

The Winston Word

NEWSLETTER VOLUME 9 ISSUE 9

September 2026



**Ear & Hearing Clinic
at Winston Park**

For an appointment with an
Audiologist please call

1-888-745-5550

Hearing Tests

Hearing Aids

Repairs

**Meet Our
Spiritual Care Team**

Kathleen & Hector



Kathleen and Hector support
both
sides of the Village.

Please stop by either of the
Spiritual Care Centres to say
hello!

**Happy Birthday
to our residents
and team who are
celebrating their
birthdays this month!**



*Our Team Members, Leadership, and
Support Office were saddened by the
passing of the following residents.*

**Deanna Gerber
Irene Rose
Andre Beaucage
Jo Anne Foley
James Lidstone
Kathy Machan
Karen Perry
Irene Rose
Gertrude Zuber**



The Village of
WINSTON PARK

Village Events

September Events

Winston Annual Car Show

September 3rd from 6:00pm-8:00pm in the
RH parking lot

Grandparents Day

September 13th from 2:00pm-4:00pm
on main street

Vendors

Sept 2nd 10:00-2:00 Plattsville Paperwork

Sept 9th 10:00-2:30 The Boutique

Sept 12th 11:00-3:00 Traditions Alive

Sept 25th 11:00-3:00 Vicky's Gems and Jewels

Sept 30th 10:00-2:30 Adrian's Fashion

WELCOME TO THE VILLAGE!

Last month we welcomed the
following residents to Winston Park:

Roswita Ball
Ronald Becker
Michael Boretski
Patricia Clark
Louis Fulep
Mohamed Mohamed
Bonnie Murray
Mary Palmer
Linda Stumpf
Anastasia Fulop
Frances Henderson
Mary McCoy
Dayle Miller
Emmi Weber

Reminder To Our Pet Owners

We are happy to see so many furry friends
visiting our village these days.

Please drop off a copy of your pet's
vaccination records at either office. The
Ministry of Long-Term Care requests that
we keep these records.





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Welcome September! – As we welcome the month of September, we begin to transition from the warm days of summer into the beautiful fall season. September is a busy and exciting month in the Village, with plenty of opportunities for residents, families, and team members to come together and enjoy special events, programs, and celebrations. We look forward to all that this exciting month has in store!

Construction Update – The construction crew has been doing a wonderful job transforming Main Street in the Village. Thank you to everyone for your continued patience and understanding throughout the construction process. Starting in the middle of September, the construction team will be moving further down Main Street.

As construction progresses, there will be some changes that we will all need to adapt to. This will include the Hobby Shop and Fireside Lounge being temporarily out of commission. We understand that these spaces are important to many residents and appreciate everyone's flexibility as we work through these temporary changes. We will continue to share updates as they become available and look forward to seeing the continued transformation of our Village!

Car Show – September 3rd – We are excited to kick off September with our annual Car Show on Thursday, September 3rd, from 6:00 p.m. to 8:00 p.m.! We are expecting 50 or more cars to join us for what is sure to be a fantastic evening. Residents, families, friends, and visitors are invited to come out, enjoy the beautiful vehicles, listen to music, and take part in the excitement. We look forward to seeing the Village come together for this special event!

Grandparents Day – September 13th – We are excited to celebrate Grandparents Day on Sunday, September 13th, from 2:00 p.m. to 4:00 p.m.! This will be a fun-filled afternoon for residents, families, children, and grandchildren to enjoy together. There will be plenty to see and do, including face painting, a petting zoo, a photo booth, a magician, and much more! We hope you will join us as we celebrate the special role grandparents play in our families and community.

Welcome – To all of our new residents and their families and visitors, welcome to the Village! We look forward to getting to know you and hope you are enjoying your new home. As we move into the fall season, there will continue to be many opportunities to participate in programs, events, and celebrations throughout the Village. Please be sure to check your calendar for upcoming events and activities in your Neighbourhood.

Schlegel Villages – CONNECTIONS

A place for everyone in Village Life

The pillars of our LIVING in My Today philosophy shine every day in all corners of Schlegel Villages.

It is through these pillars that we support people living with Alzheimer's disease and the many other forms of dementia.

No matter a person's needs or abilities, we are committed to creating places where everyone feels safe, seen, valued and free from the stigma that so often follows a diagnosis of dementia. Too often, people living with dementia become marginalized because of that stigma, but we believe it should never define a person or limit their opportunity to live a meaningful life.

On **World Alzheimer's Day, September 21**, we reaffirm our commitment to advocating for people living with dementia and to creating Village communities where there is a place for everyone. No matter where a person is on their journey, they remain an important part of Village Life, with every opportunity to belong, participate and thrive.

“**LIVING
IN MY
TODAY**”
BY SCHLEGEL VILLAGES



National Day for Truth and Reconciliation

This day calls us to remember the countless First Nations, Inuit and Métis children taken from their families, and to acknowledge the lasting harm caused by colonial policies that suppressed and attempted to erase entire cultures.

**Education and conversation are
how we come to understanding.**



September 13

Grandparents Day

Why is **YOURS** the
GRANDEST?

Pick a postcard.
Share your story.

Let's celebrate the special people
who make life a little sweeter.

**Fill out a postcard at the table, or scan the
QR code to share your answer online.**

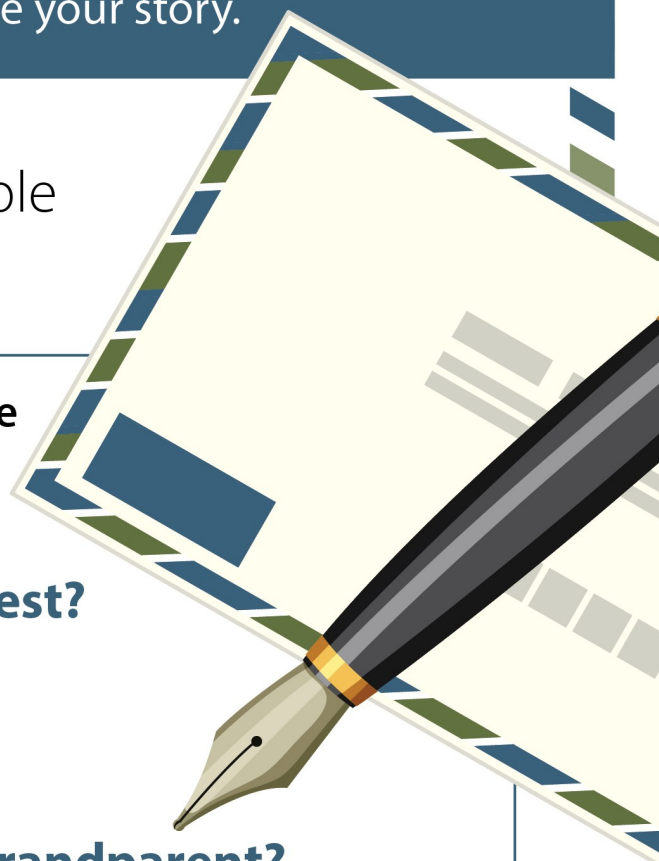
Why is my grandparent the grandest?

Tell us what makes your grandparent so special.
Share a favourite memory, a little thing they do,
or simply why they mean so much to you.

What do you love about being a grandparent?

Share what makes being a grandparent so wonderful.
The laughter, the cuddles, the stories, the little
moments and everything in between.

Your story, your way!



The Earlier You Know: A Dementia Diagnosis Matters

After being diagnosed with dementia, Myrna Norman was told to go home and get her affairs in order. For her and so many others, diagnosis is incorrectly painted as “the beginning of the end”. In reality, an early dementia diagnosis can empower people and care partners to find a new way forward for living well with cognitive changes.

That message of early awareness is the focus of September’s [World Alzheimer’s Month](#). With early diagnosis comes the opportunity to access support that can transform the dementia journey.

Dementia describes a set of symptoms that can be caused by various disorders. About 50 to 70 per cent of all people living with dementia have Alzheimer’s disease, a diagnosis characterized by problems with short-term memory, concentration, problem solving and thinking.

The time leading up to and after a dementia diagnosis can be confusing and stressful. Some people dismiss cognitive changes as a normal part of aging and delay seeking help. Others may avoid sharing their experiences for fear of rejection, isolation or cultural stigma.

As difficult as it can be, reaching out to healthcare professionals and trusted family and friends as early as possible may positively impact long-term well-being.

While dementia is progressive, meaning symptoms will continue to develop over time, medication and a healthy lifestyle may slow the progression of symptoms. When these tools are combined with strategies for daily living



and support from care partners, people living with dementia can lead full and meaningful lives.

After her diagnosis, Myrna found that joy, community involvement, and even brand-new hobbies were all possible. As an advocate for living well with dementia, she shared her story through [Forward with Dementia](#), an online resource that helps people find hope, answer questions, and learn from others on the dementia journey.

For Myrna, it was [helpful to acknowledge](#) that “things can be better. We can actually take steps to make them better. We know that there are certain tools that we can use, from going for a walk in nature to listening to music, that can actually improve our life.”

To learn more about navigating a dementia diagnosis, visit forwardwithdementia.ca

The Canadian arm of Forward with Dementia has been hosted at the Schlegel-UW Research Institute for Aging since 2023. The program’s development was led by Carrie McAiney, Schlegel Research Chair in Dementia, and co-designed with people living with dementia, care partners, and health and social care providers.

Village of Winston Park

FAMILY COUNCIL

JOIN US

We are a small group of family or friends of residents that live in Long-Term Care at Winston Park.

Our aims are to:

- support a healthy environment for residents
- communicate information to families
- provide connection to families and friends of residents

Join online or in person. Stay informed, ask questions, hear updates from leadership, and have an opportunity to meet other family members. All are welcome!

@ winstonpark.familycouncil@schlegelvillages.com



Scan here
to find out more



Guest meal pricing

Tickets are available for purchase at the Village Office.

While we request 24 hours' notice for guest meals, when possible, we will make every effort to accommodate last-minute requests.

	Retirement	Long-term Care
Breakfast	\$10.50	\$10.50
Lunch	\$16.80	\$13.65
Dinner	\$19.95	\$16.80



September can be hot

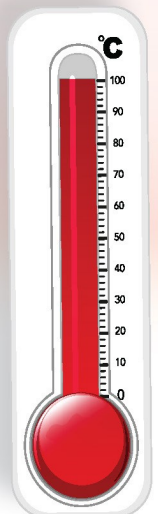
Keep cool and have fun!

G	F	M	K	L	W	X	S	E	Y	R	T	W	O
L	E	D	Z	I	J	H	F	S	T	U	A	R	N
H	C	K	A	G	S	E	U	V	I	M	H	E	B
Y	N	S	L	H	F	N	L	P	V	T	I	W	G
D	A	E	L	T	S	E	L	C	I	S	P	O	P
R	F	I	E	C	O	K	H	J	T	U	T	H	V
A	S	O	R	L	L	R	E	X	C	N	S	S	C
T	W	E	B	O	V	D	Z	Y	A	G	E	L	U
E	E	R	M	T	A	W	E	G	T	L	R	O	P
N	M	D	U	H	C	A	W	Q	H	A	U	O	I
S	F	Q	S	I	Y	T	A	H	G	S	M	C	C
D	R	T	T	N	H	E	L	A	I	S	Y	L	R
C	T	W	N	G	E	R	K	L	L	E	K	O	P
I	N	D	O	O	R	S	M	E	N	S	A	I	O

INDOORS
REST
SUNSCREEN
HAT
POPSICLES

COOLSHOWER
LIGHTACTIVITY
HYDRATE
FAN
SUNGLASSES

LIGHTCLOTHING
UMBRELLA
SHADE
WATER



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Retirement Home Leadership Directory

Brad Lawrence	General Manager	Ext. 8003
	Assistant General Manager (Ret.)	Ext. 8010
Gillian Alexander	Director of Lifestyle Options	Ext. 8002
Sarah Linton	Director of Lifestyle Options	Ext. 8008
Inderpreet Kaur	Village Experience Coordinator	Ext. 8015
Matthew Walsh	Director of Hospitality	Ext. 8004
Brad Rideout	Director of Environmental Services	Ext. 8006
Joe Bischof	Assistant Director of Environmental Services	Ext. 8116
Krista Punter	Recreation Supervisor/Dining Room Supervisor	Ext. 8062
Shirley Tulk	Neighbourhood Coordinator Williamsburg	Ext. 8215
Karena Nnebo	Neighbourhood Coordinator Egerton & Becker	Ext. 8048
Tamara Jankura	Neighbourhood Coordinator Emma's	Ext. 8012
Carmen Niculescu	Wellness Coordinator	Ext. 8029
Elizabeth Westacott	Assistant Wellness Coordinator	Ext. 8209
Hector Pineda	Spiritual Care	Ext. 8011
Prinsi Patel	Administrative Assistant (Retirement)	Ext. 8001
Tiffany Menjivar	Administrative Coordinator	Ext. 8013
Heather Wende	PAL Coordinator	Ext. 8033

All email addresses are FIRSTNAME.LASTNAME@schlegelvillages.com

LTC Nursing Directory

LTC Charge Nurse	Ext. 8101	Eby Nurse—1st floor	Ext. 8103
Strasburg Nurse—2nd floor	Ext. 8240	Trussler Nurse—2nd floor	Ext. 8102
Aberdeen Nurse—3rd floor	Ext. 8241	Newberry Nurse—2nd floor	Ext. 8100
Roseville Nurse—4th floor	Ext. 8242		
Kingsdale Nurse—5th floor	Ext. 8243		
Sandhills Nurse—6th floor	Ext. 8244		
Waldau Nurse—7th floor	Ext. 8245		
Haysville Nurse—8th floor	Ext. 8246		

Retirement Nursing

Becker & Williamsburg Charge Nurse	Ext. 8118
Emma's & Egerton Charge Nurse	Ext. 8120

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Long-Term Care Leadership Directory

Brad Lawrence	General Manager	Ext. 8003
Luke Denomme	Assistant General Manager (LTC)	Ext. 8188
Rabina Simovic	Director of Nursing Care	Ext. 8014
Jill MacQueen	Director of Nursing Care	Ext. 8264
Bailey Koop	Assistant Director of Nursing Care	Ext. 8275
Cathy Hu	Assistant Director of Nursing Care	Ext. 8269
Mary Hedrich	Assistant Director of Nursing Care	Ext. 8187
Gagan Sangha	Assistant Director of Nursing Care	Ext. 8319
Andrea Schmidt	Assistant Director of Nursing Care	Ext. 8268
Gina Almeida	Resident Support Coordinator	Ext. 8254
Vesna Venceljovski	Neighbourhood Coordinator Eby, Trussler, Newberry	Ext. 8005
Garry Sharma	Neighbourhood Coordinator Strasburg & Aberdeen	Ext. 8370
Rada Jokic	Neighbourhood Coordinator Roseville & Kingsdale	Ext. 8182
Venkatesh Gaddam	Neighbourhood Coordinator Sandhills & Waldau	Ext. 8266
Liam Stiles	Neighbourhood Coordinator Haysville	Ext. 8270
Alysha Voigt	Director of Quality and Innovation	Ext. 8271
Brad Rideout	Director of Environmental Services	Ext. 8006
Joe Bischof	Assistant Director Environmental Services	Ext. 8116
Julia Slomke	Director of Recreation & Volunteer Services	Ext. 8007
Ashley Ziegler	Volunteer and Student Services Coordinator	Ext. 8199
Daniel Juteram	Food Service Manager	Ext. 8009
Meredith Herr	Assistant Food Service Manager	Ext. 8258
Carlyn Martin	Director of PAL Program	Ext. 8265
Michelle Nguyen	PAL Coordinator	Ext. 8262
Matthew Veroude	PAL Coordinator	Ext. 8372
Kathleen Sorensen	Spiritual Care	Ext. 8172
Fargol Mansoori	Administrative Assistant	Ext. 8207
Yvonne Madueke	Nurse Practitioner	Ext. 8371

All email addresses are FIRSTNAME.LASTNAME@schlegelvillages.com

The Village Of Winston Park 695 Block Line Rd. Kitchener, Ontario N2E 3K1 519-576-2430