricia Bayley, resident, who will also read some of the poetry she selects.

Classic Poems, Modern Poems, Serious and Funny, and so much more! You are most welcome to attend and share your favourite poems.





PAL PARTICIPANT OF THE MONTH

Sybil Pugh



At 88 years old, Sybil has been a valued member of our community for almost seven years. She enjoys gardening, walking, and joining outings. Her favourite activities include Book Club, Poetry Appreciation, and entertainment programs. Sybil loves staying active because it helps her maintain both her physical and mental well-being. She especially enjoys getting to know everyone and being part of such a welcoming group. The activities encourage her to stay healthy and get outdoors. One of her happiest memories is spending time with her family when her children were young, and she enjoys listening to music from the 1950s and 1960s. Sybil's positive attitude, active lifestyle, and warm spirit make her a wonderful choice for our Participant of the Month.

Village Life *Last Month in Photos*



Connect with Taunton Mills

Facebook @TheVillageOfTauntonMills

Instagram @taunton_mills

Twitter @Taunton_Mills



Mental Health Matters at Every Age: Recognizing the Signs This World Mental Health Day

While conversations around mental health and wellness have grown significantly in recent years, older adults are often [left out of the conversation](#). Generational stigma and the belief that profound sadness, hopelessness, loneliness, or fatigue are “a normal part of aging” often prevent people from seeking the support they need and deserve. Coexisting medical conditions can further complicate this, making mental health issues harder to detect, treat and manage.

This October 10, [World Mental Health Day](#) offers an opportunity to challenge those assumptions, raise awareness and break the silence. The reality is, depression is not a natural part of aging. Yet, according to the [Canadian Coalition for Seniors Mental Health](#), up to 20 per cent of older adults experience symptoms of depression, with that number doubling for people in hospitals or long-term care (LTC) homes. As we age, [several risk factors can impact our mental health](#), such as ~~losing a loved one or friend, cognitive challenges, or a life-changing diagnosis.~~

Recognizing the Symptoms

We all have bad days and times when we feel down. But clinical depression is a serious, persistent condition where you may feel sad all the time and lack interest in activities that used to bring joy. Symptoms can range from mild to severe. For care partners, family members, and older adults, recognizing the signs is the first step in providing support.



Watch for these common symptoms:

- Significant sleep issues, such as sleeping too much or struggling with insomnia.
- Noticeable changes in eating habits, including a sudden loss of appetite or excessive eating.
- Lingering, intense feelings of guilt or worthlessness.
- Finding absolutely no joy in activities, hobbies, or routines you once loved.
- A noticeable decline in personal hygiene and daily self-care.
- Trouble concentrating, focusing, or finishing simple, everyday tasks.

Taking Action and Finding Support

Starting a conversation about mental health can feel scary, especially if you feel ashamed to open up or ask questions. Normalizing conversations around mental health will shift societal perceptions and reduce stigma, ensuring older adults feel more comfortable addressing their concerns without fear or judgment.

By checking in on our family, friends, and neighbours, we can reduce the social isolation and loneliness that can fuel depression and impact mental health. Check out the [social isolation community conversation guide](#) for helpful tips on supporting those around you.

For more detailed guidance, explore the Schlegel-UW Research Institute for Aging’s (RIA) expert insights on [demystifying depression in older adults](#).

Schlegel Villages – CONNECTIONS



REMEMBERING RON

—Our father, our founder, our friend.—

With October upon us, our minds shift to the season of gratitude and the spirit of Thanksgiving. We're especially touched as we reflect on the passing of Ron Schlegel, the man who inspired the Villages we call home today.

When news hit that Ron had passed, the outpouring of support from across the Villages was keenly felt by the entire Schlegel family, and the memories being shared across the Villages have been wonderful to hear. Team members spoke of how he loved to sit with everyone at Team Member appreciation events, and he always wanted to take photos with everyone. Others reflect on the days when he and his lovely wife, Barb, would travel from Village to Village after church on Sundays. Barb would be making new friends with residents, while Ron would be asking team members about their passions outside of the Village, or what they felt could be done to improve life within. Perhaps the biggest wave of gratitude rises when one considers the values that drive Schlegel Villages forward in all we do.

Hard-working and Hands-On was how Ron lived every day, from his time in his youth working on the farms outside of Ailsa Craig, to his many entrepreneurial ventures later in life.

There is no better example of **Genuine and Humble** than the way Ron carried himself in all he did. No matter if he was speaking with the Governor General of Canada or the cashier at his local Sobeys, he genuinely cared for others, and the conversation was never about him.

The **Caring Relationships** at the heart of Village Life are a testament to the vision Ron had for the Villages, and the outpouring of love we've heard after his passing shows how much he was cared for.

Persistence and Passion are at the root of any success, and one cannot find success in life without overcoming great challenges and staying true to one's passion. Ron's true passion was community building.

The last of the Schlegel Villages values is **Creative and Innovative**, and when we consider the world-renowned Research Institute for Aging that Ron and his family founded, and the Village model we thrive in, there are few better words to describe him.

This October, we lean into gratitude, and we are thankful to carry Ron's values forward, always in the pursuit of building strong, inclusive communities for all.



Advertisements



Please Welcome
George
our Pharmacist
to our
General Store
Every Tuesday
10:00am-2:00pm

Calling all Artists and Talented Residents: We would like to start featuring our talented residents!! If interested in being featured in our newsletter, please email Staci Wale, Neighbourhood Coordinator at:
staci.wale@schlegelvillages.com

Taunton Mills General Store Manager
Duties would include:
Managing General Store Volunteers with help of Volunteer Coordinator
****The general store is only open if a volunteer is present****

If interested in learning more, please contact Jessica Baker- Director of Recreation Ext. 6848

Guest meal pricing

Tickets are available for purchase at the Village Office.

While we request 24 hours' notice for guest meals, when possible, we will make every effort to accommodate last-minute requests.

	Retirement	Long-term Care
Breakfast	\$10.50	\$10.50
Lunch	\$16.80	\$13.65
Dinner	\$19.95	\$16.80



The Ruby

SCHLEGEL VILLAGES' HIDDEN GEM



Dining options

Dine at The Ruby

Break bread with us.

Enjoy a delicious meal with a breathtaking view in our comfortably elegant dining room.

or

Take-out meals

Get it while it's hot.

Pick up a freshly cooked meal and enjoy it in your room or out in the courtyard.

Wednesday- 4:00-6:30pm

Tuesday- Friday- Noon-2:00pm & 4:00-6:30pm

Saturday-- 10:00am-2:00pm

Ruby on the run

Grab and eat now.

Enjoy freshly baked goodies and sweet treats.

Every Wednesday on Main Street
11:30 a.m.-2 p.m.

Catering

Celebrate special moments.

The Ruby is the perfect spot to host any special event or occasion.

905-665-2072 x 8067

judith.gray@schlegelvillages.com

Reservations are recommended but walk-ins are welcome! **905-665-2072 x 8067**

**Join us on the
top floor!**



This month, we wanted to feature one of our knitting club members, Yvonne. Yvonne works tirelessly, each year, crocheting and knitting blankets and then raffles them off at recreation events and the bazaar. All funds raised go directly to the Northern School program. Thank you so much, Yvonne, for using your gifts to help others in need! Thank you to the Northern Knitters & Yvonne for your selflessness!



This September, we were able to send 100 back packs, filled with hand knitted blankets, mittens, hats and socks to children in need, who live in Sachigo Lake First Nation. Thank you so much to all who made this possible!

The Northern Knitters are looking for 4 Ply acrylic yarn. Please Drop off any donations to The Village to Jessica Baker- Director of Recreation.

If you have any questions, don't hesitate to reach out to Jessica at 905-666-3156 Ext. 6848 or jessica.baker@SchlegelVillages.Com

Thank you In Advance for Donating to Our Special Project!





General Store

Come check out the General Store as we have a variety of great items. We really have something for everyone so stop on by and say hello! We are keen to find Residents who would volunteer to shop for the store.

If interested please contact
Jessica Baker 6848

FALL WORD SEARCH

FIND AND CIRCLE EACH WORD!



MONTHLY RIDDLE

Who helps the little pumpkins cross the road?

Last Month Riddle
I am always ahead of you, but never in sight.
What am I?

Answer:

The future

Orange Bat Pumpkin Patch
Fall October Treat Costume
Halloween Owl Candy Trick

THE VILLAGE OF TAUNTON MILLS
Tel: (905) 666-3156 Fax: (905)-666-9601

LTC: 3800 Brock St. North, Whitby ON L1R 3A5
Resident Number: (905) 666-2493

RH: 3790 Brock Street North, Whitby ON L1R 0H2
Resident Number: (905) 430-2887 RH Fax: (905) 430-8081

STAFF	EXT	STAFF	EXT
Charge Nurse LTC Perry	5005	Charge Nurse – North Tower	5905
		Retirement –South Tower	5100
		Egerton/Emmas (Float)	8057
Debbie McCance	8008	Dan Kennedy	8003
Assistant General Manager – LTC		General Manager	
Andrew Velasco Director of Care	8005	Dean Cantwell Assistant General Manager – RH	8009
Heather Wagner Asst. Director of Nursing Care	8060	Susanna Lambert Director of Wellness	5092
Mellisa Burley Assistant Director of Nursing Care/BSO	5110	Britanny Roberts Asst. Dir. of Wellness-South	8069
Katrina Amoranto Assistant Director of Nursing Care/IPAC	5107	Chrissan Libramonte Asst. Director of Wellness-North	8034
	8089		
Pei Shan-Wang - Nurse Practitioner	5109	Alysha Holland	8035
Gregory Lyons Resident Support Coord	8018	Neighbourhood Coordinator -Egerton	
Diane MacLean Neighbourhood Coord.		Staci Wale NC – North	
Perry /Cla rem on t	8019	Michelle Ivall NC-Becker	8026
	8011		6861
Isabelle Cabello NC. Dryden/Dunlop		Adrienne Brooks NC – Emma's	8065
Rob Kennedy Chaplain			8062
		Amanda Sturgeon NC – South	
Christal Leduc	8020	Becker/Ailsa Medcert	5901
RAI-MDS/Admission Coordinator			
Susan de Leon Scheduling Coord.- LTC	8012	Joan Brown Administrative Assistant	8001
Vanessa Buslig Volunteer/ Student	5113	Bisola Akinola Village Office Coordinator	8056
Coordinator			
Monica, Judith, Logan, Nilany	8001 / 8012	Vergine Tumanyan	6836
Part-time Administrative Assistant RH& LTC		Team Experience Coordinator	
Recreation Supervisor	8007	Judy Collard	8002
		Administrative Coordinator	
		Jessica Baker Director of Recreation	6848
Zibby	5873	Hobby Room (Art Studio)	8013
		Adult Day Centre	8072
Maintenance - LTC Assistant Dir. of		North Tower-1 Floor Nursing Station	8036 / 8037
	8015	Williamsburg Med Cert / PCA	5865 / 5864
Francis Mugerwa		Egerton Med Cert / PCA	5862/ 5201/5202/ 8040 / 5857
Rehana Ali	8016	South Tower- Williamsburg	5002 / 5004
Environmental Services		Emmas PCA	5102/ 5103 / 5104
PAL Coordinator/Kinesio logist		Emmas Med Cert	5105 / 5106
Sarah Kassel Dietician			
Village Health Centre/ Oksana Foot	905-444-9292/ 905-665-0155	Russ, Nicoy, Lucas, Rodel & Khalid	5871
Clinic Brenda Giambattista	ext. 8048	RH Maintenance	
RiverStone Spa& Hair Salon	8050	Ben McLeod Director of Environmental Services	8006
LTC – NEIGHBOURHOODS		Melissa McNally - Pal Director/Kinesio logist	8017
PERRY	5108		
Perry Servery	8024	Emily Gray & Tiarna Franklin - RHPal Coordinator	8017
	8025		
DRYDEN	8027	Amy Haines - Village Experience Coordinator/DLO	8058
Dryden Servery			
DUNLOP	8031/8032	Rosemary Coolen, Sharon Port Marketing	8043
Dunlop Servery	8033	Crystal Saunders Director of Lifestyle Options	
Claremont	8028/8029	Laundry	8052
Claremont Servery	8030		
		Emma's Desk	8070
FOOD SERVICES		Staff Fitness Lounge	8054
Diana Kania Food Services Manager	8004	Retirement Courtesy Phone	8045
Sarah Kassel - Dietician		LTC – Board Room	
Colby Farrell Director of Hospitality	8014	RH – Board Room	
Boma Sekibo – Dining Room		Team Room	8075
Supervisor	5091	School House	8076
1st Floor Servery – RET	8038	Wine Bar – Fire Side Lounge	8053
Prep & Bake Room	8046	Café 1st Floor Retirement	8071
Main Kitchen	8021	RUBY'S Bar	8039
Egerton Servery	8042	Direct line to RUBY'S Restaurant	8044
		RUBY'S - Chef	8067
Emmas Servery	8066		905-665-2072
			8067